



# COASTAL HEALTH & WELLNESS

## GOVERNING BOARD

9850-A.106 Boardroom Emmett F. Lowry Expressway, Texas City

### AGENDA

Thursday, March 27, 2025 12:30 PM

**CONSENT AGENDA:** ALL ITEMS MARKED WITH A SINGLE ASTERICK (\*) ARE PART OF THE CONSENT AGENDA AND REQUIRE NO DELIBERATION BY THE GOVERNING BOARD. ANY BOARD MEMBER MAY REMOVE AN ITEM FROM THIS AGENDA TO BE CONSIDERED SEPARATELY.

### *PROCEED TO BOTTOM OF THIS DOCUMENT FOR APPEARANCE & EXECUTIVE SESSION GUIDELINES*

In accordance with the provisions of the Americans with Disabilities Act (ADA), persons in need of a special accommodation in order to participate in this proceeding should, within two (2) days prior to the proceeding, request necessary accommodations by contacting CHW's Executive Assistants at 409-949-3406, or via email at [trollins@gchd.org](mailto:trollins@gchd.org)

ANY MEMBERS NEEDING TO BE REACHED DURING THE MEETING MAY BE CONTACTED AT 409-938-2288

### REGULARLY SCHEDULED MEETING

#### Meeting Called to Order Pledge of Allegiance

- Item #1.....Comments from the Public
- \*Item #2**ACTION**.....Excused Absence(s)
- \*Item #3**ACTION**.....Consider for Approval Minutes from February 27, 2025 Governing Board Meeting
- \*Item #4**ACTION**.....Informational Report: Credentialing & Privileging Committee Reviewed and Approved the Following Providers Privileging Rights
  - Re-Credentialing
    - a) Loretta Grumble, MD
    - b) Pamela Cable, NP
- \*Item #5**ACTION**.....Consider for Approval Function of the Coastal Health & Wellness Governing Board
- Item #6**ACTION**.....Consider for Approval Coastal Health & Wellness 2025 Dental Fee Schedule Submitted by Lisa Garceau
- Item #7**ACTION**.....Consider for Approval Coastal Health & Wellness 2025 Medical Fee Schedule Submitted by Lisa Garceau
- Item #8**ACTION**.....Consider for Approval Coastal Health & Wellness Discount Eligibility (Sliding Fee) Schedule 2025/2026 Submitted by Lisa Garceau
- Item #9**ACTION**.....Consider for Approval Financial Report Submitted by Ruth Cable
  - a) February 2025

- Item #10.....Coastal Health & Wellness Updates
- a) Organizational Updates Submitted by Executive Director
  - b) Dental Updates Submitted by Dental Director
  - c) Medical Updates Submitted by Medical Director
  - d) Human Resources Updates Submitted by Human Resource

Item #11.....Comments from Board Members

**Adjournment**

*Next Regular Scheduled Meeting: April 24, 2025*

**Appearances before the Coastal Health & Wellness Governing Board**

A speaker whose subject matter as submitted relates to an identifiable item of business on this agenda will be requested by the presiding officer to come to the podium where they will be limited to three minutes (3). A speaker whose subject matter as submitted does not relate to an identifiable item of business on this agenda will be limited to three minutes (3) and will be allowed to speak before the meeting is adjourned. Please arrive prior to the meeting and sign in with Galveston County Health District staff.

**Executive Sessions**

When listed, an Executive Session may be held by the Governing Board in accordance with the Texas Open Meetings Act. An Executive Session is authorized under the Open Meetings Act pursuant to one or more the following exceptions: Tex. Gov't Code §§ 551.071 (consultation with attorney), 551.072 (deliberation regarding real property), 551.073 (deliberation regarding a prospective gift or donation), 551.074 (personnel matters), 551.0745 (personnel matters affecting Coastal Health & Wellness advisory body), 551.076 (deliberation regarding security devices or security audits), and/or 551.087 (deliberations regarding economic development negotiations). The Presiding Officer of the Governing Board shall announce the basis for the Executive Session prior to recessing into Executive Session. The Governing Board may only enter into Executive Session if such action is specifically noted on the posted agenda.

**Coastal Health & Wellness  
Governing Board  
February 27, 2025**

**Board Members:**

Donnie VanAckeren  
Elizabeth Williams  
Rev. Jones  
Sergio Cruz  
Flecia Charles  
Victoria Dougharty  
Kevin Avery  
Kendall Campbell, MD

**Staff:**

Philip Keiser, MD, Executive Director  
Lane Baker, MHA, Chief Operating Officer  
Chris Garcia, MD, Medical Director  
Hanna Lindskog, DDS, Dental Director  
Della Brown, RN, GCHD Chief Operating Officer  
Ruth Cable, Chief Financial Officer  
Liz Lentz, Human Resources Director  
Tiffany Carlson, RN, Nursing Director  
Ashley Sciba, RN, Chief Nursing Officer  
Laura Norman  
Debra Howey, RN

Christina Bates  
Judie Olivares  
Wendy Jones  
Debra Martin  
Amanda Wolff  
Chloe Murray  
Tikeshia Thompson-Rollins

**Excused Absences:** Sharon Hall, Courtni Tello, DDS, and Cynthia Darby

**Items#1 Comments from the Public**

There were no comments from the public

**Items#2-8 Consent Agenda**

A motion was made by Elizabeth Williams to approve consent agenda items two through seven and defer item eight. Kevin Avery seconded the motion, and the Board unanimously approved the consent agenda.

**Item#9 Consider for Approval Financial Report Submitted by Ruth Cable**

a) January 2025

Ruth Cable, Chief Financial Officer, presented the January 2025 financial report. A motion to accept the January 2025 finance report as presented was made by Sergio Cruz. Elizabeth Williams seconded the motion, and the Board unanimously approved.

**Item#10 Coastal Health & Wellness Updates**

- a) Organizational Updates Submitted by Executive Director
- b) Dental Updates Submitted by Dental Director
- c) Medical Updates Submitted by Medical Director
- d) Human Resources Updates Submitted by Human Resource Manager

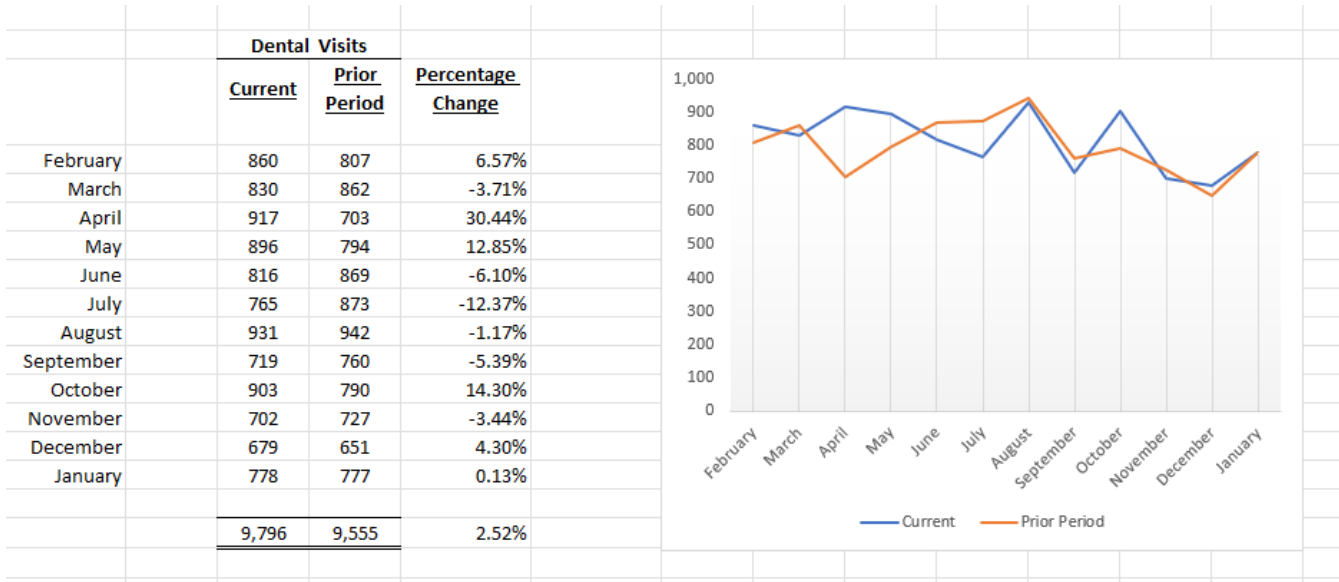
**Organizational Updates:**

Philip Keiser, MD, presented the Coastal Health & Wellness Organizational Updates to the Governing Board.

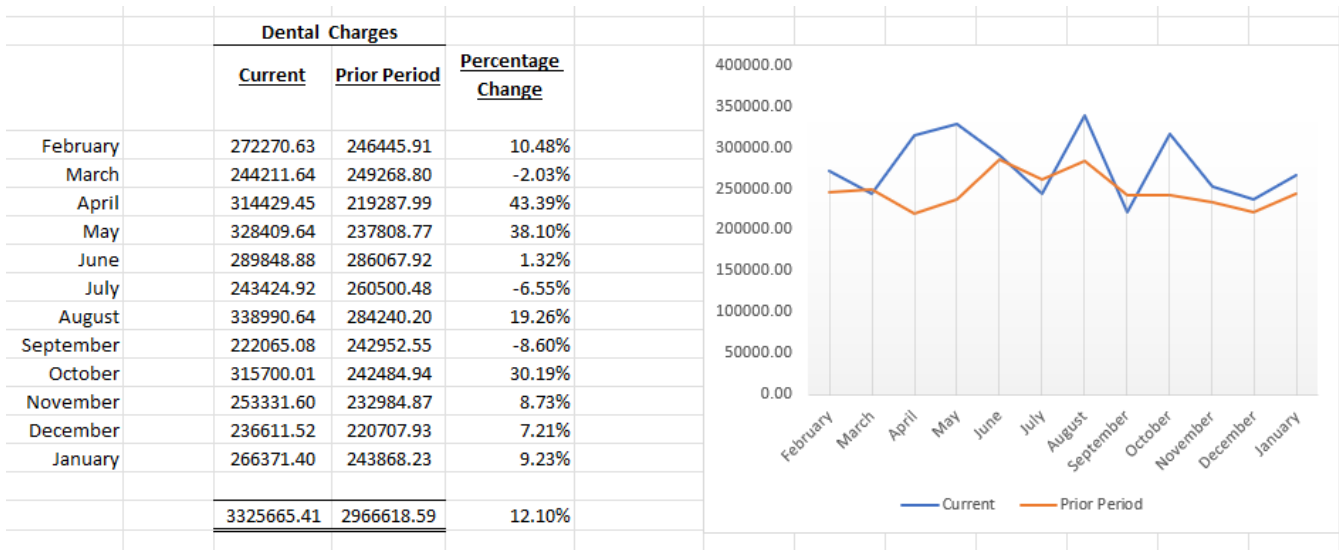
**Dental Updates:**

Hanna Lindskog, DDS, updated the Board on Dental services in the Coastal Health & Wellness Clinic.

- Visit Numbers – Based on “FQHC Qual Enc” in NextGen
  - We continue to see walk-in patients in pain as we can fit them into our schedule.
  - We continue to release comprehensive exams on the 15<sup>th</sup> of every month.
  - For January 2025, the Dental Clinic had a very slight increase of 0.13% in qualifying encounters compared to January 2024.
  - The Dental Clinic had an increase of 2.52% in qualifying encounters when comparing February 1, 2024 – January 31, 2025, with February 1, 2023 – January 31, 2024.



- Dental Charges
  - For January 2025, the Dental Clinic had an increase in charges of 9.23% compared to January 2024.
  - The Dental Clinic had an increase of 12.10% in charges when comparing February 1, 2024 – January 31, 2025, with February 1, 2023 – January 31, 2024.



- Current projects, plans, department overview for dental
  - Dr. Lindskog continues to serve on the COM Hygiene School Advisory Board
    - Attended COM Advisory Board Joint Meeting on 2/25/2026
    - Exploring opportunities for rotations at CHW for dental hygiene students
  - UT Health School of Dentistry (Houston)
    - Exploring opportunities for rotations at CHW for dental students and residents
  - Head Start
    - February 21 Clinic Blitz was cancelled by the school due to low participation
    - Francine is working with the school to proactively complete packets for the 2025-2026 school year during their registration and Back to School events

**Medical Updates:**

<b>School Based Clinic:</b>	December	January
Students:	5	5
Staff:	0	0
Telehealth:	38	38
Total :	43	43
<b>Telehealth/Doxyme:</b>	December visits	January visits
	155	229
<b>CHW Clinic Visits:</b>	December visits	January visits
Kept:	1987	2127
No Shows:	679	686
No show rate:	25.5%	24.4%
Retinal scans		39
Total charges:	\$518,888.32	\$577,725.20

**Clinic Updates:**

We continue to partner with UTMB and St Vincent on study to improve diabetic control. We continue with our weekly meetings to go over results from patients enrolled in study from CHW. This year’s program is winding down. UTMB submitting grant applications for a continuation of the program

We are working to institute standing orders for screening mammograms and FIT tests to allow easier access to patients for these screening procedures

We are in preliminary discussions with the Internal Medicine and Family Medicine departments from UTMB about the possibility of having their residents staffing evening and Saturday clinics

**Human Resources Updates:**

Liz Lentz, Human Recourses Director, presented Human Recourse Updates to the Board.

- Active EE Count (97)
- Hired EE’s for Month -January (1)
- Termed EE’s for Month -January (24)
- Active EE Count for Prior Year -January 2024 (126)
- Hired EE’s for Month -January 2024 (7)
- Termed EE’s for Month -January 2024 (3)
- Open Positions (0)

Turnover Rate							
Month	Number of Separated Employees	Average Number of Employees	Monthly Turnover Rates (Percentage)	2025 Quarterly Turnover Rates	2025 Annual Turnover Rate	2024 Quarterly Turnover Rates	2024 Annual Turnover Rate
January	24	97	24.7%	24.7%	24.7%	10.7%	36.2%
February	0	97	0.0%				
March	0	97	0.0%				
April	0	97	0.0%				
May	0	97	0.0%				
June	0	97	0.0%				
July	0	97	0.0%				
August	0	97	0.0%				
September	0	97	0.0%				
October	0	97	0.0%				
November	0	97	0.0%				
December	0	97	0.0%				

As of 02/24/24

2025 New Hires & Upcoming

Hire Date	Department	Job Title	Position #
01/23/25	CHW RCM	RCM Billing Specialist	CHW-RCM-003
02/03/25	CHW Administration	CHW Chief Operating Officer	CHW-ADM-001

**Item #11 Comments from Board Members**

None

The meeting was adjourned at 1:01p.m.

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Chair

\_\_\_\_\_

Secretary/Treasurer

\_\_\_\_\_

Date

\_\_\_\_\_

Date

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**Governing Board**

**March 2025**

**Item #4**

**Informational Report: Credentialing & Privileging Committee  
Reviewed and Approved the Following Providers Privileging Rights**

- a) Loretta Grumble, MD
- b) Pamela Cable, NP

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## **COASTAL HEALTH & WELLNESS**

### **Policy and Procedure**

#### **Regarding the Functions of the Coastal Health & Wellness Governing Board**

##### **I. Background**

The CHW Governing Board (Board) acts as the oversight authority for the health center. The Board of a notforprofit organization is responsible for ensuring that the not-for-profit organization meets its legal and compliance requirements and is operating in accordance with its mission, code of conduct, and charitable purposes.

Centers are required to have a Board that is responsible and accountable for the oversight of the center, its finances, implementation of programs and services, and compliance with various laws and requirements. The center organizational documents and Bylaws determine the number and qualifications of the Board members; however, at least fifty-one percent (51%) of the Board members must be users of the center.<sup>1</sup> Board members are selected by the Board consistent with the Bylaws. Board members volunteer their time and services.

##### **II. Policy<sup>2</sup>**

The Board will provide leadership and oversight to the center, following the center Bylaws and establishing and following center policies and procedures.

##### **III. Procedure**

###### **Expectations of Board members:**

- A.** The Board will be engaged, informed and independent. The Board must assure proper use of and safeguard its assets (policies and practices) that:
  - 1. Protect against conflicts of interest.
  - 2. Support independent financial reviews.

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<sup>1</sup> See [42 USC 254b\(k\)\(3\)\(H\)](#). This supports requirements for NCQA PCMH 2017 TC 04. Centers should also include Board Bylaws and Board roster displaying consumer members as evidence. Last accessed March 2018.

<sup>2</sup> This policy and procedure meets the requirements for the Joint Commission Element of Performance LD.01.01.01 CAMAC Update , July 2016 "The organization has a leadership structure." Last accessed March 2018.

**B. An organization must be transparent via:**

1. Board's decisions reflected in minutes.
2. Records retained for a reasonable time.
3. Whistleblowers protected.

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**C. Board members will sign a Board Roles and Responsibilities form. Board members are expected to:**

1. Attend all meetings of the Board.
2. Attend orientation and training provided.
3. Review materials and participate in discussion of issues.
4. Represent the interests of all persons served by the center.
5. Endorse the Code of Conduct and sign the confidentiality acknowledgement statement.
6. Follow appropriate channels through the Executive Director to secure information and to resolve issues.
7. Exercise authority as a Board member only as delegated by the Board.

**Duties of Governing Board:**

Duties of the Governing Board include, without limitation, to be informed, loyal to the center mission and free of conflicts of interests, such that the members are working in the best interests of the organization to do the following:

**A. Govern**

1. Meet once a month.
2. Board meeting minutes taken.
3. Establish general policies for the center, except in the case of a public center.
4. Must adopt and periodically review Bylaws.
5. Must have authority to establish clinic policies and procedures.
6. Must evaluate its performance annually.

**B. Handle select personnel matters**

1. Grant privileges to providers (usually done through approval of provider agreement and a following recommendation by Executive Director upon credentialing).
2. Review and represent Personnel policies & procedures including:
  - a. Salary and benefit scales;
  - b. Personnel management procedures; and
  - c. Provisions for compliance with Equal Opportunity Laws.

### **C. Monitor center finances<sup>3</sup>**

1. Adopt policies for financial management.
2. Adopt system for fiscal accountability.
3. Approve annual budget.
4. Establish fiscal priorities.
5. Must have conflict of interest and whistleblower policies.
6. Must review audit.

### **D. Evaluate clinic operations**

1. Adopt policies & procedures for referral, after hours care, protocols, and a medical record system.
2. Adopt Patient's Bill of Rights & Responsibilities.
3. Assure that center is compliant with applicable laws and regulations.
4. Select the scope, location, and availability of services to be provided by the center.
5. Schedule hours during which such services are provided.
6. Review productivity.
7. Establish Quality of Care Audit Procedures, including peer review, credentialing, and competency procedures.
8. Review health care services plan.
9. Review utilization patterns.
10. Review patient satisfaction.
11. Ensure achievement of program objectives.
12. Review patient grievances.

### **E. Oversee compliance and performance improvement**

1. Be informed – request reports.
2. Adopt resolution to establish QA Board Program.
3. Adopt a center Code of Conduct.
4. Designate Board Chair in QA Board.
5. Oversight of center policies and procedures

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<sup>3</sup> This policy and procedure meets the requirements for The Joint Commission Element of Performance LD.04.01.03 CAMAC Update July 2016. "The organization develops an annual operating budget and when needed, a long term capital expenditure plan".

- a. The Board has ultimate responsibility for center policies and procedures. However, the center policies and procedures are formulated with input from both the Board and its staff.
  - b. The Board should be knowledgeable about the intent and effect of center policies and procedures established by the Board and through review of policies and procedures developed by the staff.
  - c. The Board should have input on what types of policies require Board approval and what policies do not require Board approval and may be approved by the Executive Director.
  - d. The Board will review the effectiveness of center policies and procedures.
6. Ensure representation at training sessions.
  7. Follow up on actions -- must enforce the discipline.

#### **Board meeting process:**

- A. Meetings of the Board are set in advance consistent with the entity's Bylaws.
- B. Meetings of the Board should follow an agenda.
- C. The Board will follow the rules of order, as set forth in its Bylaws.
- D. The Board will receive reports for information and may receive recommendations that require Board action.
- E. The Chair of the Board may invite visitors to Board meetings. Should there be visitors at the meetings, the Board should go into executive (private) session to consider litigation, personnel, or other confidential or proprietary matters.

#### **Decisions of Board or administration:**

The Board and Executive Director should establish guidelines for identifying issues that require Board involvement and those that are managed through the administration. The Board guides center policy and the Executive Director and staff implements the policy.

Generally, the Board is involved in decisions regarding:

- A. Issues that affect the whole center (as opposed to an individual);
- B. Issues concerning fiscal responsibility and accountability;
- C. Issues that are basic policy issues (dictating what the center will or will not do);
- D. Actions required by law (such as expenditure of resources and granting clinical privileges); and
- E. Recommendations presented to the Board by the Executive Director.

#### **Board evaluation:**

As a function of the center's QAPI Program, the Board annually reviews and audits critical components of its oversight responsibilities. The Board must confirm that essential functions of the center are performed in a



- Approved: 3/28/2024  
By: Governing Board  
- Effective: 02/23/2023

satisfactory and efficient manner consistent with the law, accepted administrative and operational practices, and requirements of the funding entities. This review includes the annual reports of the QAPI Program and the approval of the QAPI Plan for the next year.

The Board evaluates its functioning and effectiveness annually along with other center QA Board evaluations and monitors. The Board evaluation should be recorded in the minutes with reviews of other annual reports and actions.

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## 2025 CHW Dental Fee Schedule

CDT CODE	DESCRIPTION	Fee
<b>Diagnostic</b>		
D0120	PERIODIC ORAL EVALUATION - EST PATIENT	\$75
D0140	LIMITED ORAL EVALUATION - PROBLEM FOCUSED	\$115
D0145	ORAL EVAL PT UND 3 YR AGE CNSL W/PRIM CAREGIVER	\$120
D0150	COMP ORAL EVALUATION - NEW OR EST PATIENT	\$131
D0170	RE-EVALUATION - LIMITED PROBLEM FOCUSED	\$90
D0171	RE-EVALUATION POST-OPERATIVE OFFICE VISIT	\$108
D0180	COMP PERIODONTAL EVALUATION - NEW OR EST PATIENT	\$119
D0190	SCREENING OF A PATIENT	\$30
D0191	ASSESSMENT OF A PATIENT	\$112
D0210	INTRAORAL COMPREHENSIVE SERIES RADIOGPHIC IMAGES	\$188
D0220	INTRAORAL - PERIAPICAL FIRST RADIOGRAPHIC IMAGE	\$43
D0230	INTRAORAL-PERIAPICAL-EACH ADDITIONAL IMAGE	\$35
D0240	INTRAORAL - OCCLUSAL RADIOGRAPHIC IMAGE	\$50
D0270	BITEWING - SINGLE RADIOGRAPHIC IMAGE	\$53
D0272	BITEWINGS - TWO RADIOGRAPHIC IMAGES	\$68
D0273	BITEWINGS - THREE RADIOGRAPHIC IMAGES	\$71
D0274	BITEWINGS - FOUR RADIOGRAPHIC IMAGES	\$89
D0277	VERTICAL BITEWINGS - 7 TO 8 RADIOGRAPHIC IMAGES	\$128
D0330	PANORAMIC RADIOGRAPHIC IMAGE	\$159
D0350	2D ORAL/FACIAL PHOTOGRAPHIC IMAGES	\$102
D0391	INTERPRETATION OF DIAGNOSTIC IMAGE	\$61
D0411	radiographic image capture only	\$25
D0412	2-D oral/facial photographic image obtained intra-orally or extra-orally	\$25
D0460	PULP VITALITY TESTS	\$82
D0470	DIAGNOSTIC CASTS	\$158
D0601	CARIES RISK ASSESS DOCU FINDING OF LOW RISK	\$10
D0602	CARIES RISK AX AND DOCU WITH A FNDNG OF MOD RISK	\$10
D0603	CARIES RISK AX AND DOCU WITH FNDNG OF HIGH RISK	\$10
D0701	PANORAMIC FILM - IMAGE CAPTURE ONLY	\$140
D0703	2-D ORAL/FACIAL FILM - IMAGE CAPTURE ONLY	\$90
D0706	INTRAORAL OCCLUSAL FILM - IMAGE CAPTURE ONLY	\$64
D0707	INTRAORAL PERIAPICAL FLM - IMAGE CAPTURE ONLY	\$30
D0708	INTRAORAL BITEWING - IMAGE CAPTURE ONLY	\$41
D0709	INTRAORAL CMPRHNSV SERIES RAD IMAGE CAPT ONLY	\$206
<b>Preventive</b>		
D1110	PROPHYLAXIS - ADULT	\$127
D1120	PROPHYLAXIS - CHILD	\$113
D1206	TOPICAL APPLICATION OF FLUORIDE VARNISH	\$80
D1208	TOPICAL APPLICATION OF FLUORIDE EXCL VARNISH	\$50
D1320	TOBACCO CNSL CONTROL&PREVENTION ORAL DISEASE	\$75
D1321	COUNSEL ADVRSE EFFECTS HI RISK SUBSTNCE ABUSE	\$95
D1330	ORAL HYGIENE INSTRUCTIONS	\$114
CDT CODE	DESCRIPTION	Fee
D1351	SEALANT - PER TOOTH	\$84
D1352	PREV RSN REST MOD HIGH CARIES RISK PT-PERM TOOTH	\$147



## 2025 CHW Dental Fee Schedule

D1354	INTERIM CARIES ARRESTING MEDICATION APPLICATION	\$104
D1355	CARIES PREVENTIVE MEDICAMENT APP - PER TOOTH	\$65
D1551	RECMT/REBND BILAT SPACE MAINTAINER MAXILLARY	\$101
D1552	RECMT/REBND BILAT SPACE MAINTAINER MANDIBULAR	\$124
D1553	RECMT/REBND UNI SPACE MAINTAINER PER QUADRANT	\$114
D1556	REMOVAL FIXED UNI SPACE MAINTAINER PER QUADRANT	\$116
D1557	REMOVAL FIXED BILAT SPACE MAINTAINER MAXILLARY	\$103
D1558	REMOVAL FIXED BILAT SPACE MAINTAINER MANDIBULAR	\$105

### Restorative

D2140	AMALGAM - ONE SURFACE PRIMARY OR PERMANENT	\$217
D2150	AMALGAM - TWO SURFACES PRIMARY OR PERMANENT	\$265
D2160	AMALGAM - THREE SURFACES PRIMARY OR PERMANENT	\$285
D2161	AMALGAM-FOUR/MORE SURFACES PRIMARY/PERMANENT	\$306
D2330	RESIN-BASED COMPOSITE - ONE SURFACE ANTERIOR	\$235
D2331	RESIN-BASED COMPOSITE - TWO SURFACES ANTERIOR	\$276
D2332	RESIN-BASED COMPOSITE - THREE SURFACES ANTERIOR	\$345
D2335	RESIN BASED COMPOSITE 4/> SURFACES ANTERIOR	\$413
D2390	RESIN-BASED COMPOSITE CROWN ANTERIOR	\$591
D2391	RESIN-BASED COMPOSITE - ONE SURFACE POSTERIOR	\$252
D2392	RESIN-BASED COMPOSITE - TWO SURFACES POSTERIOR	\$321
D2393	RESIN-BASED COMPOSITE - THREE SURFACES POSTERIOR	\$398
D2394	RESIN COMPOS - FOUR OR MORE SURFACES POSTERIOR	\$468
D2920	RE-CEMENT OR RE-BOND CROWN	\$165
D2921	REATTACHMENT OF TOOTH FRAG INCISAL EDGE/CUSP	\$210
D2940	PLACEMENT OF INTERIM DIRECT RESTORATION	\$158
D2950	CORE BUILDUP INCLUDING ANY PINS WHEN REQUIRED	\$367
D2951	PIN RETENTION - PER TOOTH ADDITION RESTORATION	\$105
D2955	POST REMOVAL	\$300
D2956	REMOVAL OF AN INDIRECT RESTORATION ON A NATURAL TOOTH	NEW CODE
D2980	CROWN REPAIR MATERIAL FAILURE	\$317
D2983	VENEER REPAIR BY REPORT	\$280
D2989	Excavation of a tooth resulting in the determination of non-restorability	\$100

### Endodontics

D3110	PULP CAP - DIRECT (EXCLUDING FINAL RESTORATION)	\$133
D3120	PULP CAP - INDIRECT (EXCLUDING FINAL RESTORATION)	\$132
D3332	INCOMPLETE ENDO TX; INOP UNRESTORABLE/FX TOOTH	\$520
D3333	INTERNAL ROOT REPAIR OF PERFORATION DEFECTS	\$250

### Periodontics

D4210	GINGIVECT/PLSTY 4/>CNTIG/TOOTH BOUND SPACES-QUAD	\$1,050
CDT CODE	DESCRIPTION	Fee
D4211	GINGIVECT/PLSTY 1-3 CNTIG/TOOTH BOUND SPACE-QUAD	\$500
D4212	GINGIVECT/PLSTY FOR ACCESS RESTORATION PER TOOTH	\$246
D4249	CLINICAL CROWN LENGTHENING - HARD TISSUE	\$987
D4320	Provisional Splinting Intracoronal	\$516
D4322	SPLINT INTRACORONAL NATURAL TEETH OR PROS CROWN	\$200
D4323	SPLINT EXTRACORONAL <sub>2</sub> NATURAL TEETH OR PROS CROWN	\$599



## 2025 CHW Dental Fee Schedule

D4341	PRDONTAL SCALING&ROOT PLANING 4/MORE TEETH-QUAD	\$350
D4342	PRDONTAL SCALING&ROOT PLANING 1-3 TEETH-QUAD	\$270
D4346	SCALNG GNGIVAL INFLAMM FULL MOUTH AFTR ORAL EVAL	\$334
D4355	FULL MOUTH DEBRID ENABLE COMP PERIO EVAL & DX	\$252
D4910	PERIODONTAL MAINTENANCE	\$200
<b>Prosthodontics Removable</b>		
D5410	ADJUST COMPLETE DENTURE - MAXILLARY	\$120
D5411	ADJUST COMPLETE DENTURE - MANDIBULAR	\$115
D5421	ADJUST PARTIAL DENTURE - MAXILLARY	\$125
D5422	ADJUST PARTIAL DENTURE - MANDIBULAR	\$123
D5850	TISSUE CONDITIONING MAXILLARY	\$248
D5851	TISSUE CONDITIONING MANDIBULAR	\$217
<b>Maxillofacial Prosthetics</b>		
D5986	FLUORIDE GEL CARRIER	\$101
<b>Prosthodontics Fixed</b>		
D6930	RECEMENT / REBOND FIXED PARTIAL DENTURE	\$224
<b>Oral and Maxillofacial Surgery</b>		
D7111	EXTRACTION CORONAL REMNANTS - PRIMARY TOOTH	\$185
D7140	EXTRACTION ERUPTED TOOTH OR EXPOSED ROOT	\$254
D7210	EXTRACTION ERUPTED TOOTH REMV BONE ELEV FLAP	\$405
D7220	REMOVAL OF IMPACTED TOOTH - SOFT TISSUE	\$475
D7230	REMOVAL OF IMPACTED TOOTH - PARTIALLY BONY	\$600
D7250	SURGICAL REMOVAL OF RESIDUAL TOOTH ROOTS	\$465
D7261	PRIMARY CLOSURE OF A SINUS PERFORATION	\$832
D7270	TOOTH REIMPL &/OR STBL ACC EVULSED/DISPLCD TOOTH	\$798
D7310	ALVEOLOPLASTY W/EXTRACTION 4/> TEETH/SPACE QUAD	\$394
D7311	ALVEOLOPLSTY CONJNC XTRACT 1-3 TEETH/SPACES QUAD	\$551
D7320	ALVEOLOPLASTY NOT W/EXTRACTIONS 4/> TEETH/SPACE	\$536
D7321	ALVEOLOPLSTY NOT CNJNC XTRCT 1-3 TEETH/SPCE QUAD	\$537
D7471	REMOVAL OF LATERAL EXOSTOSIS	\$800
D7510	INCISION & DRAINAGE ABSCESS-INTRAORAL SOFT TISS	\$308
<b>CDT CODE DESCRIPTION Fee</b>		
D7910	SUTURE OF RECENT SMALL WOUNDS UP TO 5 CM	\$268
D7961	BUCCAL/LABIAL FRENECTOMY (TRENULECTOMY)	\$600
<b>Adjunctive General Services</b>		
D9110	PALLIATIVE TREATMENT OF DENTAL PAIN PER VISIT	\$186
D9120	FIXED PARTIAL DENTURE SECTIONING	\$285
D9210	LOCAL ANES-NOT CONJUNCTION W/OP/SURGICAL PROC	\$25
D9310	CONSULT DX SERV DENT/PHY NOT REQUESTING DENT/PHY	\$246
D9311	CONSULT WITH MEDICAL HEALTHCARE PROFESSIONAL	\$50
D9430	OFFICE VISIT OBSERVATION NO OTHER SRVC PERFORMED	\$112
D9440	OFFICE VISIT - AFTER REGULARLY SCHEDULED HOURS	\$224
D9450	CASE PRESENTATION AFTER DETL&EXTN TREATMENT PLAN	\$310
D9910	APPLICATION OF DESENSITIZING MEDICAMENT	\$138
D9911	APPLIC DESENZT RSN CERV &OR ROOT SURF-TOOTH	\$75



## 2025 CHW Dental Fee Schedule

D9943	OCCLUSAL GUARD ADJUSTMENT	\$200
D9950	OCCLUSION ANALYSIS - MOUNTED CASE	\$475
D9951	OCCLUSAL ADJUSTMENT - LIMITED	\$270
D9952	OCCLUSAL ADJUSTMENT - COMPLETE	\$500
D9995	TELEDENTISTRY - SYNCHRONOUS; REAL TIME ENCOUNTER	\$0
D9996	TELDENTRY ASYNCHRNS INFO FWD DENTIST SBSQNT REVW	\$0

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Code	Full Description	Fee
10060	INCISION & DRAINAGE ABSCESS SIMPLE/SINGLE	\$321
10061	INCISION & DRAINAGE ABSCESS COMPLICATED/MULTIPLE	\$698
10120	INCISION & REMOVAL FOREIGN BODY SUBQ TISS SIMPLE	\$397
10140	I&D HEMATOMA SEROMA/FLUID COLLECTION	\$438
10160	PUNCTURE ASPIRATION ABSCESS HEMATOMA BULLA/CYST	\$335
11000	DBRDMT EXTENSV ECZMT/INFCT SKIN UP 10% BDY SURF	\$91
11055	PARING/CUTTING BENIGN HYPERKERATOTIC LESION 1	\$124
11102	TANGENTIAL BIOPSY SKIN SINGLE LESION	\$201
11103	TANGENTIAL BIOPSY SKIN EA SEP/ADDITIONAL LESION	\$101
11200	RMVL SKIN TAGS MLT FIBRQ TAGS ANY UP TO&INC 15	\$222
11201	RMVL SKIN TAGS MLT FIBRQ TAGS ANY EA ADDL 10	\$66
11300	SHAVING SKIN LESION 1 TRUNK/ARM/LEG DIAM 0.5CM/<	\$188
11301	SHVG SKIN LESION 1 TRUNK/ARM/LEG DIAM 0.6-1.0 CM	\$232
11305	SHAVING SKIN LESION 1 S/N/H/F/G DIAM 0.5 CM/<	\$183
11306	SHAVING SKIN LESION 1 S/N/H/F/G DIAM 0.6-1.0 CM	\$213
11310	SHAVING SKIN LESION 1 F/E/E/N/L/M DIAM 0.5 CM/<	\$203
11311	SHVG SKIN LESION 1 F/E/E/N/L/M DIAM 0.6-1.0 CM	\$246
11400	EXC B9 LESION MRGN XCP SK TG T/A/L 0.5 CM/<	\$227
11401	EXC B9 LESION MRGN XCP SK TG T/A/L 0.6-1.0 CM	\$298
11402	EXC B9 LESION MRGN XCP SK TG T/A/L 1.1-2.0 CM	\$353
11403	EXC B9 LESION MRGN XCP SK TG T/A/L 2.1-3.0 CM	\$398
11404	EXC B9 LESION MRGN XCP SK TG T/A/L 3.1-4.0 CM	\$457
11420	EXC B9 LESION MRGN XCP SK TG S/N/H/F/G 0.5 CM/<	\$303
11421	EXC B9 LESION MRGN XCP SK TG S/N/H/F/G 0.6-1.0CM	\$406
Code	Full Description	Fee
11422	EXC B9 LESION MRGN XCP SK TG S/N/H/F/G 1.1-2.0CM	\$371
11426	EXC B9 LESION MRGN XCP SK TG S/N/H/F/G > 4.0CM	\$846
11440	EXC B9 LESION MRGN XCP SK TG F/E/E/N/L/M 0.5CM/<	\$274
11441	EXC B9 LES MRGN XCP SK TG F/E/E/N/L/M 0.6-1.0CM	\$434
11720	DEBRIDEMENT NAIL ANY METHOD 1-5	\$70
11730	AVULSION NAIL PLATE PARTIAL/COMPLETE SIMPLE 1	\$347
11732	AVULSION NAIL PLATE PARTIAL/COMP SIMPLE EA ADDL	\$99
11740	EVACUATION SUBUNGUAL HEMATOMA	\$174
11750	EXCISION NAIL MATRIX PERMANENT REMOVAL	\$417
11981	INSERTION DRUG DELIVERY IMPLANT	\$406
11982	REMOVAL NON-BIODEGRADABLE DRUG DELIVERY IMPLANT	\$494
11983	RMVL W/RINSJ NON-BIODEGRADABLE DRUG DLVR IMPLT	\$692
12001	SIMPLE REPAIR SCALP/NECK/AX/GENIT/TRUNK 2.5CM/<	\$641

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12002	SMPL REPAIR SCALP/NECK/AX/GENIT/TRUNK 2.6-7.5CM	\$751
12004	SIMPLE RPR SCALP/NECK/AX/GENIT/TRUNK 7.6-12.5CM	\$911
12005	SMPL RPR SCALP/NECK/AX/GENIT/TRUNK 12.6-20.0CM	\$1,064
12011	SIMPLE REPAIR F/E/E/N/L/M 2.5CM/<	\$667
17000	DESTRUCTION PREMALIGNANT LESION 1ST	\$147
17003	DESTRUCTION PREMALIGNANT LESION 2-14 EA	\$25
17004	DESTRUCTION PREMALIGNANT LESION 15/>	\$294
17110	DESTRUCTION BENIGN LESIONS UP TO 14	\$216
17111	DESTRUCTION BENIGN LESIONS 15/>	\$225
20600	ARTHROCENTESIS ASPIR&/INJ SMALL JT/BURSA W/O US	\$163
20605	Arthrocentesis, Aspiration And/Or Injection Intermediate Joint Or Bursa	\$173

Code	Full Description	Fee
20610	ARTHROCENTESIS ASPIR&/INJ MAJOR JT/BURSA W/O US	\$266
29580	STRAPPING UNNA BOOT	\$194
30300	REMOVAL FOREIGN BODY INTRANASAL OFFICE PROCEDURE	\$604
54050	DSTRJ LESION PENIS SIMPLE CHEMICAL	\$226
54056	DSTRJ LESION PENIS SIMPLE CRYOSURGERY	\$272
56405	I&D VULVA/PERINEAL ABSCESS	\$700
56501	DESTRUCTION LESIONS VULVA SIMPLE	\$354
56605	BIOPSY VULVA/PERINEUM 1 LESION SPX	\$254
57160	FIT&INSJ PESSARY/OTH INTRAVAGINAL SUPPORT DEVI	\$237
57420	COLPOSCOPY ENTIRE VAGINA W/CERVIX IF PRESENT	\$399
57454	COLPOSCOPY CERVIX BX CERVIX & ENDOCRV CURRETAGE	\$473
57456	COLPOSCOPY CERVIX ENDOCERVICAL CURETTAGE	\$418
58100	ENDOMETRIAL BX W/WO ENDOCERVIX BX W/O DILAT SPX	\$337
58300	INSERTION INTRAUTERINE DEVICE IUD	\$227
58301	REMOVAL INTRAUTERINE DEVICE IUD	\$294
65205	REMOVAL FB EYE CONJUNCTIVAL SUPERFICIAL	\$120
69200	RMVL FB XTRNL AUDITORY CANAL W/O ANES	\$326
69210	REMOVAL IMPACTED CERUMEN INSTRUMENTATION UNILAT	\$124
70100	RADIOLOGIC EXAMINATION MANDIBLE PRTL <4 VIEWS	\$103
70140	RADEX FACIAL BONES < 3 VIEWS	\$136
70150	RADEX FACIAL BONES COMPLETE MINIMUM 3 VIEWS	\$106
70160	RADEX NASAL BONES COMPLETE MINIMUM 3 VIEWS	\$102
70210	RADEX SINUSES PARANASAL <3 VIEWS	\$102
70250	RADIOLOGIC EXAMINATION SKULL 4< VIEWS	\$76

Code	Full Description	Fee
71045	RADIOLOGIC EXAM CHEST SINGLE VIEW	\$56
71046	RADIOLOGIC EXAM CHEST 2 VIEWS	\$101
71047	RADIOLOGIC EXAM CHEST 3 VIEWS	\$210

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71100	RADEX RIBS UNILATERAL 2 VIEWS	\$122
71120	RADEX STERNUM MINIMUM 2 VIEWS	\$118
72040	RADEX SPINE CERVICAL 2 OR 3 VIEWS	\$143
72070	RADEX SPINE THORACIC 2 VIEWS	\$96
72100	RADEX SPINE LUMBOSACRAL 2/3 VIEWS	\$135
72170	RADIOLOGIC EXAMINATION PELVIS 1/2 VIEWS	\$122
72220	RADEX SACRUM & COCCYX MINIMUM 2 VIEWS	\$23
73000	RADEX CLAVICLE COMPLETE	\$98
73030	RADEX SHOULDER COMPLETE MINIMUM 2 VIEWS	\$111
73060	RADEX HUMERUS MINIMUM 2 VIEWS	\$105
73070	RADEX ELBOW 2 VIEWS	\$89
73080	RADEX ELBOW COMPLETE MINIMUM 3 VIEWS	\$123
73090	RADEX FOREARM 2 VIEWS	\$89
73100	RADEX WRIST 2 VIEWS	\$94
73110	RADEX WRIST COMPLETE MINIMUM 3 VIEWS	\$120
73120	RADEX HAND 2 VIEWS	\$86
73130	RADEX HAND MINIMUM 3 VIEWS	\$112
73140	RADEX FINGR MINIMUM 2 VIEWS	\$110
73502	RADEX HIP UNILATERAL WITH PELVIS 2-3 VIEWS	\$140
73521	RADEX HIPS BILATERAL WITH PELVIS 2 VIEWS	\$123
73522	RADEX HIPS BILATERAL WITH PELVIS 3-4 VIEWS	\$150

Code	Full Description	Fee
73560	RADIOLOGIC EXAMINATION KNEE 1/2 VIEWS	\$105
73562	RADIOLOGIC EXAMINATION KNEE 3 VIEWS	\$128
73565	RADIOLOGIC EXAM BOTH KNEES STANDING ANTEROPOST	\$136
73590	RADIOLOGIC EXAMINATION TIBIA & FIBULA 2 VIEWS	\$99
73600	RADIOLOGIC EXAMINATION ANKLE 2 VIEWS	\$87
73610	RADEX ANKLE COMPLETE MINIMUM 3 VIEWS	\$110
73620	RADIOLOGIC EXAMINATION FOOT 2 VIEWS	\$83
73630	RADEX FOOT COMPLETE MINIMUM 3 VIEWS	\$102
73660	RADEX TOE MINIMUM 2 VIEWS	\$87
74018	RADIOLOGIC EXAM ABDOMEN 1 VIEW	\$85
76801	US PREGNANT UTERUS 14 WK TRANSABDL 1/1ST GESTAT	\$385
76802	US PREG UTERUS 14 WK TRANSABDL EACH GESTATION	\$214
76805	US PREG UTERUS AFTER 1ST TRIMEST 1/1ST GESTATION	\$452
76810	US PREG UTERUS > 1ST TRIMESTER ABDL EA GESTATIO	\$453
76817	US PREG UTERUS REAL TIME W/IMAGE DCMTN TRANSVAG	\$313
77065	DIAGNOSTIC MAMMOGRAPHY COMPUTER-AIDED DETCJ UNI	\$839
77066	DIAGNOSTIC MAMMOGRAPHY COMPUTER-AIDED DETCJ BI	\$1,063
77067	SCREENING MAMMOGRAPHY BI 2-VIEW BREAST INC CAD	\$855
77080	DXA BONE DENSITY STUDY 1/> SITES AXIAL SKEL	\$453

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80305	DRUG TEST PRSMV READ DIRECT OPTICAL OBS PR DATE	\$41
81003	URNLS DIP STICK/TABLET RGNT AUTO W/O MICROSCOPY	\$12
81025	URINE PREGNANCY TEST VISUAL COLOR CMPSN METHS	\$27
82075	ASSAY OF ALCOHOL (ETHANOL) BREATH	\$60
82270	BLOOD OCCULT PEROXIDASE ACTV QUAL FECES 1 DETER	\$25

Code	Full Description	Fee
82962	GLUC BLD GLUC MNTR DEV CLEARED FDA SPEC HOME USE	\$10
87635	IADNA SARS-COV-2 COVID-19 AMPLIFIED PROBE TQ	\$161
87804	IAADIADOO INFLUENZA	\$45
87880	IAADIADOO STREPTOCOCCUS GROUP A	\$43
90384	RHO(D) IMMUNE GLOBULIN HUMAN FULL-DOSE IM	\$200
90471	IM ADM PRQ ID SUBQ/IM NJXS 1 VACCINE	\$45
90472	IM ADM PRQ ID SUBQ/IM NJXS EA VACCINE	\$33
90619	MENACWY-TT CONJ VACC SEROGROUPS ACWY FOR IM USE	\$204
90620	MENB-4C RECOMBNT PROT & OUTER MEMB VESIC VACC IM	\$354
90621	MENB-FHBP RECOMBNT LIPOPROTEIN VACC 2/3 DOSE IM	\$236
90632	HEPA VACCINE ADULT DOSE FOR INTRAMUSCULAR USE	\$204
90633	HEPA VACCINE 2 DOSE SCHEDULE PED/ADOLESC IM USE	\$95
90636	Twinrix (Hep A & B), Adult	281.84
90648	HIB PRP-T VACCINE 4 DOSE SCHEDULE IM USE	\$52
90649	4VHPV VACCINE 3 DOSE SCHEDULE FOR IM USE	\$201
90651	9VHPV VACC 2/3 DOSE SCHED IM USE	\$496
90655	IIV3 VACC PRESRV FREE 0.25 ML DOSAGE IM USE	\$34
90657	IIV3 VACCINE SPLIT VIRUS 0.25 ML DOSAGE IM USE	\$50
90658	IIV3 VACCINE SPLIT VIRUS 0.5 ML DOSAGE IM USE	\$45
90662	IIV VACCINE PRESERV FREE INCREASED AG CONTENT IM	\$99
90670	PCV13 VACCINE FOR INTRAMUSCULAR USE	\$381
90677	PCV20 VACCINE FOR INTRAMUSCULAR USE	\$687
90680	RV5 VACCINE 3 DOSE SCHEDULE LIVE FOR ORAL USE	\$240
90686	IIV4 VACC PRESRV FREE 0.5 ML DOS FOR IM USE	\$45

Code	Full Description	Fee
90687	IIV4 VACC SPLIT VIRUS 0.25 ML DOS FOR IM USE	\$25
90688	IIV4 VACC SPLIT VIRUS 0.5 ML DOS FOR IM USE	\$50
90696	DTAP-IPV VACCINE CHILD 4-6 YRS FOR IM USE	\$141
90698	DTAP-IPV/HIB VACCINE FOR INTRAMUSCULAR USE	\$152
90700	DIPHTH TETANUS TOX ACELL PERTUSSIS VACC<7 YR IM	\$70
90702	DT VACCINE YOUNGER THAN 7 YRS FOR IM USE	\$62
90707	MEASLES MUMPS RUBELLA VIRUS VACCINE LIVE SUBQ	\$226
90710	MEASLES MUMPS RUBELLA VARICELLA VACC LIVE SUBQ	\$352

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90713	POLIOVIRUS VACCINE INACTIVATED SUBQ/IM	\$70
90714	TD VACCINE PRSRV FREE 7 YRS OR OLDER FOR IM USE	\$90
90715	TDAP VACCINE 7 YRS/> IM	\$133
90716	VAR VACCINE LIVE FOR SUBCUTANEOUS USE	\$221
90723	DTAP-HEPB-IPV VACCINE INTRAMUSCULAR	\$253
90732	PPSV23 VACCINE 2 YRS OR OLDER FOR SUBQ/IM USE	\$323
90734	MENACWYD/MENACWY-CRM CONJ VACC GRPS ACWY IM USE	\$401
90736	ZOSTER VACCINE HZV LIVE FOR SUBCUTANEOUS USE	\$457
90744	HEPB VACCINE PED/ADOLESC 3 DOSE SCHEDULE IM	\$81
90746	HEPB VACCINE ADULT 3 DOSE SCHEDULE FOR IM USE	\$173
90747	HEPB VACCINE DIALYSIS/IMMUNSUP PAT 4 DOSE IM	\$377
90750	HZV ZOSTER VACC RECOMBINANT ADJUVANTED IM NJX	\$497
90791	PSYCHIATRIC DIAGNOSTIC EVALUATION	\$325
90792	PSYCHIATRIC DIAGNOSTIC EVAL W/MEDICAL SERVICES	\$415
90832	PSYCHOTHERAPY W/PATIENT 30 MINUTES	\$209
90834	PSYCHOTHERAPY W/PATIENT W/E&M SRVCS 30 MIN	\$101

Code	Full Description	Fee
90837	PSYCHOTHERAPY W/PATIENT 60 MINUTES	\$181
90839	PSYCHOTHERAPY FOR CRISIS INITIAL 60 MINUTES	\$227
90840	PSYCHOTHERAPY FOR CRISIS EACH ADDL 30 MINUTES	\$79
90846	FAMILY PSYCHOTHERAPY W/O PATIENT PRESENT 50 MINS	\$166
90847	FAMILY PSYCHOTHERAPY W/PATIENT PRESENT 50 MINS	\$172
90853	GROUP PSYCHOTHERAPY	\$108
91300	SARSCOV2 VACCINE DIL RECON 30 MCG/0.3 ML IM USE	\$34
91303	SARSCOV2 VACCINE AD26 5X1010VP/0.5ML IM USE	\$54
91306	SARSCOV2 VACCINE 50 MCG/0.25 ML IM USE	\$52
91307	SARSCOV2 VACCINE 10MCG/0.2ML TRIS-SUCROSE IM USE	\$58
91308	SARSCOV2 VACCINE 3MCG/0.2ML TRIS-SUCROSE IM USE	\$85
91309	SARSCOV2 VACCINE 50 MCG/0.5 ML IM USE	\$43
91311	SARSCOV2 VACCINE 25 MCG/0.25 ML IM USE	\$67
92012	OPH SVCS MEDICAL XM&EVAL INTERMEDIATE EST PT	\$111
92227	IMG RETINA DETCJ/MNTR DS REM CLIN STAFF UNI/BI	\$73
92228	IMG RETINA DETCJ/MNTR DS REM PHYS/QHP I&R UNI/BI	\$71
92228	IMG RETINA DETCJ/MNTR DS REM PHYS/QHP I&R UNI/BI	\$71
92250	FUNDUS PHOTOGRAPHY W/INTERPRETATION & REPORT	\$105
92551	Pure Tone Hearing Test, Air	\$25.00
93000	ECG ROUTINE ECG W/LEAST 12 LDS W/I&R	\$60
94010	SPMTRY W/VC EXPIRATORY FLO W/WO MXML VOL VNTJ	\$61
94640	PRESSURIZED/NONPRESSURIZED INHALATION TREATMENT	\$37
94760	NONINVASIVE EAR/PULSE OXIMETRY SINGLE DETER	\$10

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96156	HEALTH BEHAVIOR ASSESSMENT/RE-ASSESSMENT	\$275
96158	HEALTH BEHAVIOR IVNTJ INDIV F2F 1ST 30 MIN	\$281

Code	Full Description	Fee
96159	HEALTH BEHAVIOR IVNTJ INDIV F2F EA ADDL 15 MIN	\$187
96164	HEALTH BEHAVIOR IVNTJ GROUP F2F 1ST 30 MIN	\$52
96165	HEALTH BEHAVIOR IVNTJ GROUP F2F EA ADDL 15 MIN	\$25
96167	HEALTH BEHAVIOR IVNTJ FAM W/PT F2F 1ST 30 MIN	\$300
96168	HEALTH BEHAVIOR IVNTJ FAM W/PT F2F EA ADD 15 MIN	\$119
96202	MLT FAM GROUP BHV MGMT/MODIFICAJ TRAING 1ST 60	\$108
96203	MLT FAM GROUP BHV MGMT/MODIFICAJ TRAING EA ADDL	\$45
96372	THERAPEUTIC PROPHYLACTIC/DX INJECTION SUBQ/IM	\$45
97010	APPLICATION MODALITY 1/> AREAS HOT/COLD PACKS	\$30
97012	APPL MODALITY 1/> AREAS TRACTION MECHANICAL	\$45
97014	APPL MODALITY 1/> AREAS ELEC STIMJ UNATTENDED	\$30
97035	APPL MODALITY 1+ AREAS ULTRASOUND EA 15 MIN	\$50
97110	THERAPEUTIC PX 1/> AREAS EACH 15 MIN EXERCISES	\$65
97112	THER PX 1/> AREAS EACH 15 MIN NEUROMUSC REEDUCA	\$72
97124	THER PX 1/> AREAS EACH 15 MINUTES MASSAGE	\$38
97140	MANUAL THERAPY TQS 1/> REGIONS EACH 15 MINUTES	\$66
97169	ATHLETIC TRAINING EVAL LOW COMPLEX 15 MINS	\$50
97530	THERAPEUT ACTVITY DIRECT PT CONTACT EACH 15 MIN	\$85
97550	CAREGIVER TRAINING STRATEGIES&TQ 1ST 30 MINUTES	\$146
97552	GROUP CAREGIVER TRAINING STRATEGIES & TECHNIQUE	\$78
97597	DEBRIDEMENT OPEN WOUND FIRST 20 SQ CM/<	\$230
97810	ACUPUNCTURE 1/> NDLS W/O ESTIM 1ST 15 MIN	\$65
97813	ACUPUNCTURE 1/> NDLS W/ESTIM 1ST 15 MIN	\$75

Code	Full Description	Fee
98940	CHIROPRACTIC MANIPULATIVE TX SPINAL 1-2 REGIONS	\$53
98941	CHIROPRACTIC MANIPULATIVE TX SPINAL 3-4 REGIONS	\$66
98942	CHIROPRACTIC MANIPULATIVE TX SPINAL 5 REGIONS	\$65
98943	CHIROPRACTIC MANIPLTV TX EXTRASPINAL 1/> REGION	\$50
99000	HANDLG&/OR CONVEY OF SPEC FOR TR OFFICE TO LAB	\$20
99024	POSTOP FOLLOW UP VISIT RELATED TO ORIGINAL PX	\$151
99173	SCREENING TEST VISUAL ACUITY QUANTITATIVE BILAT	\$25
99202	OFFICE/OUTPATIENT NEW SF MDM 15 MINUTES	\$176
99203	OFFICE/OUTPATIENT NEW LOW MDM 30 MINUTES	\$274
99204	OFFICE/OUTPATIENT NEW MODERATE MDM 45 MINUTES	\$417
99205	OFFICE/OUTPATIENT NEW HIGH MDM 60 MINUTES	\$576

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99211	OFFICE/OUTPATIENT EST PT MAY NOT REQ PHYS/QHP	\$53
99212	OFFICE/OUTPATIENT ESTABLISHED SF MDM 10 MIN	\$110
99213	OFFICE/OUTPATIENT ESTABLISHED LOW MDM 20 MIN	\$184
99214	OFFICE/OUTPATIENT ESTABLISHED MOD MDM 30 MIN	\$271
99215	OFFICE/OUTPATIENT ESTABLISHED HIGH MDM 40 MIN	\$377
99242	OFFICE/OP CONSLTJ NEW/EST PT SF MDM 20 MINUTES	\$182
99243	OFFICE/OP CONSLTJ NEW/EST PT LOW MDM 30 MINUTES	\$301
99244	OFFICE/OP CONSLTJ NEW/EST PT MOD MDM 40 MINUTES	\$378
99245	OFFICE/OP CONSLTJ NEW/EST PT HIGH MDM 55 MINUTES	\$500
99341	HOME/RES VISIT NEW PATIENT SF MDM 15 MINUTES	\$114
99342	HOME/RES VISIT NEW PATIENT LOW MDM 30 MINUTES	\$267
99344	HOME/RES VISIT NEW PATIENT MOD MDM 60 MINUTES	\$352
99345	HOME/RES VISIT NEW PATIENT HIGH MDM 75 MINUTES	\$445

Code	Full Description	Fee
99347	HOME/RES VISIT EST PATIENT SF MDM 20 MINUTES	\$91
99348	HOME/RES VISIT EST PATIENT LOW MDM 30 MINUTES	\$337
99349	HOME/RES VISIT EST PATIENT MOD MDM 40 MINUTES	\$316
99350	HOME/RES VISIT EST PATIENT HIGH MDM 60 MINUTES	\$546
99381	INITIAL PREVENTIVE MEDICINE NEW PATIENT <1YEAR	\$176
99382	INITIAL PREVENTIVE MEDICINE NEW PT AGE 1-4 YRS	\$268
99383	INITIAL PREVENTIVE MEDICINE NEW PT AGE 5-11 YRS	\$266
99384	INITIAL PREVENTIVE MEDICINE NEW PT AGE 12-17 YR	\$300
99385	INITIAL PREVENTIVE MEDICINE NEW PT AGE 18-39YRS	\$326
99386	INITIAL PREVENTIVE MEDICINE NEW PATIENT 40-64YRS	\$339
99387	INITIAL PREVENTIVE MEDICINE NEW PATIENT 65YRS&>	\$414
99391	PERIODIC PREVENTIVE MED ESTABLISHED PATIENT <1Y	\$239
99392	PERIODIC PREVENTIVE MED EST PATIENT 1-4YRS	\$254
99393	PERIODIC PREVENTIVE MED EST PATIENT 5-11YRS	\$220
99394	PERIODIC PREVENTIVE MED EST PATIENT 12-17YRS	\$277
99395	PERIODIC PREVENTIVE MED EST PATIENT 18-39 YRS	\$283
99396	PERIODIC PREVENTIVE MED EST PATIENT 40-64YRS	\$278
99397	PERIODIC PREVENTIVE MED EST PATIENT 65YRS& OLDER	\$292
99417	PROLONGED OUTPATIENT E/M SERVICE EACH 15 MINUTES	\$82
99421	ONLINE DIGITAL E/M SVC EST PT <7 D 5-10 MINUTES	\$45
99422	ONLINE DIGITAL E/M SVC EST PT <7 D 11-20 MINUTES	\$45
99423	ONLINE DIGITAL E/M SVC EST PT <7 D 21+ MINUTES	\$65
99424	PRINCIPAL CARE MGMT SVC 1ST 30 PHYS/QHP CAL MO	\$214
99425	PRINCIPAL CARE MGMT SVC EA ADL 30 PHY/QHP CAL MO	\$196

Code	Full Description	Fee
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99426	PRINCIPAL CARE MGMT SVC 1ST 30 STAFF CAL MO	\$95
99427	PRINCIPAL CARE MGMT SVC EA ADDL 30 STAFF CAL MO	\$71
99439	CHRONIC CARE MGMT SVC STAF EA ADDL 20 MIN CAL MO	\$116
99441	PHYS/QHP TELEPHONE EVALUATION 5-10 MIN	\$118
99442	PHYS/QHP TELEPHONE EVALUATION 11-20 MIN	\$180
99443	PHYS/QHP TELEPHONE EVALUATION 21-30 MIN	\$259
99484	CARE MGMT SERVICES BEHAVIORAL HLTH COND 20 MINS	\$100
99487	COMPLEX CHRONIC CARE MGMT SVC 1ST 60 MIN CAL MO	\$211
99490	CHRONIC CARE MGMT SVCS STAFF 1ST 20 MIN CAL MO	\$101
99491	CHRONIC CARE MGMT SVC PHYS 1ST 30 MIN CAL MONTH	\$171
99495	TRANSJ CARE MGMT MOD MDM F2F 14 CAL D DISCHARGE	\$423
99496	TRANSJ CARE MGMT HIGH MDM F2F 7 CAL D DISCHARGE	\$562
99497	ADVANCE CARE PLANNING FIRST 30 MINS	\$188
99498	ADVANCE CARE PLANNING EA ADDL 30 MINS	\$141
1111F	Dschrg Med/Current Med Merge	\$0.00
A4562	Pessary, Reusable, Non Rubber, Any Type	\$170.00
G0008	Admin Influenza Virus Vac	\$47.80
G0009	Admin Pneumococcal Vaccine	\$57.20
G0010	Admin Hepatitis B Vaccine	\$54.80
G0019	Comm Hlth Intg Svs Sdoh 1St 60Mn	\$162.00
G0022	Comm Hlth Intg Svs Addl 30 M	\$101.00
G0101	Ca Screen;Pelvic/Breast Exam	\$113.80
G0136	Adm Of Soc Dtr Assess 5-15 M	\$38.00

Code	Full Description	Fee
G0402	Initial Medicare Preventive Exam	\$340.00
G0403	Ekg For Medicare Initial Prevent Exam	\$65.00
G0438	Ppps, Initial Medicare Visit	\$350.00
G0439	Pps, Subseq Medicare Visit	\$280.00
G0445	High Inten Beh Couns Std 30M	\$115.00
J0561	Bicillin Injection (State Supplied) Im	\$55.00
J0696	Rocephin Injection (Private) Per 250Mg Im	\$25.00
J0696	Rocephin Injection (Private) Per 500Mg Im	\$25.00
J0696	Rocephin Injection (Private) Per 1Gm Im	\$25.00
J0696	Rocephin Injection	\$25.00
J0696	Rocephin Injection Per 500Mg (State) Im	\$25.00
J0696	Rocephin Injection Per 250Mg (State) Im	\$25.00
J1030	Depo-Medrol Injection 40Mg Im	\$35.00
J1040	Depo-Medrol Injection 80Mg Im	\$45.00
J1050	Depo-Provera Injection 150Mg Im	\$1.50

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J1815	Insulin Regular Injection U-100 Subcutaneous	\$2.50
J2550	Promethazine Injection Up To 25Mg Im	\$15.00
J2920	Solu Medrol Injection Up To 40Mg Im	\$20.00
J2930	Solu Medrol Injection Up To 125Mg Im	\$27.00
J3420	Vitamin B12 (Cyanocobalamin) Injection 1000Mcg Im	\$20.00
J7297	Levonorgestrel-releasing intrauterine contraceptive system (liletta), 52 mg	\$2,065.00
J7298	Levonorgestrel Iu 52Mg 5 Yr - Mirena Intrauterine	\$2,901.20
J7300	Intraut Copper Contraceptive - Paragard Intrauterine	\$2,426.00
J7307	Etonogestrel Implant System - Nexplanon	\$2,314.00
J7620	Albuterol 0.083% Inhalation	\$6.00
J7620	Duoneb (Combination Ofalbuterol And Ipatopium	\$6.00
J7620	Ipratropium Bromide 0.02% (1Unit)	\$6.00
L0625	Abdominal L Binder	\$82.00
L0625	Abdominal XI Binder	\$82.00
S8990	Pt Or Manip For Maint	\$50.00

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**Coastal Health & Wellness Discount Eligibility (Sliding Fee) Schedule 2025/2026**

Household/ Family Size (#)	Discount 100		Discount 80		Discount 60		Discount 40		Discount 20		Discount 0		
	0% Patient Responsibility	100% FPG	20% Patient Responsibility	125% FPG	40% Patient Responsibility	150% FPG	60% Patient Responsibility	175% FPG	80% Patient Responsibility	200% FPG	100% Patient Responsibility	> 200% FPG	
	Household Gross Annual Income (\$)												
	From	To	From	To	From	To	From	To	From	To	Greater Than		
1	0	\$15,650	\$15,651	\$19,562.50	\$19,563.50	\$23,475	\$23,476	\$27,387.50	\$27,389	\$31,300	\$31,300	\$3,913	\$15,650
2	0	\$21,150	\$21,151	\$26,437.50	\$26,438.50	\$31,725	\$31,726	\$37,012.50	\$37,014	\$42,300	\$42,300	\$5,288	\$21,150
3	0	\$26,650	\$26,651	\$33,312.50	\$33,313.50	\$39,975	\$39,976	\$46,637.50	\$46,639	\$53,300	\$53,300	\$6,663	\$26,650
4	0	\$32,150	\$32,151	\$40,187.50	\$40,188.50	\$48,225	\$48,226	\$56,262.50	\$56,264	\$64,300	\$64,300	\$8,038	\$32,150
5	0	\$37,650	\$37,651	\$47,062.50	\$47,063.50	\$56,475	\$56,476	\$65,887.50	\$65,889	\$75,300	\$75,300	\$9,413	\$37,650
6	0	\$43,150	\$43,151	\$53,937.50	\$53,938.50	\$64,725	\$64,726	\$75,512.50	\$75,514	\$86,300	\$86,300	\$10,788	\$43,150
7	0	\$48,650	\$48,651	\$60,812.50	\$60,813.50	\$72,975	\$72,976	\$85,137.50	\$85,139	\$97,300	\$97,300	\$12,163	\$48,650
8	0	\$54,150	\$54,151	\$67,687.50	\$67,688.50	\$81,225	\$81,226	\$94,762.50	\$94,764	\$108,300	\$108,300	\$13,538	\$54,150
		\$5,500		\$6,875		\$8,250		\$9,625		\$11,000		\$12,375	

Effective Date 2/1/2025

Source: HHS Poverty Guidelines, 2024

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# COASTAL HEALTH & WELLNESS

Governing Board



## FINANCIAL SUMMARY

For the Period Ending

*February 28, 2025*

GCHD Board Room | 9850-A Emmett F. Lowry Expy. | Texas City, TX 77591

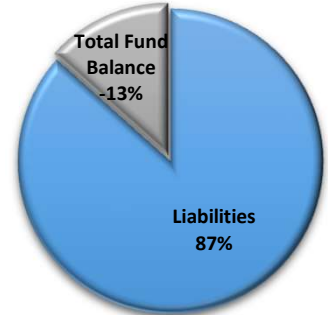
March 20, 2025

**CHW - BALANCE SHEET**

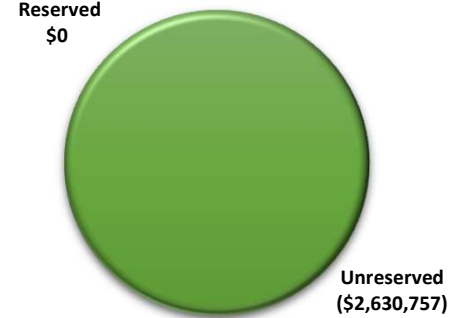
as of February 28, 2025

	Current Month Feb-25	Prior Month Jan-25	Increase (Decrease)
<b>ASSETS</b>			
Cash & Cash Equivalents	\$151,243	\$188,511	(\$37,268)
Accounts Receivable	4,281,264	3,894,179	387,085
Allowance For Bad Debt	(551,087)	(548,162)	(2,924)
Pre-Paid Expenses	554,604	570,087	(15,483)
Due To / From	(2,473,659)	(1,937,018)	(536,642)
<b>Total Assets</b>	<b>\$1,962,365</b>	<b>\$2,167,597</b>	<b>(\$205,232)</b>
<b>LIABILITIES</b>			
Accounts Payable	\$951,480	\$945,675	\$5,805
Accrued Expenses	1,369,634	1,369,930	(295)
Deferred Revenues	0	27,278	(27,278)
<b>Total Liabilities</b>	<b>\$2,321,115</b>	<b>2,342,883</b>	<b>(\$21,769)</b>
<b>FUND BALANCE</b>			
Fund Balance	\$7,694,079	\$7,694,079	\$0
Current Change	(8,052,829)	(7,869,366)	(183,463)
<b>Total Fund Balance</b>	<b>(\$358,750)</b>	<b>(\$175,287)</b>	<b>(\$183,463)</b>
<b>TOTAL LIABILITIES &amp; FUND BALANCE</b>	<b>\$1,962,365</b>	<b>\$2,167,597</b>	<b>(\$205,232)</b>

Current Period Assets



Total Fund Balance



**CHW - REVENUE & EXPENSES**

as of February 28, 2025

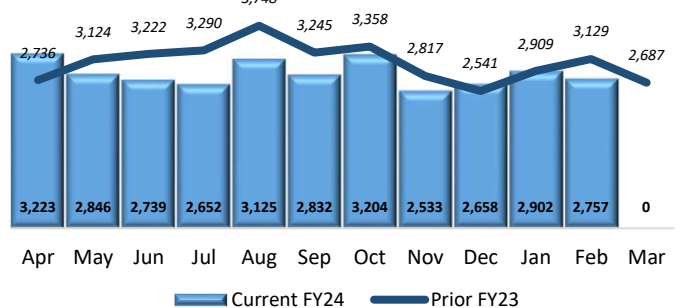
	MTD Actual Feb-25	MTD Budget Feb-25	MTD Budget Variance	YTD Actual thru Feb-25	YTD Budget thru Feb-25	YTD Budget Variance
<b>REVENUE</b>						
County Revenue	\$244,556	\$244,556	(\$0)	\$2,690,111	\$2,690,111	\$0
HHS Grant Revenue	271,353	269,783	1,570	2,786,979	2,967,617	(180,638)
Patient Revenue	558,056	701,772	(143,716)	4,303,977	7,719,491	(3,415,514)
Other Revenue	35,422	29,500	5,922	333,850	324,500	9,350
<b>Total Revenue</b>	<b>\$1,109,387</b>	<b>\$1,245,611</b>	<b>(\$136,224)</b>	<b>\$10,114,917</b>	<b>\$13,701,719</b>	<b>(\$3,586,802)</b>
<b>EXPENSES</b>						
Personnel	\$740,032	\$1,017,304	\$277,272	\$10,519,974	\$11,190,339	\$670,365
Contractual	178,605	99,740	(78,866)	2,520,000	1,097,135	(1,422,866)
Supplies	98,196	140,969	42,773	1,655,445	1,550,655	(104,789)
Travel	927	2,017	1,089	16,130	22,183	6,053
Equipment/Capital	48,427	0	(48,427)	406,893	0	(406,893)
Bad Debt Expense	176,571	57,536	(119,035)	2,088,740	632,896	(1,455,844)
Other	50,806	141,845	91,038	971,127	1,560,291	589,165
<b>Total Expenses</b>	<b>\$1,293,565</b>	<b>\$1,459,409</b>	<b>\$165,845</b>	<b>\$18,178,308</b>	<b>\$16,053,500</b>	<b>(\$2,124,809)</b>
<b>CHANGE IN NET ASSETS</b>	<b>(\$184,178)</b>	<b>(\$213,798)</b>	<b>\$29,620</b>	<b>(\$8,063,392)</b>	<b>(\$2,351,781)</b>	<b>(\$5,711,611)</b>

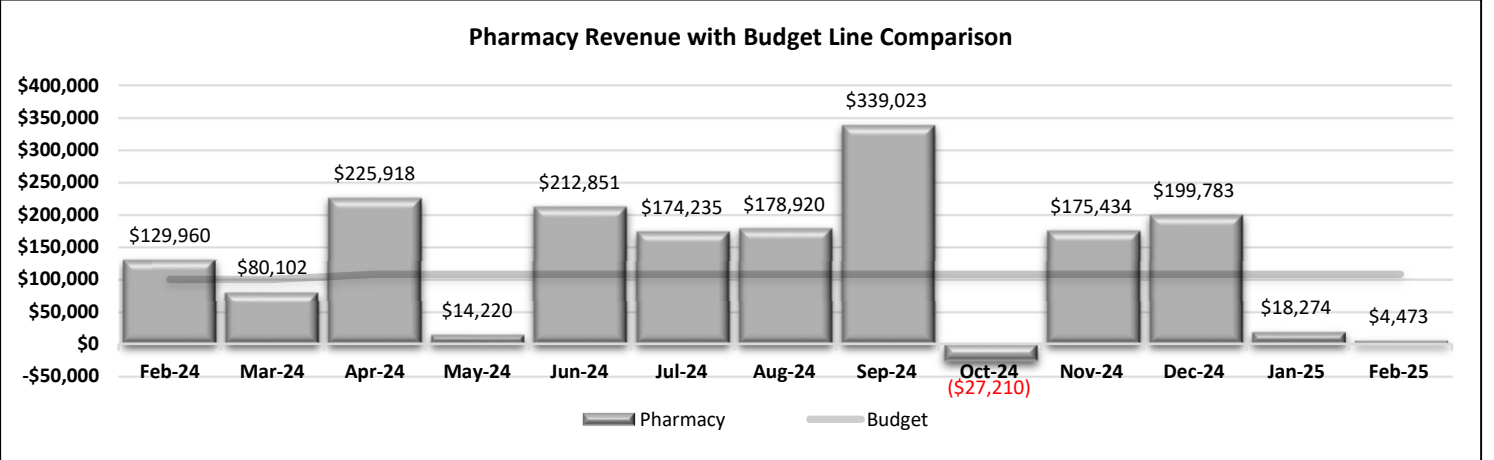
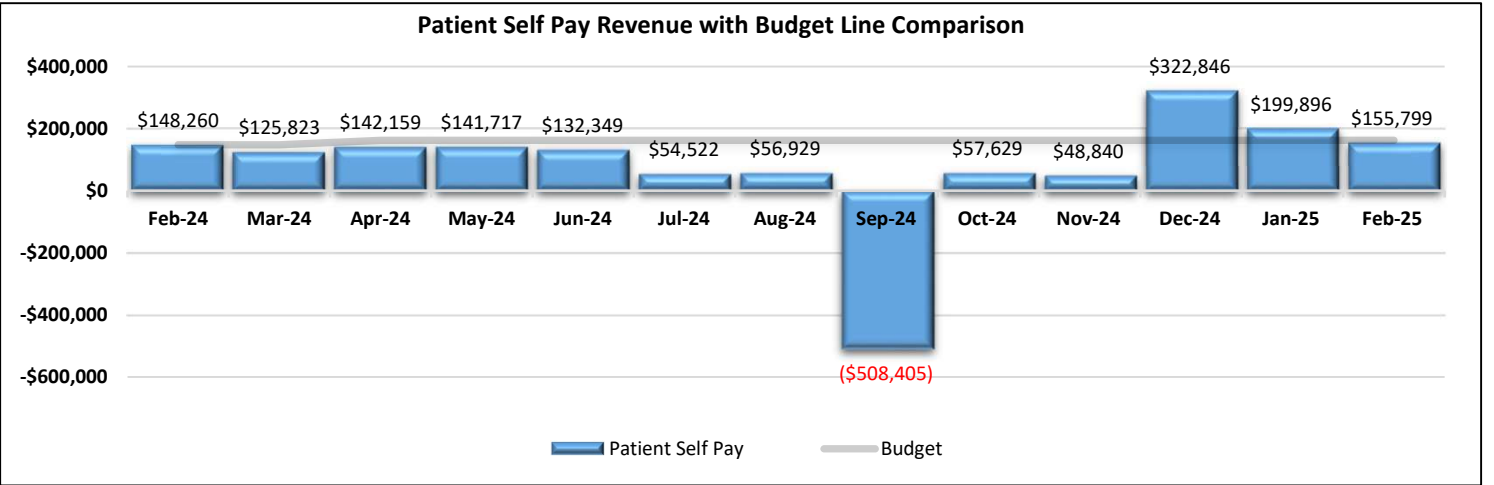
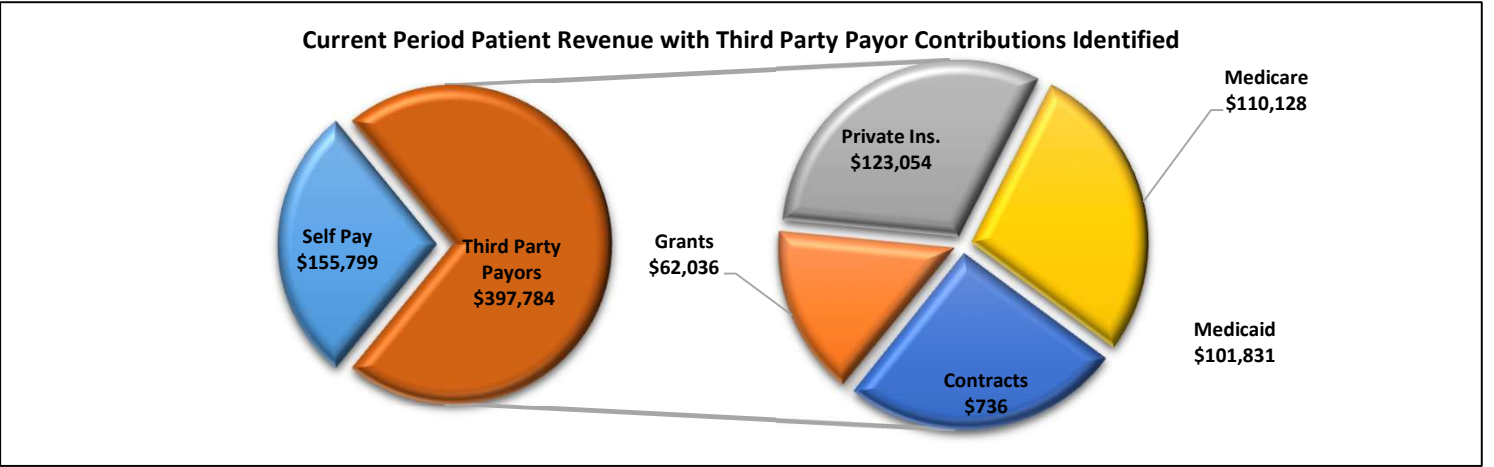
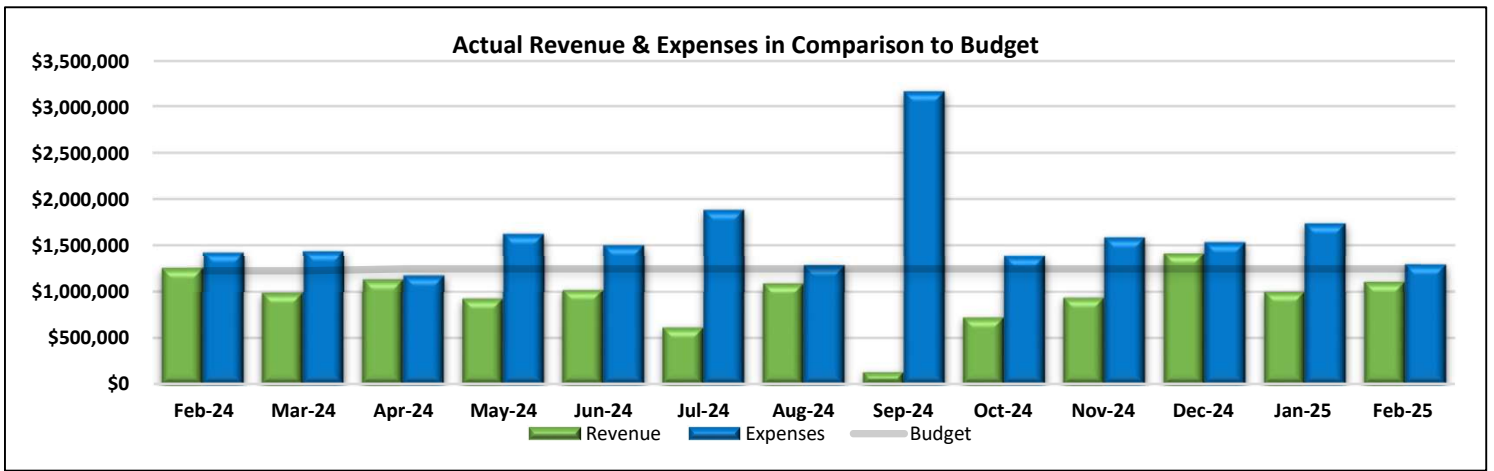
Current Month Actuals



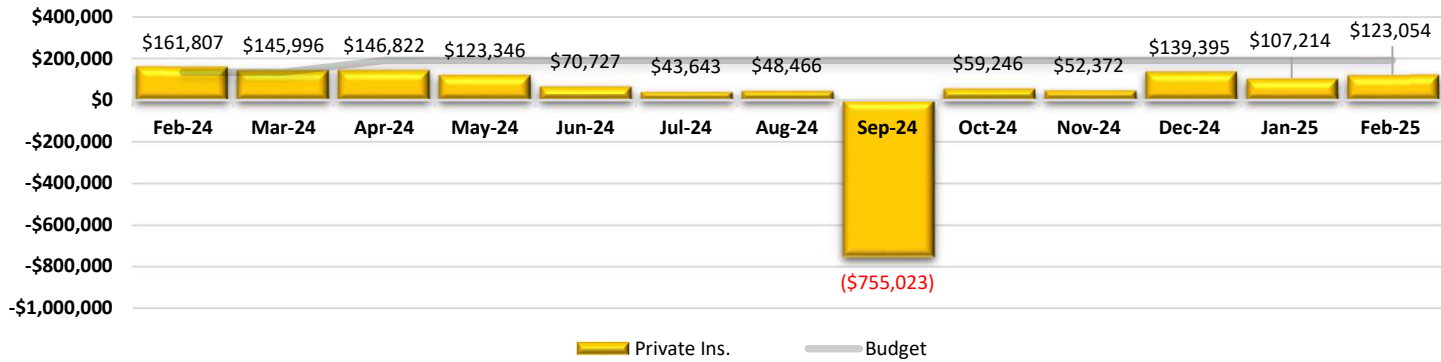
■ Revenue ■ Expenses

Patient Visits

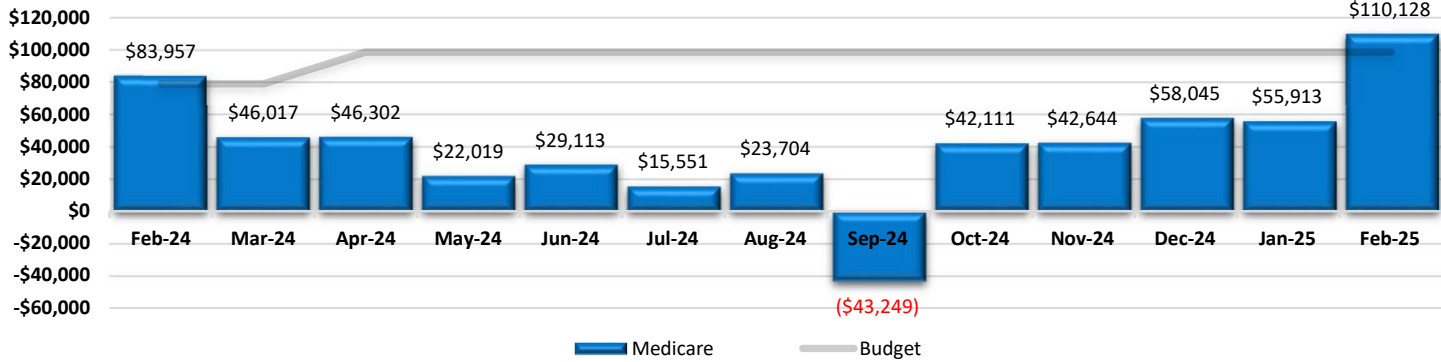




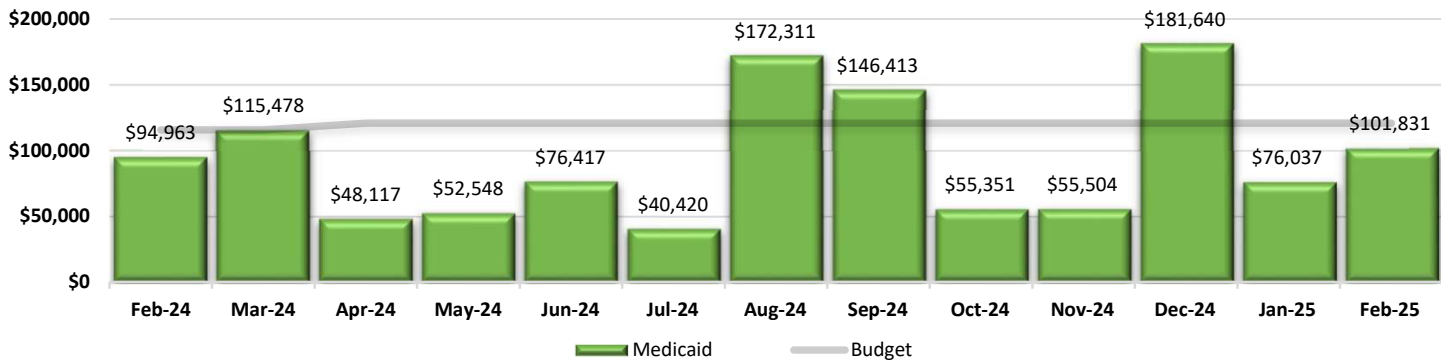
**Private Insurance Revenue with Budget Line Comparison**



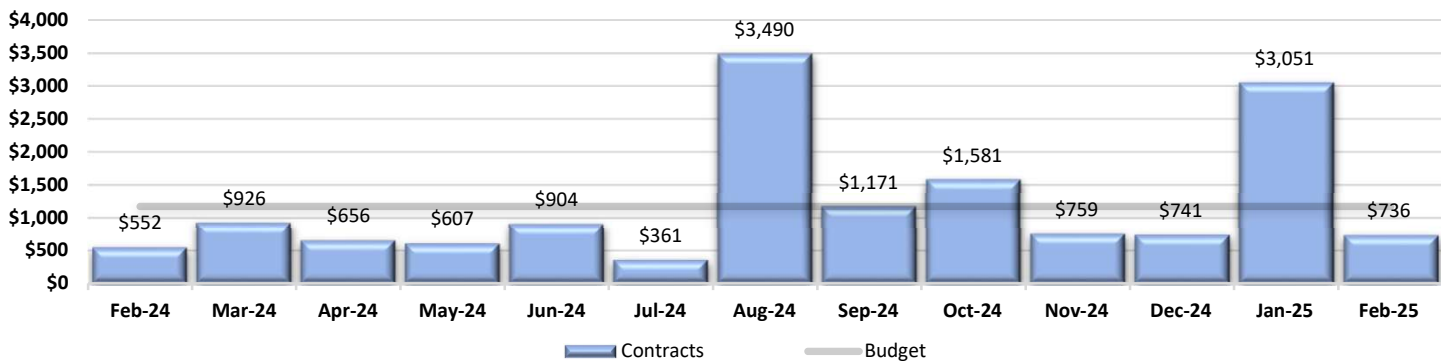
**Medicare Revenue with Budget Line Comparison**



**Medicaid Revenue with Budget Line Comparison**



**Contract Revenue with Budget Line Comparison**





# COASTAL HEALTH & WELLNESS

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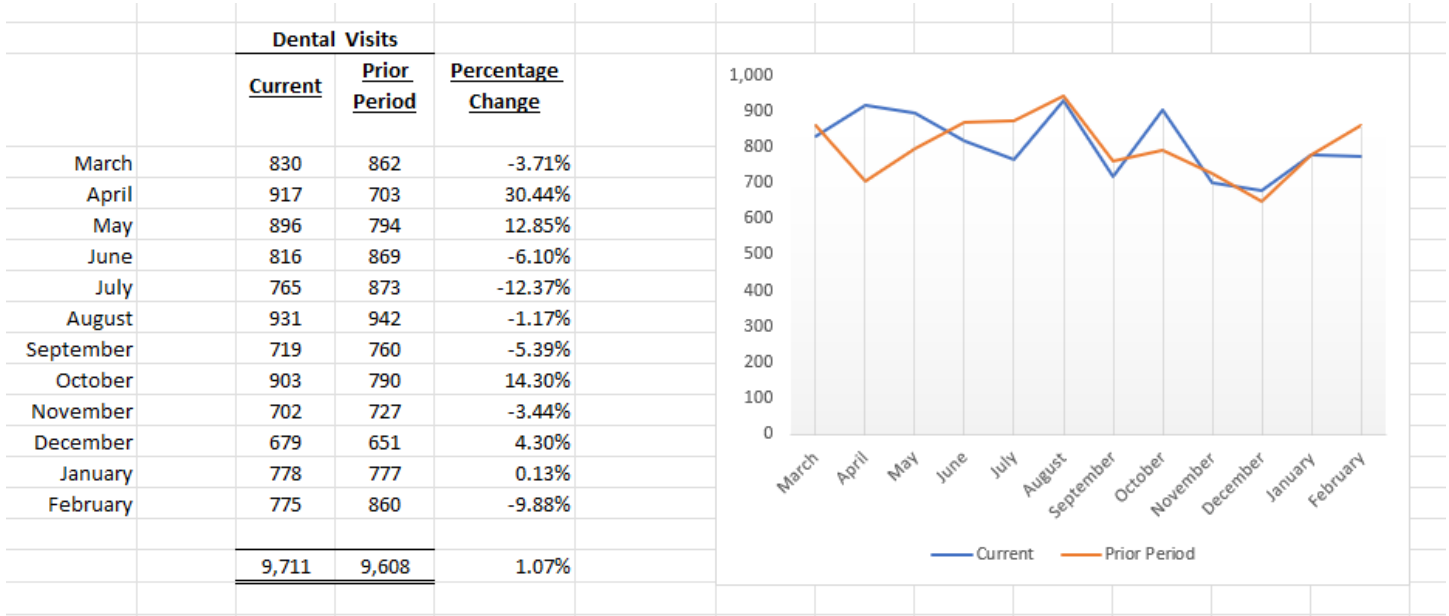
**GOVERNING BOARD**

9850-A.106 Boardroom Emmett F. Lowry Expressway, Texas City

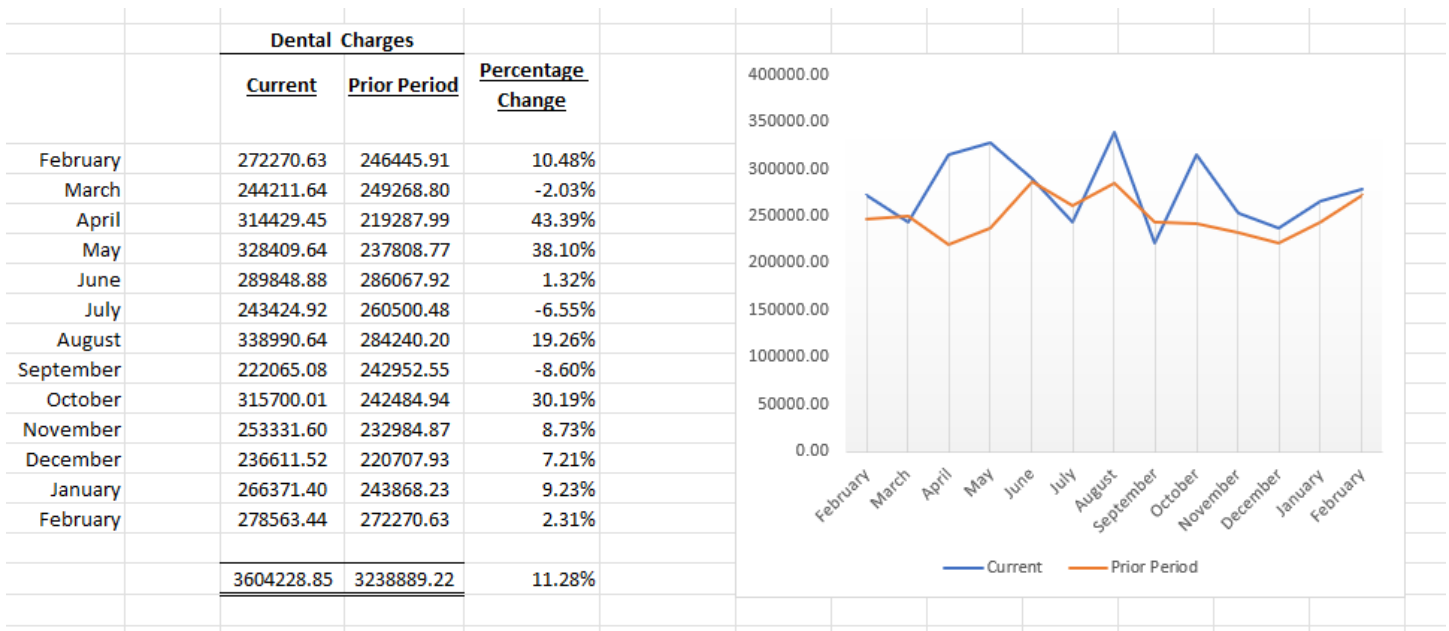
Organizational Updates Submitted by Executive Director

Dental Clinic Board Update – February 27, 2025

- Visit Numbers – Based on “FQHC Qual Enc” in NextGen
  - We continue to see walk in patients in pain as we can fit them into our schedule.
  - We continue to release comprehensive exams on the 15<sup>th</sup> of every month.
  - For February 2025, the Dental Clinic had a decrease of 9.88% in qualifying encounters compared to February 2024. We had two dentists that were out for one week due to expiring vacation grace time
  - The Dental Clinic had an increase of 1.07% in qualifying encounters when comparing March 1, 2024 – February 28, 2025, with March 1, 2023 – February 29, 2024.



- Dental Charges
  - For February 2025, the Dental Clinic had an increase in charges of 2.31% compared to February 2024.
  - The Dental Clinic had an increase of 11.28% in charges when comparing March 1, 2024 – February 28, 2025, with March 1, 2023 – February 29, 2024.



- Current projects, plans, department overview for dental
  - Dr. Lindskog continues to serve on the COM Hygiene School Advisory Board
    - Exploring opportunities for rotations at CHW for dental hygiene students
  - UT Health School of Dentistry (Houston)
    - Exploring opportunities for rotations at CHW for dental students and residents
  - Head Start
    - Francine is working with the school to proactively complete packets for the 2025-2026 school year during their registration and Back to School events

## Governing Board March 2025 Meeting

<b>School Based Clinic:</b>	January	February
Students:	5	3
Staff:	0	1
Telehealth:	38	36
Total :	43	40
<b>Telehealth/Doxyne:</b>	January visits	February visits
	229	160
<b>CHW Clinic Visits:</b>	January visits	February visits
Kept:	2127	2093
No Shows:	686	664
No show rate:	24.4%	24.1%
Retinal scans	39	40
Total charges:	\$577,725.20	\$573,375.73

### Clinic Updates:

We continue to partner with UTMB and St Vincent on study to improve diabetic control. We continue with our weekly meetings, now focusing on getting final testing for the patients. This year's program is winding down. UTMB submitting grant applications for a continuation of the program. They are anticipating initial results of study sometime this summer.

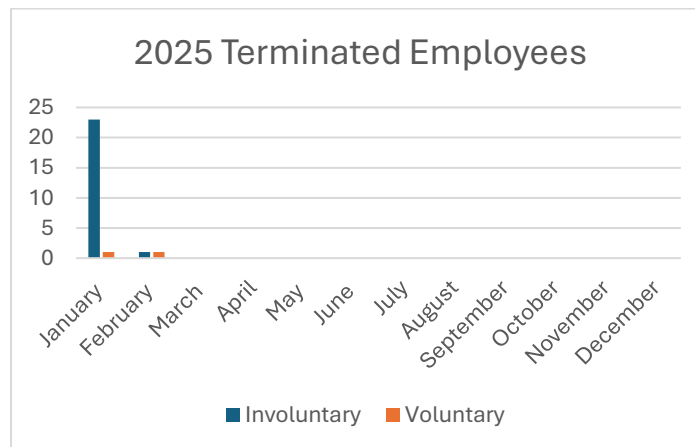
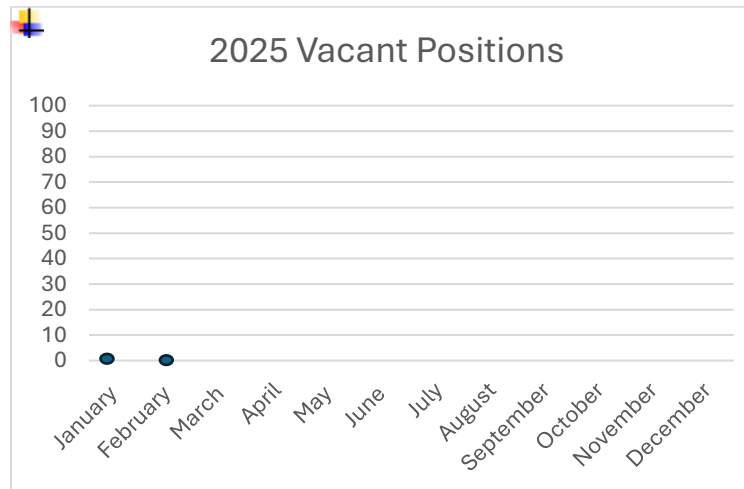
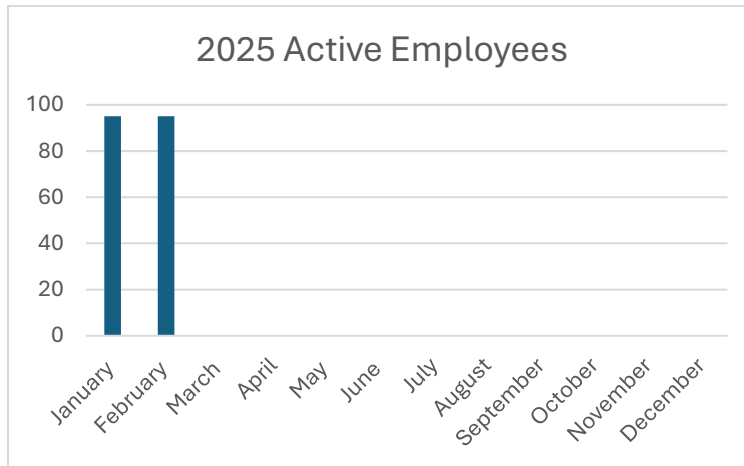
We are developing an internal orthopedic focused clinic. One of our current providers has extensive experience in orthopedics. This may include injections of knees and shoulders IF appropriate.

We are in preliminary discussions with the Internal Medicine and Family Medicine departments from UTMB about the possibility of having their residents staffing evening and Saturday clinics

## Human Resources – February 2025

	Active EE Count	Hired EE's for Month – February	Termed EE's for Month – February	Active EE Count for Prior Year February 2024	Hired EE's for Month – February 2024	Termed EE's for Month – February 2024
<b>CHW</b>	95	1	1	126	3	3

<b>Open Positions</b>	
<b>CHW</b>	0



## Turnover Rate Calculation

Month	Number of Separated Employees	Average Number of Employees	Monthly Turnover Rates (Percentage)	Quarterly Turnover Rates	Annual Turnover Rate	
January	24	95	25.3%	<div style="border: 1px solid black; padding: 2px; display: inline-block;">26.3%</div>		
February	1	95	1.1%			
March	0	97	0.0%			
April	0	97	0.0%			
May	0	97	0.0%			
June	0	97	0.0%			<div style="border: 1px solid black; padding: 2px; display: inline-block;">0.0%</div>
July	0	97	0.0%			
August	0	97	0.0%			
September	0	97	0.0%			<div style="border: 1px solid black; padding: 2px; display: inline-block;">0.0%</div>
October	0	97	0.0%			
November	0	97	0.0%			
December	0	97	0.0%			<div style="border: 1px solid black; padding: 2px; display: inline-block;">0.0%</div>

As of 03/20/25

### 2025 New Hires & Upcoming

Hire Date	Department	Job Title	Position #
01/23/25	CHW RCM	RCM Billing Specialist	CHW-RCM-003
02/03/25	CHW Administration	CHW Chief Operating Officer	CHW-ADM-001

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A Community Health Center under the Galveston County Health District

409.938.2234

COASTALHW.ORG

## Stay Protected Against Measles: Check Your Immunity at Coastal Health & Wellness

Did you know that immunity to measles can wane over time? Even if you received the MMR vaccine in the past, it's possible that your protection has diminished. The good news is that you can easily check your immunity status with a simple MMR titer test at Coastal Health & Wellness Express Lab for \$42—and you don't have to be a current patient.

This test will give you peace of mind by confirming whether you're still immune to measles, mumps, and rubella. If the results show you're not immune, you can schedule an appointment with Coastal Health & Wellness to receive your MMR vaccine.

Not covered by insurance? The Galveston County Health District Immunizations Clinic next door offers private-pay vaccines and is a participant of the Texas Vaccines for Children (TVFC) and Adult Safety Net (ASN) programs.

Don't wait—protect yourself and your community by checking your immunity.



## ADULTS CAN GET MEASLES TOO!

Check your immunity with titers.

Coastal Health & Wellness offers Express Lab testing to check your Measles immunity with the MMR titer.

MMR titers are \$42 with results in a few days. You do NOT have to be a patient to test your immunity at CHW.

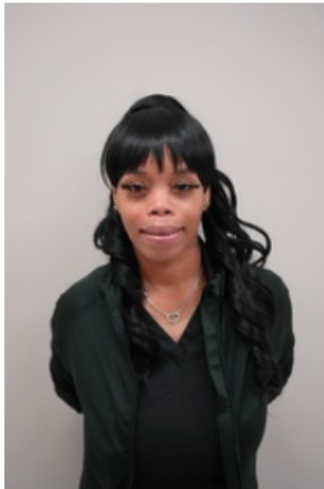


COASTALHW.ORG  
GCHD.ORG



## Meet the Team: Employee Shout Outs

Meet the team! Every week an employee from the Galveston County Health District, including Coastal Health & Wellness (CHW), Animal Resource Center, and Galveston Area Ambulance Authority, is highlighted on all platforms. Below is the highlighted CHW employee for the month.



### Meet LaTonya Jones!

LaTonya is a Certified Medical Assistant III for Coastal Health & Wellness, a Community Health Center under GCHD. She joined us five years ago and has been in her field since.

Where are you from?

"La Marque, Texas"

What is your favorite part of your job?

"My favorite part of my job is being able to help patients."

What is one fun fact about you?

"I really think I can rap, so before I turn 50, I will make a rap album, lol."

If your life were a movie, what would the title be?

"Oh No, Ma'am. Who are you talking to??"

We asked LaTonya what is something you would like everyone to know about your job/ department they may not know. She replied, "We see all types of patients, and it can get overwhelming sometimes, but with the great team that I'm thankful to work with, it makes our job run smoothly."

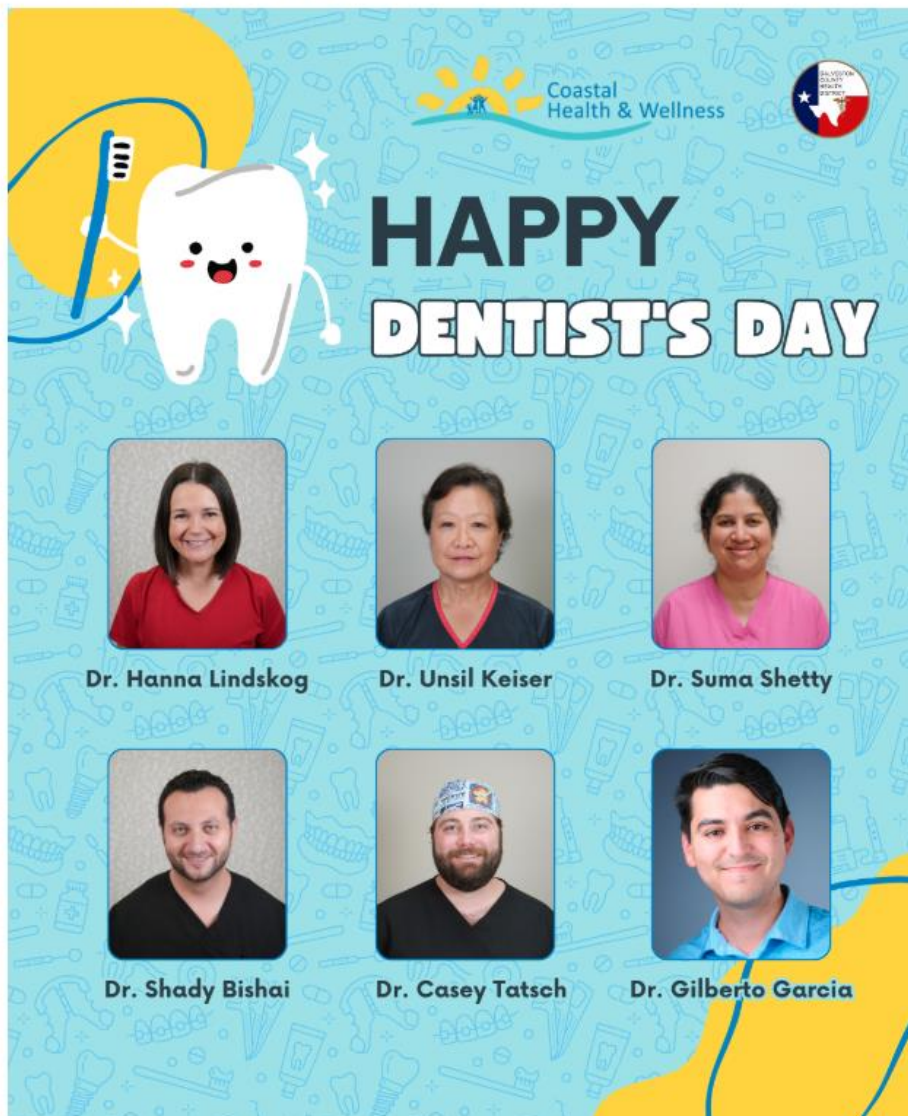
## Celebrating National Dentist's Day: A Big Thank You to Our Oral Health Heroes!

On March 6, National Dentist's Day, we took the opportunity to reflect on the important role that dentists play in our overall health. Dentists not only help us maintain good oral hygiene through regular cleanings and check-ups, but they also detect early signs of health issues such as gum disease, cavities, and even more serious conditions like oral cancer.

Routine dental visits can prevent many health problems by addressing them before they become more serious. Whether it's a routine cleaning, a filling, or even more complex procedures, dentists work to ensure that we maintain healthy teeth and gums, which in turn supports our overall well-being.

We are grateful for the hard work and expertise of our dental professionals. Thank you to our dedicated CHW dentists: Dental Director Hanna Lindskog, DDS; Unsil Keiser, DDS; Suma Shetty, DDS; Shady Bishai, DDS; Casey Tatsch, DDS; and Gilberto Garcia, DDS.

If you haven't done so already, make sure to schedule your next dental check-up to keep your smile and health in top shape!



## Coastal Health & Wellness Celebrates Dental Assistant Recognition Week

From March 2-8, we had the honor of celebrating Dental Assistant Recognition Week—a time to recognize and appreciate the vital role dental assistants play in the success of dental practices and patient care. These dedicated professionals are often the unsung heroes of the dental world, working behind the scenes to ensure everything runs smoothly.

Dental assistants support dentists in a variety of ways, from preparing instruments and assisting during procedures to helping patients feel comfortable and informed. Their expertise, professionalism, and compassion are essential in providing high-quality care and making each visit a positive experience for patients here at Coastal Health & Wellness.

We want to thank all our dental assistants for their hard work, dedication, and unwavering commitment to excellence in oral health care. Your contributions are truly invaluable, and we appreciate all that you do every day!

From top left to bottom right, pictured are: Alexis Hernandez, Kirsten Saddler, Angela Salazar, Elizabeth Sirju, Erica Dickey, Joaquin Hernandez, Beatriz Soliz, Gabriella Trevino, and Shelby Salazar.

**DENTAL ASSISTANT RECOGNITION WEEK**

Coastal Health & Wellness

Alexis Hernandez  
Kirsten Saddler  
Angela Salazar  
Elizabeth Sirju  
Erica Dickey  
Joaquin Hernandez  
Beatriz Soliz  
Gabriella Trevino  
Shelby Salazar

Coastal Health & Wellness is a community health center under the Galveston County Health District.

WWW.GCHD.ORG

Facebook, Instagram, LinkedIn, X, YouTube

## **March is Colorectal Cancer Awareness Month: The Importance of Screening, Prevention, and Early Detection**

March is Colorectal Cancer Awareness Month, a time to emphasize the critical role of screening in the fight against colon and rectal cancer. Colorectal cancer is one of the most preventable cancers, yet it is the number one cause of cancer-related deaths in men under 50. The good news is that when caught early through regular screenings, it is highly treatable and even preventable in some cases.

While colonoscopy remains the gold standard for colorectal cancer screening, noninvasive options like the fecal immunochemical test (FIT) are highly recommended for average-risk patients aged 45 and older. At Coastal Health & Wellness, we offer FIT testing as a simple, effective, and convenient way to screen for potential issues before they become serious.

If you're over 45, or have a family history of colorectal cancer, now is the time to take action. Schedule your FIT test today at Coastal Health & Wellness and take the first step toward protecting your health. Early detection can save lives!

**Colorectal cancer is  
the #1 cause of  
cancer death in men  
under 50**

#ColorectalCancerAwarenessMonth



## American Diabetes Alert Day: Take Control of Your Health

On March 25, we recognize American Diabetes Alert Day, a day dedicated to raising awareness about the importance of understanding and managing diabetes. With over 34 million Americans living with diabetes, many are unaware of their condition. Early detection is crucial, as it can help prevent serious complications such as heart disease, kidney damage, and vision loss.

If you're at risk—whether due to factors like being overweight, having a family history of diabetes, or having high blood pressure—it's essential to get tested. Our providers at Coastal Health & Wellness can help you understand your risk and take proactive steps toward better health.

Additionally, our Chronic Care Management program is here to support you every step of the way. If you're living with diabetes or other chronic conditions, our team will work with you to create a personalized care plan, monitor your health, and help you manage your condition effectively.

Don't wait—early detection and proactive management can make all the difference in reducing your risk of diabetes and improving your quality of life. Contact Coastal Health & Wellness today to take control of your health!



## March is Endometriosis Awareness Month: Raising Awareness and Supporting Women's Health

March is Endometriosis Awareness Month, a time to bring attention to the often-overlooked condition that affects 1 in 10 women worldwide. Endometriosis occurs when tissue similar to the lining inside the uterus grows outside of it, causing chronic pain, heavy periods, and potential fertility challenges. Despite its prevalence, many women suffer in silence, unaware that help is available. Raising awareness about the symptoms, diagnosis, and treatment options is critical for improving the lives of those affected.

Common symptoms of endometriosis include:

- Chronic pelvic pain
- Painful periods
- Pain during or after sex
- Heavy or irregular bleeding
- Difficulty getting pregnant

While endometriosis is a common condition, it often takes years for women to receive a proper diagnosis. Early detection and treatment can significantly improve quality of life and fertility outcomes.

If you're experiencing symptoms of endometriosis, don't wait to seek help. At Coastal Health & Wellness, we are committed to supporting women through compassionate, comprehensive care. Our dedicated women's health team is here to listen, help you understand your condition, and work with you to find effective solutions—empowering you to live your healthiest life.

The infographic is set against a dark blue background and is divided into two sections by a vertical white line. The left section features the text "March is Endometriosis Awareness Month" in white and yellow, with a large yellow ribbon symbol below it. The right section contains the text "Endometriosis affects roughly 1 IN 10 reproductive age women and girls globally." in white and yellow. Below this text is a grid of 11 white female icons, with the first icon in the top row highlighted in yellow to represent the 1 in 10 statistic.

## Celebrating National Doctors' Day: Honoring the Heart of Healthcare

On March 30, we celebrate National Doctors' Day, a day dedicated to recognizing and appreciating the incredible work of doctors who dedicate their lives to improving the health and well-being of others. Doctors are the foundation of healthcare, offering care, support, and guidance to patients at every stage of their health journey.

At Coastal Health & Wellness, we are deeply grateful for the expertise, compassion, and commitment of our doctors. They work tirelessly to ensure that you receive the best care, whether it's through routine check-ups, managing chronic conditions, or providing critical care during difficult times.

Today, let's take a moment to thank the doctors who make a difference in our lives every day. Your dedication and hard work are truly appreciated, and we are thankful for all that you do!



**Chris Garcia, MD**

Coastal Health and Wellness Medical Director

**Specialty:** Family Medicine

**Medical School/Residency:** UTHSC Houston, John Peter Smith Hospital

**Board Certification:** American Board of Family Medicine



**Leonard Nagorski, MD**

Coastal Health & Wellness Pediatrician

**Specialty:** Pediatrics, Radiology and Nuclear Medicine

**Medical School/Residency:** Creighton University School of Medicine

**Board Certifications:** American Board of Pediatrics, American Board of Nuclear Medicine, American Board of Radiology.

## **Coastal Health & Wellness is a Proud Member of the Association for Dental Safety**

Coastal Health & Wellness is proud to announce its membership in the Association for Dental Safety (ADS) for 2025. As a trusted provider of dental and wellness services, Coastal Health & Wellness is committed to maintaining the highest standards of patient care and safety.

By joining the ADS, Coastal Health & Wellness aligns with a network of professionals and organizations that share a common goal of promoting safety, excellence, and ongoing education in dental care. The Association for Dental Safety is known for its rigorous focus on guidelines that enhance dental infection prevention and patient and provider safety.

As a member of the ADS, Coastal Health & Wellness continues to prioritize the health and safety of its patients, ensuring that they receive the highest quality of care in a safe and supportive environment.

## **2025 Proud Member of**



## Connect with us on social media!

Stay connected! Follow Coastal Health & Wellness on Facebook and LinkedIn for updates, resources, and support.

Facebook: @CoastalHealthWellness

LinkedIn: @coastal-health-wellness



A banner with a blue background and a yellow and white curved graphic on the right. The text "Connect with us on social media!" is written in white. To the right of the text is the Coastal Health & Wellness logo, which features a stylized sun with rays and the text "Coastal Health & Wellness". Below the logo are two social media icons: a Facebook icon with the handle "@CoastalHealthWellness" and a LinkedIn icon with the handle "@coastal-health-wellness".

### Telehealth visits offer convenient care

Did you know Coastal Health & Wellness offers Telehealth patient visits to better serve you?

As your trusted Primary Care Medical Home, we strive to do all we can to ensure the health and safety of our patients and providers.

Telehealth visits are an easy, convenient way for you to talk with your provider without having to leave your house or travel to the clinic. It is a secure, internet application that allows you to privately discuss your concerns with your provider.

Learn more about our telehealth visit service or call us at 409.938.2234 if you have any questions.

### Coastal Health & Wellness is committed to providing high quality healthcare to all

**Medical Care:** Primary care including well-child visits, women's health, family planning, annual physicals, chronic disease management and more.

**Dental Care:** Basic dental services including cleanings and tooth extractions. Ask us about affordable dentures, root canals and crowns.

**Counseling:** Confidential one-on-one therapy for mild to moderate mental health conditions, including depression and anxiety.

[Click here to learn more about CHW services.](#)

[Click here to learn more about becoming a patient.](#)

[Click here to meet our CHW providers.](#)



# COASTAL HEALTH & WELLNESS

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**GOVERNING BOARD**

9850-A.106 Boardroom Emmett F. Lowry Expressway, Texas City

**Governing Board  
March 2025  
Item #11  
Comments from Board Members**

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