



IT'S TIME TEXAS
COMMUNITY CHALLENGE

Presented by **H-E-B**

TEACHER PLEDGE

In support of the It's Time Texas Community Challenge,

I _____, of _____ School

PLEDGE TO:

- » Declare my support by signing this pledge and uploading a photo of me holding the pledge to the Community Challenge website
- » Download the free Teach Healthier Mobile App and implement at least one Teach Healthier activity per week throughout the Challenge. Visit itstimetexas.org/teachhealthier to learn more.
- » Commit to delivering the Teach Healthier MyPlate activity with a total # of ____ students during the Community Challenge and uploading to the Community Challenge site

I recognize that a healthy community is more united, more productive, and more prosperous. As a result, I am committed to the health of my community and pledge to make our community a model for others to follow.

MY SCHOOL IS UP TO THE CHALLENGE!

Teacher's Signature

Signed: _____ Date: _____

Let your community know you've signed your pledge by taking a photo holding your signed pledge and posting it to social media with the hashtag #CommunityChallenge!

ittcommunitychallenge.com

