



***WELCOME TO THE
MEDICAL RESERVE CORPS!!!***

medical
reserve
corps



Pledge of Allegiance

"I pledge allegiance to the flag of the United States of America,
and to the republic for which it stands,
one nation under God,
indivisible, with liberty and justice for all."

Texas Pledge

"Honor the Texas flag; I pledge allegiance to thee,
Texas, one state under God, one and indivisible."



Galveston County Medical Reserve Corps Agenda 02-13-2018

Review MRC activity since last meeting

1. Operation Merry Christmas 12-22-17
2. No Cost Flu Shot Clinic 12-22-17 to present
3. Friendswood High School HOSA Visits GCHD 1-22-18
4. Crisis Response Training



BIENVENIDOS

Centro Cristiano

No Cost



Flu Shots

No Solicitors

0



Communications / Public Information

Utilizes communication methods, including news releases, newsletters, brochures, advertising, websites, social media, and flyers to keep people informed and enhance community awareness of important health topics.

Serves as spokesperson and liaison between GCHD and media.

Coordinates with other agencies in routine and crisis communication.



The slide features three posters. The left poster is for 'ARCO' with the slogan 'STAY ON THE BEEL'. The middle poster is titled 'PREGNANT?' and lists: 'Ask your doctor about Zika.', 'Abstain from sex or use condoms.', and 'Defend against mosquitoes.' with the website 'gchd.org/zika'. The right poster shows two men and the text 'Be sure to get your flu shot!'. At the bottom, it lists 'Public Health Services - Emergency Medical Services - Animal Resource Center - Coastal Health & Wellness' and 'Protecting and promoting the optimal health and well-being of Galveston County'. The GCHD logo is also present.



“At the moment
of truth, you
will not rise
to the level of
expectation,
you will fall
to the level
of training.”



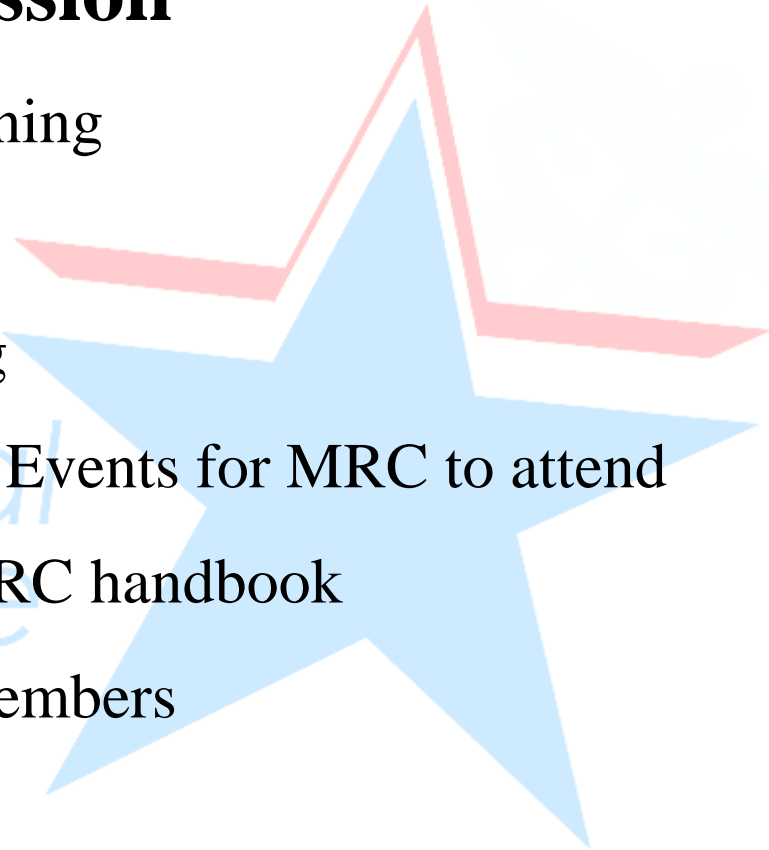
CRISIS
RESPONSE
TRAINING



Open Issues/ Discussion

- a) Crisis Response Training
- b) Challenge Award
- c) CISM Team Forming
- d) Community Service/ Events for MRC to attend
- e) Introduce new GCMRC handbook
- f) ID photos for new members

Adjournment



Contact Information

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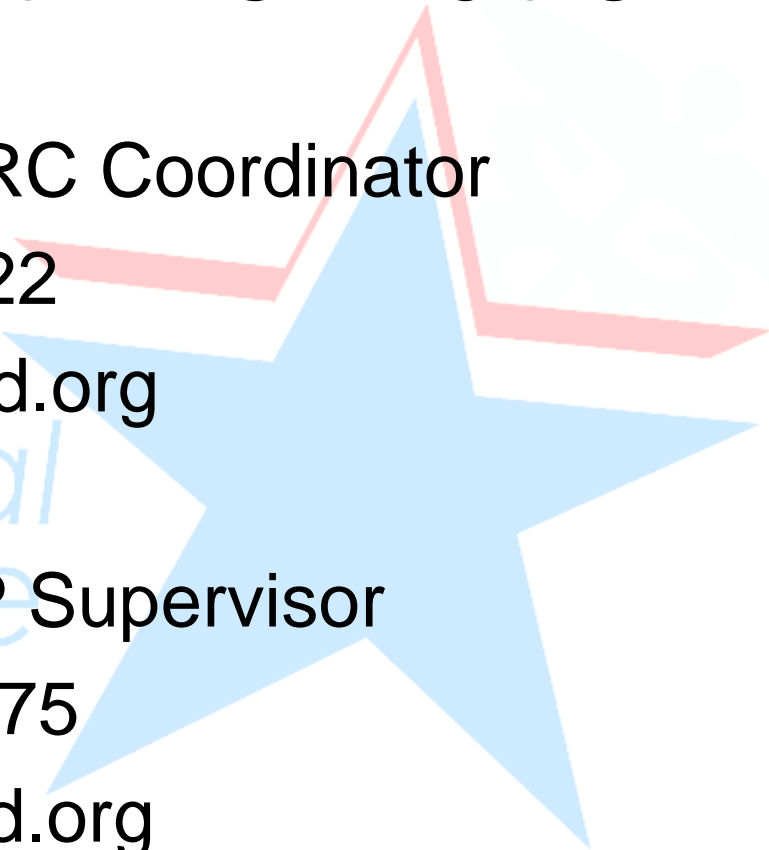
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Issues to address in CISM Team Development

The following should be considered in the development of a CISM Team. This worksheet can serve to help address each of the steps necessary for building the Team. A forming committee may want to divide the list into workable areas for subcommittees to focus their efforts towards.

- ❖ Does the data collected indicate a need for a CISM team in the area?
- ❖ Is there any history of a now defunct team?
- ❖ Is there already a nearby team in operation?
- ❖ Is it possible to join resources with an existing team or is there a need for a new team?
- ❖ Are arrangements currently in place for an existing team when necessary?
- ❖ Can existing resources suffice or is it necessary to form a new team?
- ❖ How often would a new team be used in an average year?
- ❖ Is there a realistic start-up date for the team?
- ❖ Have membership criteria been established?
- ❖ What is the team member application process?
- ❖ Who will choose the team members?
- ❖ Will the team incorporate itself?
- ❖ Are the mental health professionals self-insured?
- ❖ How large an area will be served?
- ❖ How large is the population to be served?
- ❖ Is there an appropriate lead agency?
- ❖ Do the emergency personnel or members of the target organization want the team?
- ❖ Are there sufficient knowledgeable mental health professionals willing to serve on a team?
- ❖ Does a good referral system of mental health professionals exist?
- ❖ Is one of the mental health professionals willing to serve as the clinical director of the team?

- ❖ Are the available mental health professionals willing to train with the peer support personnel to serve on the team?
- ❖ Will all of the agencies cooperate in running the team?
- ❖ Is there a pool of peer support personnel willing to be trained and to serve on the team?
- ❖ Is there an available leader for the team development?
- ❖ Is a steering committee or organization committee being formed?
- ❖ Is there a team membership committee and a membership application?
- ❖ Is a nearby Basic CISM training available or are arrangements being made to bring in a training consultant or training team?
- ❖ Have any attempts been made to educate the potential users of a team about its services?
- ❖ What plans exist for familiarization programs for the emergency personnel or for members of the targeted organization in the area to be served?
- ❖ Is the organization committee (steering committee) prepared to write a set of team operating protocols based on the basic CISM concepts described in the crisis intervention and CISM literature and utilized by other well-organized teams?
- ❖ Are team members willing to meet regularly to assure the best possible development of the team?
- ❖ Is there sufficient financial support available to establish a CISM team? (Experience indicates that it costs about \$6000 to \$10,000 to train a team to the basic level of CISM. That may vary widely in different places.)
- ❖ Is there a 24-hour communication system willing to handle the incoming calls for CISM services?
- ❖ Are sufficient team coordinators prepared to screen incoming calls on a 24-hour basis and assign priorities to CISM services, alert team members, and deploy teams as required?

❖ Are team members willing to obtain regular continuing education in at least the following areas:

- Crisis intervention
- Human communication skills
- General stress
- Physiological response to stress
- Posttraumatic Stress Disorder (PTSD)
- Conflict resolution techniques
- Peer support techniques
- Directive intervention skills
- Incident command
- Disaster services
- Line-of-duty death
- Significant other support
- Group dynamics
- Knowledge of emergency services
- Advanced group crisis intervention training
- Suicide recognition/intervention/prevention/recovery
- Making referrals
- Grief and mourning
- Understanding children in stress
- Cumulative stress
- CISM team protocols
- Ethics and confidentiality
- Multi-agency support services
- Updates on CISM programs and on the group process, CISD
- Updates on defusings, one-on-one and so on
- Other crisis related topics

(excerpted from The Care and Feeding of a Successful Critical Incident Stress Management Team; copyright 2013, Jeffrey T. Mitchell, Ph.D.)

MRC Challenge Awards Draft

1. Project Description (50% of total score):

a. For the focus area selected, describe your program, initiative, or activity. : 300 word maximum *

Galveston County is not a sheltering county. It is an evacuation county. Hurricane Harvey showed that when an evacuation order is not called an unexpected catastrophe can develop very rapidly; fifty-two inches of rain flooded ninety percent of the City of Dickinson as well as parts of La Marque, Santa Fe, Hitchcock, Friendswood and League City. This led to over twenty pop-up shelters in various locations. Most were not prepared to house or care for individuals that were just pulled from flood waters. Locations and contact information for these pop-up shelters was not readily available to assess unmet needs or send help.

National organizations like the American Red Cross cannot provide immediate support in a situation like this. For situations like this a local agency like the Galveston County Medical Reserve Corps (GCMRC) can deploy rapidly and provide needed medical support without waiting for volunteers to be flown in from all over the country.

The focus of this challenge is to identify possible pop-up emergency/disaster shelter locations and get correct contact information to serve each of the thirteen cities of Galveston County as well as the unincorporated areas of the Galveston County on the Bolivar Peninsula, Bacliff, San Leon, and Bayview. Identifying these locations will involve GCMRC communication primarily with city officials, school districts, and faith-based groups.

Once the possible shelter locations are identified and contact information established, packages will be distributed to provide sheltering set-up information and basic training for each agency involved. The GCMRC will train groups of volunteers to deploy during emergency activation to the shelter locations with mission ready packages in groups of three to five to provide basic medical needs and support. Possible shelter locations and contact information will be updated on an annual basis.

b. Describe the goals of your project. What are the measurable objectives for your project? : 300 word maximum *

- 1.) Meet with community leaders and identify potential shelter locations.
- 2.) Inspect locations for feasibility of shelter operations.
- 3.) Identify and record required contact information on adequate locations (building owners, management and holder of keys).
- 4.) Have MOU's signed by required contacts at possible shelter locations with an agreement to notify Galveston County Health District if a shelter is opened.
- 5.) Create and distribute shelter-ops information packages for building owners/management and request their designated staff to attend GCMRC training for basic shelter operation.
- 6.) Conduct Shelter Operations Training for GCMRC.
- 6.) Conduct Disaster Team Leader Training for GCMRC.

7.) Obtain mission ready medical gear for GCMRC shelter deployment.

8.) Conduct annual check on shelter contact information and update as necessary.

Each of the above numbered objectives is a goal that is measurable upon completion. GCMRC will meet bi-monthly and report on completed goals and needs for the next step.

c. Who is the target audience for your project? How are the MRC Volunteers involved? : 200 word maximum *

Initially, the target audience for this project consists primarily of community leaders in faith-based and academic programs as well as private industries that have control of large facilities that can support temporary emergency shelter operations. MRC Volunteers are also involved in this phase by researching for adequate locations and providing contact information at meetings.

MRC volunteers are also involved in Shelter Operations Training, Disaster Team Leader Training, creating and distributing shelter-ops packages to possible shelter contacts and helping with their training for basic shelter operations.

Once the project is completed MRC volunteers will be able to be deployed to known locations in disasters to provide medical support.

d. Describe the benefits and impacts your program, initiative, or activity will have on your community and/or participants. What are the expected measurable outcomes?: 200 word maximum *

Galveston County plans to evacuate for disasters, no sheltering options are in place. Hurricane Harvey showed the need to have plans in place to have shelters that will meet the needs of the citizens. This project will be an initiative for Galveston County that will prepare and protect its citizens. Instead of last minute pop-up shelters without medical support and other humane necessities, this initiative will be a start in the right direction towards meeting the needs of citizens during a disaster.

The first measurable impact will be the start of having plans in place to provide basic medical support during a disaster when shelters pop-up. Also contacts will be established that will allow the state required *General Sheltering Surveillance Form* to be filled out by the Galveston County Health District during a disaster.

Ultimately, the true measurable outcome will be recorded next time there is a disaster that supersedes Galveston County's proposed evacuation order plans and leaves residents with no humane place to go.

e. Describe what makes your program, initiative, or activity innovative or how it benefits your MRC units capabilities. : 200 word maximum *

Galveston County, as an evacuation county for disasters was not prepared for Harvey. When pop-up shelters appeared they were basically places of last resort. By establishing locations and contact information for these pop-up shelters before a disaster, Galveston County Health District can reach out to assess unmet medical needs and activate the MRC. MRC Shelter support teams can be activated and will be ready to appear at the designated places with nursing responder kits and qualified staff.

By providing shelter-ops information packages in advance to owners and management of possible locations, the locations will be more suitable to allow GCMRC to supply basic medical support.

This initiative will allow GCMRC Unit to provide medical staff to more people at various locations that should be adequate for the purpose of sheltering.

By providing training and supplies the GCMRC Unit capabilities increase in disaster readiness for the future.

Volunteer participation in meetings about the project, identifying possible shelter locations and contact information and by training and developing team leaders in advance greatly increases readiness upon activation and furthers GCMRC Unit capabilities.

2. Project Work Plan (30% of total score):

a. Implementation plans: Describe how the project will be carried out and how MRC volunteers are engaged in the process. : 200 word maximum *

A discussion of the award will be held at the February 13, 2018 GCMRC meeting with emphasis to keep in mind location of potential pop-up shelters. Dates will be shared for 2018 Shelter Operations Training and Disaster Team Leader Training. Upon finalization of award, printing and distribution of shelter-ops information packages with MOU's to agree to notify Galveston County Health District if a shelter is opened. This will include a location in following cities:

- Bayou Vista, Texas
- Clear Lake Shores, Texas
- Dickinson, Texas
- Friendswood, Texas
- Galveston, Texas
- Hitchcock, Texas
- Jamaica Beach, Texas
- Kemah, Texas
- La Marque, Texas
- League City, Texas
- Santa Fe, Texas
- Seabrook, Texas
- Texas City, Texas

As well as a location in each of the unincorporated areas of the Galveston County: the Bolivar Peninsula, Bacliff, San Leon, and Bayview.

2018 Shelter Operations Training and Disaster Team Leader Trainings will be held. Mission Ready nursing responder kits will be purchased for GCMRC qualified volunteers to be familiarized with. Initial volunteer Team leaders for strike teams will be noted.

b. List your project timeline. : 200 word maximum *

- Week of January 22, 2018
 - February 13, 2018
 - April 2018
 - April 2018
 - April 2018
 - April 10, 2018
 - May 2018
 - May 2018
 - June 2018
 - July 2018
 - July 2018
 - August 1, 2018
 - August 2018 to May 2019
 - May 2019
 - May 2019
- Notice of Awards released to awardees
 - GCMRC meeting award discussed
 - Begin possible shelter identification
 - Shelter-ops info packages MOU's printed
 - Nursing responder kits/ supplies ordered
 - GCMRC meeting progress discussed/next step
 - Start Distribution Shelter-ops info packages
 - Shelter Operations Training for GCMRC
 - CPR/AED Training for GCMRC
 - Continue Distribution Shelter-ops info packages
 - Disaster Team Leader Training for GCMRC
 - Initial progress report submitted
 - Finish up Distribution of info packages
 - Update contact info finalize MOUs
 - Submit final project evaluation

c. What are your sustainability plans for your project? : 200 word maximum *

Sustainability for this project demands regular communication with the community partners involved with hosting pop-up emergency shelters that have been identified with this project. Annual checking and updates, if required, of contact information is crucial.

Continuous recruiting and training of GCMRC is also a vital part of sustainability. Regular meetings and training allow volunteers to familiarize with goals and each other. GCMRC Coordinator will attend 2018 MRC Leaders Retreat for new recruiting, meeting and training topics.

3. Budget (10% of total score):

Please provide a line item budget of your estimated program costs in an excel spreadsheet, using the line item categories below.

- i. Administrative Costs and Fees
- ii. Professional Service Fees
- iii. Facilities, Rentals and AV Fees
- iv. Uniforms, Equipment and Resources
- v. Training & Exercises (T&E)
- vi. Travel / Transportation Services
- vii. Awards, Recruitment and Outreach

Administrative costs should be minimized where possible. NACCHO's MRC Award funding may not be used to purchase promotional items/giveaways or food and beverages.

4. Evaluation (10% of total score):

a. Describe how you will obtain and report data. : 100 word maximum *

We will track volunteer hours from all project meetings, training, drills, exercises and actual deployments. Initial progress and final reports will be submitted. Successful completion of training, drills and exercises will be noted. Formal Hotwash and AAR reports will be generated and included with the final report data. All training and exercises will include participant feedback collection forms which will be used to improve future training and exercises for our unit which will be included in the final report.

b. Describe how you will measure your project's success and community impact. : 100 word maximum*

Throughout the project period, we will track which cities and unincorporated areas we have: 1) Met with to discuss shelter identification; 2) Those cities that have identified a shelter location; 3) Those cities that have points of contact; 4) Those cities that we have given the shelter-ops packets to; 5) Those cities that have been involved in shelter-related trainings and MRC meetings; 6) Those cities that have exercised or drilled their shelters.

Verification of Eligibility

Minimum eligibility requirements for the MRC Challenge Awards include the following:

1. MRC units must have an account at NACCHO's Awards website (<http://application.naccho.org>) to submit an application.
2. Selected applicants must have fully updated their unit profiles on the MRC Program Office website (<https://mrc.hhs.gov/HomePage>) between September 1 and December 8, 2017, prior to being awarded funding.
- *A fully updated unit profile is one in which all questions have been answered or updated (particularly unit leader contact information, numbers of volunteers, and activity reports, if applicable). The MRC Program Office strongly encourages units to update their unit profiles with any previously unreported activities for the calendar year, as well as new activities.
3. Applicants must be eligible to receive federal funds through their housing/sponsoring agency or be a 501(c) (3) non-profit organization.
4. Applicants must provide both their Employer Identification Number (EIN) and their Duns & Bradstreet Number (DUNS), as required by Federal regulations.
5. Prospective MRC units applying for a 2018 MRC Challenge Award must follow the MRC Program Office's unit registration process, have submitted their prospective unit's application for registration, and have been confirmed by their Regional Liaison no later than December 8, 2017, to be eligible.

*A prospective MRC unit that has applied for an MRC Challenge Award will not be awarded funding until it is an approved and registered MRC unit.

6. MRC Units selected for funding will receive a notification of award and contractual agreement. Units that accept the funding agree to comply with the terms of agreement outlined in the contractual agreement and submit all documents within the terms of agreement timeframe. NACCHO will not be

able to accept any requests for changes to the content language of the contractual agreement. Requests for corrections or changes to designated approving authorities, housing agencies, or addresses to the contract must be submitted to NACCHO by February 28, 2018.

7. MRC units that received an MRC Challenge Award in 2016 must have submitted a final project evaluation report to be eligible for funding in 2018. Contact mrc@naccho.org if you are unsure if you have submitted a report.

8. MRC units that received an MRC Challenge Award in 2017 must have submitted an initial progress report to be eligible for funding in 2018. Contact mrc@naccho.org if you are unsure if you have submitted a report. Upload a line item budget of your estimated program costs. : *