

# ***TO BEST SERVE YOU, PLEASE READ THE FOLLOWING:***

- Has your phone number or address changed? Do we have the best number to reach you? Please update your contact information so that we may reach you regarding your care.
- For your privacy and the privacy and comfort of those around you, please refrain from using your cell phone while you are in the clinic.
- Bring your list of questions or concerns for your provider to review.
- Lab results take about a week for your provider to receive and review. If you have not received your results in one week, feel free to call.
- Remember to bring all medications, vitamins and supplements to your visit.
- For your convenience, tell us if you need any refills during your visit.
- Ask your provider about a follow-up visit. Check-Out Services will make your next appointment before you leave.
- Remember to bring vaccination records to each visit.
- Ask your provider about scheduling a preventive exam and screening tests.



***Thank you for choosing Coastal Health & Wellness -  
Your Home for Primary Care !!!***

