AGENDA
Wednesday, December 5, 2018 – 6:00 PM

CONSENT AGENDA: ALL ITEMS MARKED WITH A SINGLE ASTERICK (*) ARE PART OF THE CONSENT AGENDA AND REQUIRE NO DELIBERATION BY THE UNITED BOARD OF HEALTH. ANY BOARD MEMBER MAY REMOVE AN ITEM FROM THIS AGENDA TO BE CONSIDERED SEPARATELY.

PROCEED TO BOTTOM OF THIS DOCUMENT FOR APPEARANCE & EXECUTIVE SESSION GUIDELINES

In accordance with the provisions of the Americans with Disabilities Act (ADA), persons in need of a special accommodation in order to participate in this proceeding should, within two (2) days prior to the proceeding, request necessary accommodations by contacting GCHD’s Executive Office Coordinator at 409-938-2273, or via email at awolff@gchd.org.

ANY MEMBERS NEEDING TO BE REACHED DURING THE MEETING MAY BE CONTACTED AT 409-938-2288

REGULARLY SCHEDULED MEETING

Meeting Called to Order
Pledge of Allegiance

*Item #1 ACTION ...................................................Agenda

*Item #2 ACTION ...................................................Excused Absence(s)

*Item #3 ACTION ...................................................Consider for Approval Minutes from October 31, 2018 UBOH Meeting

*Item #4 ACTION ...................................................Consider for Approval City of Bayou Vista’s Appointment to the Animal Services Advisory Committee

*Item #5 .................................................................Receive and File Informational Reports
  a) Morbidity Report
  b) Proposed 2019 Board Meeting Dates
  c) Preliminary September 2018 CHW Financial Report
  d) Letter of Support from UBOH to MAMMA

Item #6................................................................. Executive Report

Item #7 ACTION ...................................................Consider for Approval October 2018 Financial Report

Item #8 ACTION ...................................................Consider for Approval Annual Fund Balance Reserve of the General Fund as of September 30, 2018

Item #9 ACTION ...................................................Consider for Approval IGT Payment Not to Exceed $155,000 as Related to the 1115 Waiver Project

Item #10 ACTION ...................................................Consider for Approval Mid County Annex Parking Lot Security Guard Proposal

Item #11 ACTION ...................................................Consider the Tracking and Reporting of Incidents Related to Opioid Use in Galveston County
Item #12 **ACTION** .................................................................Consider for Approval the Election of UBOH Representatives to Serve in the Following Positions for 2019:

a. UBOH Chairperson  
b. UBOH Vice Chairperson  
c. UBOH Secretary / Treasurer

Item #13.................................................................Communication Plan for the 2019 “It’s Time Texas Community Challenge”

Item #14.................................................................2018 Employee Engagement Survey Report

**Adjournment**

**Next Meeting: January 30, 2019**

**Appearances before United Board of Health**

A citizen desiring to make comment to the Board shall submit a written request to the Chief Executive Officer by noon on the Wednesday preceding the Wednesday Board meeting. A statement of the nature of the matter to be considered shall accompany the request. The Chief Executive Officer shall include the requested appearance on the agenda, and the person shall be heard if he or she appears.

**Executive Sessions**

The United Board of Health may recess into closed meeting (Executive Session) on any item listed on this agenda if the Executive Session is authorized under the Open Meetings Act pursuant to one or more the following exceptions: Tex. Gov’t Code §§ 551.071 (consultation with attorney), 551.072 (deliberation regarding real property), 551.073 (deliberation regarding a prospective gift or donation), 551.074 (personnel matters), 551.0745 (personnel matters affecting County advisory body), 551.076 (deliberation regarding security devices or security audits), and/or 551.087 (deliberations regarding economic development negotiations). The Presiding Officer of the United Board of Health shall announce the basis for the Executive Session prior to recessing into Executive Session. However, the United Board of Health may only enter into the Executive Session on any agenda item for which a separate Executive Session has not been separately posted if, prior to conducting the Executive Session, a majority of the Board votes to go into Executive Session. This motion requirement does not apply to any agenda item that has been previously noticed to constitute or include an Executive Session.

The steps for enacting this procedure shall be as follows:

1. *A Board member recommends that the discussion, so long as it pertains to one of the permissible exceptions noted above, be moved to a closed forum;*

2. *Additional detail about the subject-matter and why it should be discussed by the Board in private be provided to citizens in attendance, and citizens be offered the opportunity to ask questions about the matter which are to be answered at the discretion of the Board; and*

3. *An action or vote to commence for moving into Executive Session be passed by a majority Board members.*
United Board of Health
December 2018
Item #2
Excused Absence(s)
United Board of Health
December 2018
Item #3
Consider for Approval Minutes from October 31, 2018 UBOH Meeting
Galveston County United Board of Health
October 31, 2018

Board Members
Present:  
Dr. Raimer  
Eric Froeschner  
Tim Rainey  
Vanessa Johnson, Esq.  
Mary Jo Godinich, MD  
Holly Lilley  
Della Brown, RN  
Dewey H. Brunt III, P.E.  
John Hackbarth, DDS  
Patrick McGinnis, MD

Excused Absence(s): Tripp Montalbo and Curtis Klages DVM

Unexcused Absence(s): None

Guests: Robert Booth, Bonnie Jenson (MAMMA) and Debbie Branch (MAMMA)

Items # 1-7 Consent Agenda
A motion was made by Mr. Rainey to approve the consent agenda items one through eight. Dr. Klages seconded the motion and the Board unanimously approved the consent agenda items.

Item #8 Executive Session
Texas Government Code Section 551.071, Consultation with Attorney: the Galveston County Health District United Board of Health will enter into an executive session as permitted under the Texas Open Meetings Act, Chapter 551 of the Texas Government Code, pursuant to Section 551.071 of the Government Code: to seek the advice of its attorney about pending or contemplated litigation or on a matter in which the duty of the attorney to the Galveston County Health District under the Texas Disciplinary Rules of Professional Conduct of the State Bar of Texas clearly conflicts with the Open Meetings Act relating to 18- CV-1416; ex rel. Ernest Jenkins v. The Galveston County Health District.

Item #9 Reconvene Regular Open Meeting
The Open meeting was reconvened at 6:26.

Item #10 Possible Action from Executive Session
No action.

Item #11 Executive Session
Kathy Barroso, Chief Executive Officer, presented the October 2018 Executive Report to the Board.
Item #12 Consider for Approval Preliminary September 2018 Financial Committee Report
Andrea Cortinas, Controller, presented the preliminary September 2018 financial report to the Board. A motion to approve the preliminary financial report as presented was made by Mr. Rainey and seconded by Dr. Godinich. The Board unanimously approved the financial report.

Item #13 Consider for Approval Quarterly Compliance Report
Richard Mosquera, Chief Compliance Officer, presented the quarterly compliance report. A motion to approve the report as presented was made by Dr. Hackbarth and seconded by Mr. Rainey. The Board unanimously approved the compliance report.

Item #14 Report from Sub Committee Regarding Mothers Advocating Medical Marijuana for Autism (MAMMA)
On behalf of the subcommittee formed to come up with a recommendation for the MAMMA group, Dr. Godinich asked the board to approve the following statement; “The Galveston County United Board of Health is not opposed to any formalized research pathway that would explore Schedule I medications for appropriate medical uses.” Mr. Rainey made a motion that the statement be included in a letter adding” with our limited research, we are behind this group going forward.” Dr. McGinnis seconded the motion and the Board unanimously approved.

Item #15 Report from the UBOH Bylaws Subcommittee on Proposed Changes to the UBOH Bylaws
Dr. McGinnis and Mr. Rainey provided an update on the proposed changes to the UBOH Bylaws. Mr. Rainey made a motion to move forward in taking the proposed changes to Commissioner Court for their review. Dr. Godinich seconded the motion and the Board unanimously approved. Dr. Hackbarth made an amendment to the motion to include asking the County to add two additional interested citizen positions to the Board. Mr. Rainey seconded the amendment and the board unanimously approved.

Chair/Vice-Chairperson

Secretary/Treasurer

Date

Date

Back to Agenda
United Board of Health
December 2018
Item #4
Consider for Approval City of Bayou Vista’s Appointment to the Animal Services Advisory Committee
Consider for Approval City of Bayou Vista’s Appointment to the Animal Services Advisory Committee

New term for member will be 10-01-17 to 9-30-2019

CITY OF BAYOU VISTA

Alternate:
James L Cook III
Address: 2929 Hwy. 6, Suite 100
Bayou Vista, Texas 77563
Phone: 832-228-7063
Email: jlc3bv@gmail.com
Term Expires 9-30-19

Back to Agenda
United Board of Health
December 2018
Item #5
Receive and File Informational Reports
### Public Health Services · Coastal Health & Wellness · Emergency Medical Services · Animal Resource Center

The Galveston County Health District (GCHD) is the local public health agency for Galveston County, Texas. GCHD provides services and programs that protect the everyday health and well-being of Galveston County.

**P.O. Box 939 La Marque, Texas 77568 • (409) 938-7221**

www.gchd.org

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<table>
<thead>
<tr>
<th>Disease</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
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<td>AIDS*</td>
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<td>9</td>
<td>10</td>
<td>*10</td>
<td>*3</td>
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<td>13</td>
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<td>Hepatitis, type B (acute)</td>
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<td>Hepatitis, type C (acute)**</td>
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<td>37</td>
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<td>*23</td>
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<td>Influenza associated Pedi death</td>
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<td>1</td>
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<td>Salmonellosis</td>
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<td>Shigellosis</td>
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<td>6</td>
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<tr>
<td>Strep. Infection, invasive group A</td>
<td>9</td>
<td>35</td>
<td>34</td>
<td>13</td>
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<td>Strep. Infection, invasive group B</td>
<td>18</td>
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<td>Strep. Infection, invasive pneumo.</td>
<td>9</td>
<td>23</td>
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<td>16</td>
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<tr>
<td>Syphilis</td>
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<td>16</td>
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<td>13</td>
<td>7</td>
<td>12</td>
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<tr>
<td>Typhoid Fever</td>
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<tr>
<td>Typhus Fever</td>
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<td>8</td>
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<td>17</td>
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<td>Varicella (Chickenpox)</td>
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<td>Vibrio infection</td>
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<td>Foodborne illness complaints</td>
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<td>49</td>
<td>50</td>
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<td>Rabies in animals</td>
<td>10</td>
<td>7</td>
<td>3</td>
<td>5</td>
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</tr>
</tbody>
</table>

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**Data subject to change, reflecting recent entry of information received from reporting sources.**

*Please note: AIDS and HIV numbers are preliminary reports; therefore, these numbers are subject to change until CDC issues final report.

**From 1/2013 onward only acute Hepatitis C cases will be counted. ***From 1/2016 onward All Invasive Haemophilus Influenzae will be counted.
United Board of Health
2019 Meeting Dates at 6:00 pm

January 30, 2019

February 27, 2019

March 27, 2019

April 24, 2019

May 29, 2019

June 26, 2019

July 31, 2019

August 28, 2019

September 25, 2019

October 30, 2019

December 4, 2019
(November & December meeting combined)
COASTAL HEALTH & WELLNESS

Governing Board

FINANCIAL SUMMARY

For the Period Ending September 30, 2018

November 1, 2018

GCHD Board Room | 9850-A Emmett F. Lowry Expy. | Texas City, TX  77591
CHW - BALANCE SHEET as of September 30, 2018

**ASSETS**

<table>
<thead>
<tr>
<th>Current Month Sep-18</th>
<th>Prior Month Aug-18</th>
<th>Increase (Decrease)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash &amp; Cash Equivalents</td>
<td>$5,317,550</td>
<td>$5,344,150</td>
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<tr>
<td>Accounts Receivable</td>
<td>2,726,548</td>
<td>2,561,994</td>
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<tr>
<td>Allowance For Bad Debt</td>
<td>(1,268,441)</td>
<td>(1,291,546)</td>
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<tr>
<td>Pre-Paid Expenses</td>
<td>85,248</td>
<td>196,453</td>
</tr>
<tr>
<td>Due To / From</td>
<td>7,799</td>
<td>(47,617)</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>$6,868,704</td>
<td>$6,763,433</td>
</tr>
</tbody>
</table>

**LIABILITIES**

| Accounts Payable | $99,084 | $65,929 | $33,155 |
| Accrued Salaries | 214,993 | 277,658 | (62,665) |
| Deferred Revenues | 32,815 | 103,243 | (70,428) |
| **Total Liabilities** | $346,892 | $446,830 | ($99,938) |

**FUND BALANCE**

- **Fund Balance**: $6,260,513
- **Current Change**: 6261,299 - 56,091 = $205,208
- **Total Fund Balance**: $6,521,812

**TOTAL LIABILITIES & FUND BALANCE**

- **Current Month**: $6,868,704
- **Prior Month**: $6,763,433
- **Increase (Decrease)**: $105,271

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**CHW - REVENUE & EXPENSES** as of September 30, 2018

**Revenue**

<table>
<thead>
<tr>
<th>Actual Sep-18</th>
<th>Budgeted Sep-18</th>
<th>PTD Budget Variance</th>
<th>YTD Budget Variance</th>
</tr>
</thead>
<tbody>
<tr>
<td>County Revenue</td>
<td>$324,070</td>
<td>$324,070</td>
<td>($0)</td>
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<tr>
<td>DSRIP Revenue</td>
<td>0</td>
<td>79,167</td>
<td>(79,167)</td>
</tr>
<tr>
<td>HHS Grant Revenue</td>
<td>367,951</td>
<td>260,617</td>
<td>107,335</td>
</tr>
<tr>
<td>Patient Revenue</td>
<td>1,322,962</td>
<td>1,352,449</td>
<td>170,513</td>
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<tr>
<td>Other Revenue</td>
<td>75,956</td>
<td>11,187</td>
<td>64,808</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td>$2,290,979</td>
<td>$2,027,490</td>
<td>$263,490</td>
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**Expenses**

<table>
<thead>
<tr>
<th>Actual Sep-18</th>
<th>Budgeted Sep-18</th>
<th>PTD Budget Variance</th>
<th>YTD Budget Variance</th>
</tr>
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<tbody>
<tr>
<td>Personnel</td>
<td>$532,482</td>
<td>$652,685</td>
<td>$120,203</td>
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<td>Contractual</td>
<td>56,449</td>
<td>60,260</td>
<td>3,811</td>
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<td>IGT Reimbursement</td>
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<td>37,500</td>
<td>37,500</td>
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<tr>
<td>Supplies</td>
<td>143,055</td>
<td>106,449</td>
<td>(36,615)</td>
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<tr>
<td>Travel</td>
<td>3,909</td>
<td>2,510</td>
<td>(1,398)</td>
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<tr>
<td>Bad Debt Expense</td>
<td>1,268,677</td>
<td>1,084,467</td>
<td>184,210</td>
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<tr>
<td>Other</td>
<td>81,199</td>
<td>83,628</td>
<td>2,429</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>$2,085,771</td>
<td>$2,027,490</td>
<td>($58,281)</td>
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**CHANGE IN NET ASSETS**

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<tr>
<th>Actual Sep-18</th>
<th>Budgeted Sep-18</th>
<th>PTD Budget Variance</th>
<th>YTD Budget Variance</th>
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</thead>
<tbody>
<tr>
<td>$205,209</td>
<td>$0</td>
<td>$205,209</td>
<td>$261,299</td>
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</tbody>
</table>

**HIGHLIGHTS**

- MTD increase in Fund Balance of $205,208.
- Revenues were $263,490 higher than budgeted this month. YTD revenues related to Medicaid, Medicare and Contract Revenue were all higher than budgeted. YTD Private Insurance is slightly less than budgeted.
- Expenses were ($58,281) higher MTD than budgeted. Bad Debt expense is recorded higher than budgeted.
- YTD increase in fund balance of $261,299. Total fund balance $6,521,812 as of 9/30/18.
<table>
<thead>
<tr>
<th>Description</th>
<th>Period Ending</th>
<th>MTD Budget</th>
<th>MTD Budget Variance</th>
<th>YTD Actual</th>
<th>YTD Budget</th>
<th>YTD Budget Variance</th>
<th>Annual Budget</th>
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<tr>
<td><strong>REVENUE</strong></td>
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</tr>
<tr>
<td>HHS GRANT REVENUE - Federal</td>
<td>$367,951</td>
<td>$260,617</td>
<td>$107,335</td>
<td>$1,563,003</td>
<td>$1,563,700</td>
<td>($697)</td>
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<th>MTD Budget Variance</th>
<th>YTD Actual</th>
<th>YTD Budget</th>
<th>YTD Budget Variance</th>
<th>Annual Budget</th>
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**Total Revenue** $2,290,979 $2,027,490 $263,490 $13,335,537 $12,166,399 $1,170,598 $24,329,877
Coastal Health & Wellness  
Statement of Revenue and Expenses for the Period ending Sept 31, 2018

<table>
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<th>Description</th>
<th>Period Ending</th>
<th>MTD Budget</th>
<th>MTD Budget Variance</th>
<th>YTD Budget</th>
<th>YTD Budget Variance</th>
<th>YTD Budget Actual</th>
<th>Annual Budget</th>
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**Total Expenses**  
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$2,027,490  
$58,281  
$13,074,239  
$12,164,939  
$909,301  
$24,329,877

**Net Change in Fund Balance**  
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$205,208  
$261,297  
$0  
$261,297  
$0
### Medical Visits

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### Dental Visits

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### Counseling Visits

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<tr>
<td>Aug</td>
<td>38</td>
<td>66</td>
</tr>
<tr>
<td>Sept</td>
<td>32</td>
<td>64</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>635</td>
<td>729</td>
</tr>
</tbody>
</table>
### Vists by Financial Class - Actual vs. Budget
As of September 30, 2018 (Grant Year 4/1/18-3/31/19)

<table>
<thead>
<tr>
<th></th>
<th>Annual HRSA Grant Budget</th>
<th>MTD Actual</th>
<th>MTD Budget</th>
<th>Over/(Under) MTD Budget</th>
<th>YTD Actual</th>
<th>YTD Budget</th>
<th>Over/(Under) YTD Budget</th>
<th>% Over/ (Under) YTD Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid</td>
<td>4,379</td>
<td>178</td>
<td>365</td>
<td>(187)</td>
<td>1,041</td>
<td>2,190</td>
<td>(1,149)</td>
<td>-52%</td>
</tr>
<tr>
<td>Medicare</td>
<td>3,703</td>
<td>255</td>
<td>309</td>
<td>(54)</td>
<td>1,586</td>
<td>1,852</td>
<td>(266)</td>
<td>-14%</td>
</tr>
<tr>
<td>Other Public (Title V, Contract)</td>
<td>1,064</td>
<td>105</td>
<td>89</td>
<td>16</td>
<td>719</td>
<td>532</td>
<td>187</td>
<td>35%</td>
</tr>
<tr>
<td>Private Insurance</td>
<td>3,417</td>
<td>130</td>
<td>285</td>
<td>(155)</td>
<td>803</td>
<td>1,709</td>
<td>(906)</td>
<td>-53%</td>
</tr>
<tr>
<td>Self Pay</td>
<td>30,379</td>
<td>1,940</td>
<td>2,532</td>
<td>(592)</td>
<td>12,170</td>
<td>15,190</td>
<td>(3,020)</td>
<td>-20%</td>
</tr>
<tr>
<td></td>
<td>42,942</td>
<td>2,608</td>
<td>3,579</td>
<td>(971)</td>
<td>16,319</td>
<td>21,471</td>
<td>(5,152)</td>
<td>-24%</td>
</tr>
</tbody>
</table>

### Unduplicated Patients - Current vs. Prior Year
UDS Data Calendar Year
January through December

<table>
<thead>
<tr>
<th></th>
<th>Current Year Annual Target</th>
<th>Jan - Sept 2017 Actual</th>
<th>Jan - Sept 2018 Actual</th>
<th>(Decrease) Prior Year</th>
<th>% of Annual Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unduplicated Patients</td>
<td>16,345</td>
<td>11,722</td>
<td>10,825</td>
<td>(897)</td>
<td>66%</td>
</tr>
</tbody>
</table>

### Unduplicated Patients - Current vs. Prior Year
HRSA Grant Year
April through March

<table>
<thead>
<tr>
<th></th>
<th>Annual HRSA Grant Budget</th>
<th>Apr - Sept 2017 Actual</th>
<th>Apr - Sept 2018 Actual</th>
<th>(Decrease) Prior Year</th>
<th>% of Annual Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unduplicated Patients</td>
<td>14,198</td>
<td>9,546</td>
<td>7,836</td>
<td>(1,710)</td>
<td>55%</td>
</tr>
</tbody>
</table>

* The Texas City Dental Clinic reopened on April 16, 2018.
November 14, 2018

To Whom It May Concern:

The Galveston County United Board of Health would like to respond to the September 26, 2018 presentation from the Mother’s Advocating Medical Marijuana in Autism with support in seeking expansion of the Texas compassionate use program. The Galveston County United Board of Health is not opposed to any formalized research pathway that would explore Schedule I medications for appropriate medical uses and encourages MAMMA to move forward in their mission.

Sincerely,

United Board of Health

Ben G. Raimer, MD
Chairman

Mary Jo Godinich, MD

Date

Public Health Services • Coastal Health & Wellness • Emergency Medical Services • Animal Resource Center

The Galveston County Health District (GCHD) is the local public health agency for Galveston County, Texas. GCHD provides services and programs that protect the everyday health and well-being of Galveston County.

P.O. Box 939 La Marque, Texas 77568 • (409) 938-7221

www.gchd.org
United Board of Health
December 2018
Item #6
Executive Report
Galveston County Health District (GCHD) launched its newest initiative - Healthy Eating, Active Living (HEAL) - with a free, family-fun event Nov. 17.

HEAL came about as the health district began developing its 2017-2022 Strategic Health Plan. Obesity is a serious health problem in the United States and HEAL is a way GCHD can combat that on a local level.

“We sent out a survey to our clients, stakeholders and the community, asking them about their dietary and exercise habits. We wanted to know how they rated their eating habits, how often they exercised and what kept them from living a healthier life,” GCHD CEO Kathy Barroso said.

GCHD learned lack of time and motivation were the primary reasons why those surveyed did not engage in healthy diet and exercise habits. In response, GCHD is developing a HEAL section on its website, www.gchd.org.

“The HEAL section will follow up on a lot of the feedback we received from the survey. It will include monthly exercise videos you can do at home, cooking videos for adults and children, healthy recipes and tips for shopping on a budget,” said Ashley Tompkins, GCHD director of communications. “We’re also linking to walking trails in the community.”

HEAL will also include videos on how to read a nutrition label and how to pick the best ingredients while shopping, regardless of your budget. Food storage tips, nutritional infographics and examples of different eating styles will also be featured. There’s even a page dedicated solely to diabetes.

The HEAL section of the website will launch soon and will be updated on a regular basis with new videos, recipes and tips for leading a healthy lifestyle.
GCHD launches HEAL with community fair event

Thank you to the following businesses and agency’s that helped launch Healthy Eating, Active Living (HEAL) with a family-fun community fair event on Nov. 17:

- Amerigroup
- Coastal Health & Wellness
- DePelchin Children’s Center
- DJ Andrew Vela
- Family Service Center of Galveston County - Mainland
- Fatty Liver Foundation
- Food for Thought
- Friday Texas
- FunShine Entertainment
- Galveston County Animal Resource Center
- Galveston County CERT
- Galveston County Food Bank
- Galveston County Health District EMS
- Galveston County Health District HIV/STD Services
- Galveston County Health District MRC
- Galveston County Health District WIC
- Galveston County Master Gardeners
- Gulf Coast Center
- HEB
- Iron Den Gym
- Maximus Insurance Agency
- Peak Performance
- Sam’s Club
- Santa Fe ISD
- Smoothie Strong
- Star BBQ
- St. Vincent’s House
- Texas City Fire Department
- Texas City Police Explorers
- UnitedHealthcare Community Health Plan
- Walmart Vision Center
- Women’s Center
GCHD launches HEAL with community fair event
The Galveston County Health District (GCHD) is excited to again encourage community participation in the It’s Time Texas Community Challenge.

The statewide competition, which runs Jan. 7-March 3, gets individuals, cities, school districts, businesses and organizations to earn points for their communities by making healthy choices.

“We look forward to championing the community challenge here in Galveston County,” said Kathy Barroso, GCHD CEO. “This is a great way for people to increase healthy activity while having a friendly competition with neighboring communities.”

There are a number of ways for participants to earn points in the challenge. Individuals can log healthy activities, track weight and post healthy selfies. Cities, school districts, organizations and businesses can earn points by creating challenge videos, signing pledges, hosting events and more.

Participants log and earn points online at ittcommunitychallenge.com. Points are accumulated according to city of residency, which are categorized by size.

“This challenge fits perfectly with one of our strategic goals of addressing obesity in Galveston County through our newest initiative, Healthy Eating, Active Living (HEAL),” Barroso said. “HEAL will launch at www.gchd.org just in time for the It’s Time Texas Community Challenge.”

GCHD will provide more information about the challenge leading up to the Jan. 7 kick-off.

Be sure to also check out GCHD on Facebook and Twitter during the competition for weekly point totals by community and ways to earn points!

HIV/STD Services earns Jim Hilton Service Award

Galveston County Health District’s (GCHD) HIV/STD Services department was awarded the inaugural Jim Hilton Service Award at the 2018 Texas HIV/STD Conference by Texas Health and Human Services and Texas Department of State Health Services.

The award honors Hilton, who dedicated more than 45 years at GCHD, and his commitment to public health through disease intervention and surveillance. Hilton’s dedication, passion and energy is greatly missed.

His authentic passion for the communities he served are obvious every day. Through his work with the HIV/STD Services department, Hilton touched thousands of lives and saved many along the way.
If you haven’t received your flu vaccine yet, now is the time.

Dec. 2-8 marks National Influenza Vaccination Week and as long as flu viruses are spreading and causing illness, vaccination still provides the best protection against the flu.

Already, 514 flu cases have been reported to the health district during Oct. 1-Nov. 28.

People 6 months and older should be vaccinated for the flu. Vaccination is especially important for certain high-risk groups including those age 65 and older, pregnant women, young children and those with chronic health conditions, who are at higher risk for complications or even death if they get the flu.

Vaccination is also important for health care workers and others who live with or care for high risk people to keep from spreading the flu to them.

“It’s important to know the flu vaccine does not cause flu illness, as some may think,” said Dawley. “The viruses in the flu shot are inactivated, meaning they are dead, so they cannot cause an infection.”

The flu vaccine is currently available at the Galveston County Health District (GCHD) Immunization Clinic, 9850-B Emmett F. Lowry Expressway in Texas City. The clinic is walk-in and open Monday-Friday 8 a.m.-5 p.m. with extended hours on Tuesday to 7 p.m. Flu shots are $34 each. Medicare and Blue Cross Blue Shield, cash, check, debit and credit cards are accepted. For more information, call 409-949-3459.

Remember to stop spread of the flu and other illnesses by covering all coughs and sneezes with elbows, washing hands frequently, disinfecting commonly touched surfaces and staying home when sick.

Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people, especially children, may have vomiting and diarrhea. People may also be infected with flu and have respiratory symptoms without a fever.

“The flu vaccine can reduce flu illness and flu-related hospitalizations. Flu vaccinations can reduce doctor visits, missed days at work and missed days at school,” Dawley added. “It is important to get your flu vaccine each year. Your immune protection from vaccination drops over time so yearly vaccines help make sure you have the best protection available against the flu.”

Take every day preventive actions to stop the spread of germs:

• Try to avoid close contact with those who are sick.
• While sick, limit contact with others as much as possible to keep from infecting them.
• If sick with flu-like illness, stay home for at least 24 hours after the fever is gone, except to get medical care or for other necessities.
• Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue away after use and wash hands.
• Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
• Avoid touching eyes, nose and mouth. Germs spread this way.
• Clean and disinfect surfaces and objects that may be contaminated with germs like flu.

Season is expected to pick up in coming weeks

Don’t skip out on flu vaccine this year
The Galveston County Animal Resource Center (ARC) is happy to host a monthly low-cost pet vaccination clinic on Dec. 8, noon-3 p.m.

The event is open to residents of any city and also includes pet microchipping and county registration.

Low-cost vaccinations, flea control and heartworm testing and treatment services through ARC range from $15 for a rabies vaccine for both dogs and cats to $50 for the dog package and $35 for the cat package. Specific pricing is online at www.gchd.org/arc.

Microchips are available for all cats and dogs, regardless of jurisdiction, for just $20 each.

County regulation requires pet owners who live in the municipalities served by the ARC (Bayou Vista, Hitchcock, Kemah, La Marque, Texas City, Tiki Island and unincorporated Galveston County) to register their pets. There is no registration fee for pets that are already microchipped.

Registration for pets that are not microchipped is $20 and includes a microchip. The fee is $15 for pet owners age 65 and older.

Clinics take place at ARC, located at 3412 25th Avenue North (Loop 197 North) in Texas City.

Appointments are not needed. Cash, check and major credit cards are accepted.

For more information, call the ARC at 409-948-2485. For a schedule of upcoming clinics, visit www.gchd.org/ARC.

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**Five tips for eating healthier this holiday season**

'Tis the season for family, festivity and food - a lot of food. Temptations are everywhere, and parties and travel disrupt daily routines. What's more, it all goes on for weeks!

How do you stick to your meal plan when everyone around you seems to be splurging? Here are five tips that can help.

**Holiday-proof your plan**

You may not be able to control what food you're served, and you're bound to see other people eating a lot of tempting treats. Meet the challenges armed with a plan:

- Eat close to your usual times to keep your blood sugar steady.
- If your meal is served later than normal, eat a small snack at your usual mealtime and eat a little less when dinner is served.
- Invited to a party? Offer to bring a healthy dish along.
- If you have a sweet treat, cut back on other carbs during the meal.
- Don't skip meals to save up for a feast. It will be harder to keep your blood sugar in control and you'll be really hungry and more likely to overeat.
- If you slip up, get right back to healthy eating with your next meal.

**Outsmart the buffet**

When you face a spread of delicious holiday food, make healthy choices easier.

- Have a small plate of the foods you like best and then move away from the buffet table.
- Start with vegetables to take the edge off your appetite. Eat slowly. It takes at least 20 minutes for your brain to realize you're full.
- Avoid or limit alcohol. If you do have an alcoholic drink, have it with food. Alcohol can lower blood sugar and interact with diabetes medicines.
- Also plan to stay on top of your blood sugar. Check it more often during the holidays and if you take medicine, ask your doctor if the amount needs to be adjusted.

**Fit in favorites**

No food is on the naughty list. Choose the dishes you really love and can't get any other time of year, like Aunt Edna's pumpkin pie. Slow down and savor a small serving and make sure to count it in your meal.

**Keep moving**

You've got a lot on your plate this time of the year and physical activity can get crowded out.

But being active is your secret holiday weapon. It can help make up for eating more than usual and reduce stress during this most stressful time of year. Get moving with friends and family, such as taking a walk after a holiday meal.

**Get your zzz's**

Going out more and staying out later often means cutting back on sleep. Sleep loss can make it harder to control your blood sugar and when you're sleep deprived you'll tend to eat more and prefer high-fat, high-sugar food.

Aim for seven-eight hours per night to guard against mindless eating.

Most of all, remember what the season is about - celebrating and connecting with the people you care about.
The Galveston County Health District and D’Feet Breast Cancer will offer free mammogram screenings to eligible women 8 a.m.-3 p.m. on the following dates and locations:

- Dec. 10 – Coastal Health & Wellness, Mid-County Annex, 9850-C Emmett F. Lowry Expressway, Texas City, Texas 77591
- Dec. 20 – Memorial Hermann – Victory, 2555 Gulf Freeway South, League City, Texas, 77573

For eligibility requirements, scheduling and more information, call 409-938-2270.

Don’t miss out on upcoming free D’FEET breast cancer screenings

Wet, Lather, Scrub: Dec. 2-8 marks National Handwashing Week

IT’S THAT SIMPLE.
Fight the Bite and defend against ZIKA.
Learn more at GCHD.ORG/ZIKA.

DRAIN

DRESS

DEFEND

WET

LATHER

SCRUB

RINSE

SOAP

VS

HAND

SANITIZER

Hand sanitizer can help when you can’t use soap, but it only gets rid of some germs, not all types!

Be sure to rub the hand sanitizer over both hands, entirely, until your hands are dry.
Happy Holidays and New Year from our family to yours!

Galveston County Health District and Animal Resource Center will be closed Monday, Dec. 24 and Tuesday, Dec. 25 in observance of Christmas.

Merry Christmas and Happy Holidays from our family to yours!

Merry Christmas and Happy Holidays from our family to yours!

Merry Christmas and Happy Holidays from our family to yours!

Merry Christmas and Happy Holidays from our family to yours!

Galveston County Health District and Animal Resource Center will be closed Monday, Dec. 24 and Tuesday, Dec. 25 in observance of Christmas.

OPEN ENROLLMENT
ENDS DECEMBER 15
for coverage that starts January 1, 2019.

Coastal Health & Wellness can help you meet the deadline.

GIVE US A CALL AT
409-978-4225
or visit us at COASTALHW.ORG
for more details.

www.gchd.org Facebook.com/GCHDinfo Twitter.com/GCHDinfo
PUBLIC HEALTH PROGRAMS

ANIMAL SERVICES
Nov. 1-Dec. 5, 2018
- There have been no reported cases of rabies.

COMMUNITY HEALTH SERVICES
Oct. 24-Nov. 27, 2018
Breast Cancer Screenings
- A total of 55 screening mammograms and 23 Clinical Breast Exams (CBE) were provided to women of Galveston County that met the requirements of both BCCS and D’Feet programs.
- Staff processed 18 referrals from providers to have patients undergo diagnostic work-ups for breast cancer evaluation.
- A total of nine patients have been diagnosed with breast cancer to date in 2018. Seven of these patients have been registered with Medicaid for treatment. The other two patients were ineligible for Medicaid and were referred to MD Anderson for treatment. Outreach for the breast cancer screening programs was conducted by public health nurses at various events they attended.

Elevated Blood Lead Level (EBLL)
- Staff conducted two EBLL visits, one in Galveston and one in La Marque.

Immunization Program
- The emphasis of the immunization program continues to be education, outreach and assisting clients in linking with their primary medical home for services, in addition to providing shots to the public.
- Immunization staff administered 761 shots during this time period, down from the 1,027 during the same time period last year. The decrease is due in part to 276 Tdap vaccines given after Hurricane Harvey last year. Only 41 Tdap vaccines were given during this time period this year.
- During this time, 18 cases of Perinatal Hepatitis B were case managed by immunization staff.
- Annual daycare and school audits have begun with two childcare audits completed this period. Texas Vaccines for Children Program staff performed two vaccine transfers, one provider withdrawal and one provider recruitment. They reviewed six vaccine loss reports, completed 29 re-enrollments and reviewed Maximum Stock levels for two providers.

HIV/STD Services
- The HIV/STD control program conducted 107 HIV, Syphilis and Hepatitis C tests from Oct. 20-Nov. 30, 2018.
  Within the testing effort, the HIV/STSD prevention team tested individuals at the Galveston County Jail and other community events in the area.
- HIV/ STD Services staff attended the Texas HIV/ STD Conference in Austin Nov. 26-28, 2018, where the department was awarded the first Jim Hilton Annual Service award, awarded to a program, individual or a CBO in the state for dedication and excellence in the public health field. The Jim Hilton Service Award was established this year by the Department of State Health Services – HIV/STD/TB/Viral Hepatitis Branch in honor of GCHD’s former HIV/ STD program manager.
Tuberculosis (TB) Control Services

- Currently the TB program is treating 11 confirmed TB cases and one new suspect case. A total of 252 doses of Directly Observed Therapy (DOT) and Directly Observed Preventive Therapy (DOPT) were delivered to clients. All current active cases are being monitored by video DOT.
- A total of 40 clients were seen in chest clinic and four field visits were conducted during this time period.

Public Health Nursing

- Weekly Diabetes 101 class continues every Wednesday at the Mid-County Annex. Topics include reading food labels, healthy shopping for diabetes, stress management and other areas of interest to group participants. The nurses have also begun individual counseling sessions for new diabetics. These have been Coastal Health & Wellness referrals as well as people who learned about the sessions from the Galveston County Daily News.
- Public health nurses continue to mentor UTMB nursing students weekly. They also taught 18 new employee hire orientations on blood borne pathogens and infection control. They also assisted with Galveston County employee flu shot clinics and provided back-up for TB clinic and medication delivery due to increased TB program activity.

Women, Infants and Children (WIC)

- Texas WIC kicked off its new statewide worksite wellness initiative – WIC Wellness Works – for WIC employees. The goal of the program is for WIC staff to incorporate wellness activities into their work and daily lives. The program will provide educational material and environmental support, with focus areas in nutrition, physical activity and stress management. As an extension of this WIC initiative, the GCHD WIC wellness coordinator will be working with the GCHD Employee Wellness Committee to incorporate these activities into the GCHD Employee Wellness Program.
- The Galveston WIC clinic recently received new furniture at its site. The Health and Human Services Commission WIC program offered additional funding for fiscal year 2018, which allowed for the purchase. The updated décor provides a more comfortable and professional atmosphere for staff and WIC families.
- The Dickinson WIC clinic has completed its first infant Incredible Years Parenting Class at its new location. The class focused on educating families on how to best promote their baby’s social, emotional and language development. Families were excited to have the course return to the Dickinson area after Hurricane Harvey. The next session will be held in early 2019 and will focus on toddlers.
- The Texas City WIC clinic has wrapped up the last cooking demonstration with Galveston’s Own Farmers Market for 2018. Classes are designed to give families ideas on how to keep meals healthy with easy recipes featuring new ingredients. Classes will resume in January 2019 at the Galveston WIC clinic.
- WIC staff served an estimated 4,142 participants in October, down 731 from November 2017.

ENVIRONMENTAL and CONSUMER HEALTH SERVICES

- Consumer Health Services continues to address concerns identified during a meeting with the Galveston Restaurant Association. Staff created an action plan to provide possible solutions to the concerns over consistency. Solutions include: quality assurance audits of all field staff, currently underway; review of food establishment inspection reports, currently underway;
development of an employee training manual; inspection checklist for field use; new employee competency checklist and audit; review of how demerits are reported online and in the Galveston County Daily News; customer service training for staff; creation of additional informational pamphlets; and an update of webpages. A full report will be brought forth to the board in January.

**EPIDEMIOLOGY/ PUBLIC HEALTH EMERGENCY PREPAREDNESS (PHEP)**

- The U.S. Food and Drug Administration is investigating a complaint from a parent of a child who contracted Salmonella, allegedly from a turtle bought at a pet store in League City. At the request of the FDA, two of GCHD’s epidemiology staff participated in the investigation of the pet store. During the investigation, it was determined that the pet store was selling turtles that were against federal regulations (less than 4-inch carapace length). The owner agreed to voluntarily stop the sale of the turtles and remove them from the store. The fine for this violation is $1,000-$2,000 per turtle.
- Typhus cases continue to rise. So far this year, 40 cases have been reported in Galveston County, compared to the 17 cases total in 2017.
- On Nov. 9, 2018, epidemiology staff was notified of a flu outbreak at a school in Hitchcock. There were a total of 11 confirmed and 13 probably cases. Five of the confirmed cases tested positive for flu A. The school was given precautionary measures to take and a letter to send home to parents.
- On Nov. 6-8, 2018, PHEP staff too part in an emergency response exercise, hosted by Marathon Petroleum.

**GAAA UPDATES**

- GAAA welcomed Tommy Leigh as operations manager on Nov. 15, 2018. Mr. Leigh has served in a variety of roles over the course of his 39-year career with GAAA, acting as a paramedic, team captain, training coordinator and administrator.
- GAAA welcomed Kory Dominy as the department’s new training officer Nov. 29. Mr. Dominy transferred to the new position after serving as team captain – paramedic.
- Response times improved both on Galveston Island and within the county in November. Response times improved from 7 minutes, 14 seconds to 7 minutes on the island and from 7 minutes, 33 seconds to 7 minutes, 1 second in the county.
- GAAA staff attended a continuing education class on patient assessment Nov. 6-7, 2018.
- GAAA staff participated in the HEAL launch event on Nov. 17, 2018.
- On Nov. 17, 2018, GAAA staff provided standby coverage for Battle of the Badges.

**COMMUNITY OUTREACH**

**Animal Services**

- On Nov. 2, 2018, ARC held an on-site state-approved euthanasia training class.
- On Nov. 11, 2018, ARC participated in the Texas City Veteran’s Festival with dogs available for adoption and educational materials.
- On Nov. 13, 2018, ARC staff attended the Animal Sheltering Operations Peer Planning Workshop, hosted by the Houston SPCA.
- On Nov. 14, 2018, ARC hosted its low-cost vaccination clinic, servicing 14 pets.
- On Nov. 14-17, 2018, ARC offered half-price adoptions.
• On Nov. 17, 2018, ARC participated in the launch of HEAL with dogs available for adoption and educational materials.
• On Nov. 18, 2018, ARC launched its own Instagram account.
• On Nov. 24, 2018, ARC offered half-price adoptions.

Community Health Services
• Flu shot season continues with plans to observe National Influenza Week Dec. 2-8. Immunization staff finished its annual on the road flu shot campaign for county employees, giving a total of 198 flu shots at nine locations. Additional outreach flu clinics were offered in Port Bolivar and at Independence Village with a total of 17 flu shots administered.
• Public health nurses participated in 34 health fairs/ outreach events, providing information on health district services and a variety of health information to more than 1,500 participants. Blood pressure and blood glucose screenings were done for 134 participants, with a total of 28 people having elevated blood pressures and 10 having elevated blood glucose readings. These individuals were provided with educational information and referrals were made to their own medical provider, ER or Coastal Health & Wellness clinic, depending on the individual circumstances.
• GCHD’s Medical Reserve Corps participated in a Veteran’s Festival on Nov. 11, 2018 and the HEAL launch on Nov. 17, 2018.
• GCHD Zika community outreach staff participated in two community events in November.
• HIV/STD prevention team distributed 1,027 condoms to business drop sites.

COMMUNICATION OFFICE
• News Releases/ Website News Posts
  o ARC vaccination clinic
  o Pets of the Week (4)
  o Flu season
  o Animal Shelter Appreciation Week guest column
  o Diabetes Awareness Month
  o Great American Smokeout
  o HEAL launch
• Social Media
  o Motorcycle Safety (Rally-related)
  o Movember (Men’s Health Awareness)
  o ARC vaccination clinic
  o Pets of the Week (4)
  o Flu season
  o Animal Shelter Appreciation Week
  o Diabetes Awareness Month
  o Great American Smokeout
  o HEAL launch
  o STD/ HIV - free condoms
  o World AIDS Day
  o Marketplace Open Enrollment
  o WIC operation hours/ services
  o Free breast screenings
  o STD/ HIV – PrEP
o WIC Learn to Cook
o ARC – Small Business Saturday adoption discount
o Holiday closures
o Holiday Healthy Eating
o #WorkWednesday
o MRC volunteers needed
o Veterans Day service recognition
o WIC Mother’s Milk Club
o STD/ HIV – free testing
o Employee Spotlight – Jamie Johnson

• Videos
  o Pets of the Week (4)
  o Employee Spotlight – Jamie Johnson

HUMAN RESOURCES UPDATES
GCHD and GAAA Career Opportunities:
• Employee Onboarding - Human Resources conducted new employee orientation for the following employee(s):
  o Debra Hodges – ARC Clerk/Dispatcher
  o Madison May – ARC Volunteer Coordinator/Adoption Counselor
  o Christopher Daniel – ARC Crematorium Specialist
  o Tommy Leigh, Sr. – EMS Operations Manager
  o Joshua Hale – EMS Senior Team Captain
  o Bret Martin – EMT Basic
  o Dina Driskill – Contract Analyst
  o Kory Dominy – EMS Training Officer
  o Amanda Montgomery – Human Resources Administrative Assistant
• Job Offers – The following candidate(s) were extended job offers and have future start dates:
  o Jillian Danek – Advanced EMT
  o Cameron Edward – EMT Basic
  o Isabella Dworak – EMT Basic
  o Syed Ullah - IT Network Security Engineer II
• Current Vacancies:
  o Public Health vacancies:
    ▪ Animal Services – Animal Care Technician (5), Animal Control Officer (2), Veterinary Technician part-time (new budgeted position)
    ▪ Accounting – Grant & Billing Coordinator
    ▪ Community Health Services - D’Feet Clerk
    ▪ Environmental Health Services - Environmental Investigator
    ▪ Information Technology – IT Director
  o GAAA Admin vacancies:
    ▪ EMS NET Field Supervisor (new budgeted position)
  o GAAA Field vacancies:
    ▪ EMT Basic part-time (1)
    ▪ EMT Advanced full-time (5)
    ▪ EMT Advanced part-time (1)
Employee Recognition Program
The second and third quarter Employee Recognition Program recipients were recognized at the November Town Hall meetings. Several nominations were received and recipients were selected by the Employee Recognition Committee. The second quarter award recipient was Sharon Stonum-epidemiologist (Mission Minded Award). The third quarter award recipients were Joseph Russell-paramedic (Visionary Award), Mario Acosta-insurance credentialing coordinator (Mission Minded Award) and James Davis-WIC clerk (ICARE Award).

Benefit, Classification and Compensation Study Update
GCHD is continuing to work in partnership with Galveston County to be included in a Benefits, Classification & Compensation Study. A vendor was selected by the review committee and approved by commissioners’ court. The county is currently awaiting a contract. The purpose of the study includes a benefit, classification and compensation review of all positions and benefits at the county and GCHD. This initiative is part of the Galveston County Health District’s Strategic Health Plan, Priority 2, to develop and sustain a stronger workforce.

Employee Activities
- **PHN Employee Wellness Activities**
  - Diabetes Awareness and Food Safety educational materials and displays were provided in the employee breakroom.
- **Employee Wellness Committee**
  - The healthy snack bar continues to be well received.
  - The Knit & Crochet Club for employees meets weekly at lunch in the mid-county annex.
  - A weekly parking lot trash pickup happens each Friday.
  - The monthly “Healthy Salad Luncheon” continues to be held for employees.
  - A Book Club was started for employees to check out books.
  - GCHD is participating in the 10 Benches Memorial Project for Santa Fe ISD. Recycling boxes are at each GCHD site for employees to drop off used caps and lids to fund the project to place 10 benches at Santa Fe ISD.

UBOH Contract Report: November 2018
1. A Memorandum of Understanding was entered into between the County of Galveston, the Galveston County Health District, and the American Society for the Prevention of Cruelty to Animals to obtain assistance from the ASPCA with animals during a time of disaster. The Health District is responsible for providing for the rescue, transportation, humane care, and housing of animals. In times of a declared disaster, the demands upon the County and the Health District in undertaking the rescue, transportation, humane care, and housing of domestic animals may exceed local capacity and the County and the Health District may need assistance and the ASPCA is willing to provide such assistance.

2. The Health District’s Office of Environmental Health Programs entered into a Water Pollution and Abatement Contract for the 2019 fiscal year with the City of Friendswood. Through this agreement, environmental health inspectors provide the City of Friendswood with services including complaint
investigations, both spot and comprehensive inspections of publicly owned treatment works (POTWs), grease trap inspections, and the collection and lab testing of surface water samples.

3. The Health District was awarded a grant contract by the Department of State Health Services ("DSHS") in the amount of $320,524 to provide funding to control and prevent the spread of Sexually Transmitted Diseases (STDs), including Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome (HIV/AIDS) and viral hepatitis. The grant contract becomes effective on January 1, 2019 and terminates on December 31, 2019, unless renewed, extended, or terminated. The grant award included approximately $70,000 in additional funding to support the cost of an additional program vehicle and to fund an additional Disease Intervention Specialist. The Health District is required to perform the following six (6) core activities:

   1. Community and Individual Behavior Change Interventions;
   2. Medical and Laboratory Services;
   3. Partner Services;
   4. Leadership and Program Management;
   5. Surveillance and Data Management; and
   6. Training and Professional Development.

4. The Health District entered into a Memorandum of Understanding to increase the payment for EMS Medical Director services, provided by Kent Harkey, MD, to $3,350 per month.

5. In accordance with the Department of State Health Services ("DSHS") Public Health Zika grant for the provision of Zika response activities, specifically developing risk communication plans and targeted messaging through different public mediums regarding Zika risks and protective measures, the Health District has entered into three Affiliation Agreements. The Affiliation Agreements with National Cinemedia, LLC (Cinemark Movie Theaters) and Screen Vision Media (Galveston Movie Theater) provide for the theaters to run informational and educational advertisements regarding Zika. In addition, Clear Channel Outdoor, Inc. will display an educational billboard regarding the Zika virus as agreed to in their Affiliation Agreement.

6. The City of Galveston and the Health District entered into an EMS Interlocal Cooperation Agreement for the Galveston Area Ambulance Authority to continue providing comprehensive Emergency Medical Services and non-emergency transfer services to the residents of Galveston Island.

7. The Health District entered into a Limited Use Agreement with Walgreens. This Agreement is for the purpose of providing free HIV testing and HIV/AIDS counseling.

8. The Department of State Health Services ("DSHS") and the Health District agreed to amend Contract No. 2016-004097, for HIV prevention. The Amendment resulted in an increase of $84,623 to extend services for HIV prevention for a total contract value of $582,358. after increase. In addition, Contract No. 2016-004097 was amended to include a revised termination date of June 30, 2019 and Programmatic Reporting Requirements.

   The Department of State Health Services ("DSHS") and the Health District agreed to amend Contract No. HHS000048400001, for Tuberculosis prevention and control. The Amendment will add $52,650
to cover the January 1, 2019 to December 31, 2019 contract term with the Grantee providing $10,530 in matching funds, for a total Contract amount not to exceed $126,360 available for Tuberculosis prevention and control.

9. The Health District and Lone Star Rally entered into an agreement for the Galveston Area Ambulance Authority to provide stand-by ambulance services in designated areas throughout Galveston Island during the Rally. The total remuneration for services provided was $23,550.
United Board of Health
December 2018
Item #7
Consider for Approval October 2018 Financial Report
GALVESTON COUNTY HEALTH DISTRICT

United Board of Health

For the Period Ending October 31, 2018

December 5, 2018

GCHD Board Room | 9850-A Emmett F. Lowry Expy. | Texas City, TX  77591
GF - BALANCE SHEET as of October 31, 2018

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>Current Month</th>
<th>Prior Month</th>
<th>Increase (Decrease)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash &amp; Cash Equivalents</td>
<td>3,308,863</td>
<td>3,853,696</td>
<td>($544,833)</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>2,849,003</td>
<td>926,707</td>
<td>1,922,296</td>
</tr>
<tr>
<td>Pre-Paid Expenses</td>
<td>103,295</td>
<td>43,751</td>
<td>59,543</td>
</tr>
<tr>
<td>Other</td>
<td>27,755</td>
<td>29,721</td>
<td>($1,967)</td>
</tr>
<tr>
<td>Due To / From</td>
<td>1,254</td>
<td>19,311</td>
<td>($18,057)</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$6,290,169</td>
<td>$4,873,186</td>
<td>$1,416,983</td>
</tr>
</tbody>
</table>

| LIABILITIES | |
| Accounts Payable | 253,085 | 296,103 | ($43,018) |
| Personnel | 294,481 | 174,483 | 119,997 |
| Deferred Revenues | 1,326,261 | 50,540 | 1,275,721 |
| Other | 6,028 | 4,854 | 1,173 |
| Due to Galveston County | 91,214 | 0 | 91,214 |
| Total Liabilities | $1,971,068 | $525,981 | $1,445,088 |

| FUND BALANCE | |
| Prior Year Fund Balance | 4,347,205 | 4,284,080 | 63,125 |
| Current Change | (28,104) | 63,125 | 91,230 |
| Total Fund Balance | $4,319,101 | $4,347,205 | ($28,104) |
| TOTAL LIABILITIES & FUND BALANCE | $6,290,169 | $4,873,186 | $1,416,983 |

GF - REVENUE & EXPENSES as of October 31, 2018

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>Actual Oct-18</th>
<th>Budgeted Oct-18</th>
<th>PTD Budget Variance</th>
<th>YTD Budget Variance</th>
</tr>
</thead>
<tbody>
<tr>
<td>County Revenue</td>
<td>594,216</td>
<td>594,216</td>
<td>(0)</td>
<td>(0)</td>
</tr>
<tr>
<td>Grant Revenue</td>
<td>265,538</td>
<td>278,523</td>
<td>(12,985)</td>
<td>(12,985)</td>
</tr>
<tr>
<td>Contract Revenue</td>
<td>43,682</td>
<td>43,859</td>
<td>(177)</td>
<td>(177)</td>
</tr>
<tr>
<td>Program Revenue</td>
<td>109,341</td>
<td>105,417</td>
<td>3,924</td>
<td>3,924</td>
</tr>
<tr>
<td>Interest Revenue</td>
<td>4,064</td>
<td>2,500</td>
<td>1,564</td>
<td>1,564</td>
</tr>
<tr>
<td>Other Revenue</td>
<td>42,456</td>
<td>35,723</td>
<td>6,733</td>
<td>6,733</td>
</tr>
<tr>
<td>Total Revenue</td>
<td>$1,059,296</td>
<td>$1,060,238</td>
<td>($942)</td>
<td>($942)</td>
</tr>
</tbody>
</table>

| EXPENSES | |
| Personnel | 564,177 | 597,100 | 32,923 | 32,923 |
| Contractual | 359,415 | 361,928 | 2,513 | 2,513 |
| Supplies | 36,902 | 32,140 | (4,762) | (4,762) |
| Travel | 10,756 | 12,016 | 1,260 | 1,260 |
| Equipment/Capital | 0 | 0 | 0 | 0 |
| Other | 116,151 | 133,954 | 17,803 | 17,803 |
| Total Expenses | $1,087,400 | $1,137,138 | $49,738 | $49,738 |
| CHANGE IN NET ASSETS | ($28,104) | ($76,900) | $48,796 | $48,796 |

HIGHLIGHTS
- MTD net decrease in fund balance of ($28,104).
- Revenues were $942 lower than budgeted this month due to decreased grant ($13k) and septic tank revenue ($7k) which offset higher than budgeted food services ($55k), animal services ($4k), vital statistics ($3k), and sale of fixed asset ($7k) revenue.
- MTD expenses were $50k lower than budgeted due to lower personnel and advertising expense which offset higher than budgeted office supply/equipment expense.
- Total fund balance of $4.3M as of 10/31/18.
### GAAA - BALANCE SHEET as of October 31, 2018

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>Current Month Oct-18</th>
<th>Prior Month Sep-18</th>
<th>Increase (Decrease)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash &amp; Cash Equivalents</td>
<td>4,568,159</td>
<td>4,233,622</td>
<td>334,537</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>705,462</td>
<td>904,779</td>
<td>(199,318)</td>
</tr>
<tr>
<td>Pre-Paid Expenses</td>
<td>184,640</td>
<td>14,098</td>
<td>170,542</td>
</tr>
<tr>
<td>Other</td>
<td>(485)</td>
<td>722</td>
<td>(1,207)</td>
</tr>
<tr>
<td>Due To / From</td>
<td>(32,852)</td>
<td>(27,216)</td>
<td>(5,636)</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$5,424,924</td>
<td>$5,126,005</td>
<td>$298,919</td>
</tr>
</tbody>
</table>

### LIABILITIES

<table>
<thead>
<tr>
<th>Liability</th>
<th>Current Month Oct-18</th>
<th>Prior Month Sep-18</th>
<th>Increase (Decrease)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable</td>
<td>94,135</td>
<td>74,881</td>
<td>19,253</td>
</tr>
<tr>
<td>Personnel</td>
<td>221,136</td>
<td>146,887</td>
<td>74,249</td>
</tr>
<tr>
<td>Deferred Revenues</td>
<td>262,770</td>
<td>10,417</td>
<td>252,353</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>$578,040</td>
<td>$232,186</td>
<td>$345,855</td>
</tr>
</tbody>
</table>

### FUND BALANCE

<table>
<thead>
<tr>
<th>Fund Balance</th>
<th>Current Month Oct-18</th>
<th>Prior Month Sep-18</th>
<th>Increase (Decrease)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prior Year Fund Balance</td>
<td>4,893,819</td>
<td>4,976,493</td>
<td>(82,674)</td>
</tr>
<tr>
<td>Current Change</td>
<td>(46,936)</td>
<td>(82,674)</td>
<td>35,738</td>
</tr>
<tr>
<td>Total Fund Balance</td>
<td>$4,846,884</td>
<td>$4,893,819</td>
<td>($46,936)</td>
</tr>
</tbody>
</table>

### TOTAL LIABILITIES & FUND BALANCE

<table>
<thead>
<tr>
<th>Fund Balance</th>
<th>Current Month Oct-18</th>
<th>Prior Month Sep-18</th>
<th>Increase (Decrease)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$5,424,924</td>
<td>$5,126,005</td>
<td>$298,919</td>
<td></td>
</tr>
</tbody>
</table>

### GAAA - REVENUE & EXPENSES as of October 31, 2018

<table>
<thead>
<tr>
<th>Revenue/Expense</th>
<th>Actual Oct-18</th>
<th>Budgeted Oct-18</th>
<th>PTD Budget Variance</th>
<th>YTD Budget Variance</th>
</tr>
</thead>
<tbody>
<tr>
<td>County Revenue</td>
<td>68,676</td>
<td>68,676</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Contract Revenue</td>
<td>128,168</td>
<td>89,444</td>
<td>38,724</td>
<td>38,724</td>
</tr>
<tr>
<td>Program Revenue</td>
<td>628,534</td>
<td>769,124</td>
<td>(140,590)</td>
<td>(140,590)</td>
</tr>
<tr>
<td>Interest Income</td>
<td>5,777</td>
<td>3,167</td>
<td>2,610</td>
<td>2,610</td>
</tr>
<tr>
<td>Other Revenue</td>
<td>19,968</td>
<td>17,917</td>
<td>2,051</td>
<td>2,051</td>
</tr>
<tr>
<td>Total Revenue</td>
<td>$851,124</td>
<td>$948,328</td>
<td>($97,205)</td>
<td>($97,205)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Expense</th>
<th>Actual Oct-18</th>
<th>Budgeted Oct-18</th>
<th>PTD Budget Variance</th>
<th>YTD Budget Variance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel</td>
<td>416,619</td>
<td>454,326</td>
<td>37,707</td>
<td>37,707</td>
</tr>
<tr>
<td>Contract</td>
<td>22,269</td>
<td>22,008</td>
<td>(261)</td>
<td>(261)</td>
</tr>
<tr>
<td>Supplies</td>
<td>35,163</td>
<td>30,169</td>
<td>(4,994)</td>
<td>(4,994)</td>
</tr>
<tr>
<td>Travel</td>
<td>432</td>
<td>1,115</td>
<td>683</td>
<td>683</td>
</tr>
<tr>
<td>Equipment/Capital</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Other</td>
<td>72,994</td>
<td>67,781</td>
<td>(5,213)</td>
<td>(5,213)</td>
</tr>
<tr>
<td>Total Expenses</td>
<td>$898,059</td>
<td>$1,008,407</td>
<td>$110,348</td>
<td>$110,348</td>
</tr>
</tbody>
</table>

### CHANGE IN NET ASSETS

<table>
<thead>
<tr>
<th>Fund Balance</th>
<th>Current Month Oct-18</th>
<th>Prior Month Sep-18</th>
<th>Increase (Decrease)</th>
</tr>
</thead>
<tbody>
<tr>
<td>($46,936)</td>
<td>($60,079)</td>
<td>$13,143</td>
<td>$13,143</td>
</tr>
</tbody>
</table>

### HIGHLIGHTS

- MTD net decrease in fund balance of ($46,936).
- Revenues were $97k lower than budgeted this month due to lower patient fee ($49k), private insurance ($31k), Medicare ($22k) and Medicaid ($32k) revenue which offset higher than budgeted GAAA contract ($39k) revenue.
- Expenses were $110k lower than budgeted this month due to lower personnel and bad debt expense which offset higher than budgeted operating supplies and maintenance/repair of equipment.
- Total fund balance of $4.8M as of 10/31/18.
United Board of Health
December 2018
Item #8
Consider for Approval Fund Balance Reserve of the General Fund as of September 30, 2018
## General Fund - Proposed Annual Board Approved Reserve

### FY2019

<table>
<thead>
<tr>
<th>Item</th>
<th>Board Approved Reserve @ 9/30/2017</th>
<th>Increase / (Decrease)</th>
<th>Reserve Balance @ 9/30/2018</th>
<th>FY2019</th>
<th>FY2020</th>
<th>FY2021</th>
<th>Proposed Board Approved Reserve @ 9/30/2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>IT Equipment / Software / Consulting</td>
<td>$274,875</td>
<td>($116,008)</td>
<td>$158,867</td>
<td>$134,384</td>
<td>$13,900</td>
<td>$44,550</td>
<td>$192,834</td>
</tr>
<tr>
<td>Public Health Emergencies</td>
<td>250,000</td>
<td>0</td>
<td>250,000</td>
<td>250,000</td>
<td>0</td>
<td>0</td>
<td>250,000</td>
</tr>
<tr>
<td>CHW Clinic Operations</td>
<td>600,000</td>
<td>(225,980)</td>
<td>374,020</td>
<td>374,020</td>
<td>0</td>
<td>0</td>
<td>374,020</td>
</tr>
<tr>
<td>Leave Payouts</td>
<td>165,000</td>
<td>(96,501)</td>
<td>68,499</td>
<td>30,000</td>
<td>0</td>
<td>0</td>
<td>30,000</td>
</tr>
<tr>
<td>Animal Services</td>
<td>361,608</td>
<td>97,478</td>
<td>459,086</td>
<td>459,085</td>
<td>0</td>
<td>0</td>
<td>459,085</td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>118,128</td>
<td>0</td>
<td>0</td>
<td>118,128</td>
</tr>
<tr>
<td><strong>Total Fund Balance Reserve Expenditures</strong></td>
<td>$1,651,483</td>
<td>($341,010)</td>
<td>$1,310,473</td>
<td>$1,365,617</td>
<td>$13,900</td>
<td>$44,550</td>
<td>$1,424,067</td>
</tr>
<tr>
<td><strong>Total Operating Reserve</strong></td>
<td>$2,400,000</td>
<td>0</td>
<td>$2,400,000</td>
<td>$2,700,000</td>
<td>$0</td>
<td>$0</td>
<td>$2,700,000</td>
</tr>
<tr>
<td><strong>Total Board-Approved Reserve</strong></td>
<td>$4,051,483</td>
<td>($341,010)</td>
<td>$3,710,473</td>
<td>$4,065,617</td>
<td>$13,900</td>
<td>$44,550</td>
<td>$4,124,067</td>
</tr>
<tr>
<td>Unreserved</td>
<td>$232,597</td>
<td>$404,135</td>
<td>$636,732</td>
<td>$223,137</td>
<td>$0</td>
<td>$0</td>
<td>$223,137</td>
</tr>
<tr>
<td><strong>Total Reserve + Unreserved Balance</strong></td>
<td>$4,284,080</td>
<td>$63,125</td>
<td>$4,347,205</td>
<td>$4,288,755</td>
<td>$13,900</td>
<td>$44,550</td>
<td>$4,347,205</td>
</tr>
</tbody>
</table>

### FY2019 Reserve

- *Reserve for Expenditures* | $1,424,067
- **Operating Reserve** | 2,700,000
- **Total Board Approved Reserve** | $4,124,067

**Proposed Reserve Balance**

- **Proposed Reserve Balance** | $4,124,067
- **Total Unreserved** | 223,137

**Proposed Board Approved Reserve @ 9/30/2018** | $4,347,205

** Operating reserve represents ~21% of the FY2019 operating budget or ~2.5 months of budgeted operating expenditures.**
## General Fund - Annual Board Approved Reserve

### Proposed FY2019

<table>
<thead>
<tr>
<th>Item</th>
<th>FY2019</th>
<th>FY2020</th>
<th>FY2021</th>
<th>Proposed Board Approved Reserve @ 9/30/2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microsoft Enterprise Licensing (does not include any true-up or additions)</td>
<td>$34,103</td>
<td>$34,103</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Microsoft Cloud Licensing Uplift to full Enterprise Mobility Suite</td>
<td>$8,000</td>
<td>$8,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Microsoft Cloud Licensing</td>
<td>$16,050</td>
<td>$16,050</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Network Upgrades (SFP+ modules, OM4 fiber cables, HP Aruba SFP module)</td>
<td>$12,375</td>
<td>$12,375</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MCA Datcenter Power Distribution (rack mount PDU) &amp; Backup (rack mount APC)</td>
<td>$2,900</td>
<td>$2,900</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Computer refreshes, 56 @ $1,077</td>
<td>$30,156</td>
<td>$30,156</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Starpoint Consulting (data migrations, deployments, planning, configs, etc.)</td>
<td>$19,200</td>
<td>$19,200</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Penetration testing for compliance (cyber security)</td>
<td>$7,500</td>
<td>$7,500</td>
<td>$7,500</td>
<td></td>
</tr>
<tr>
<td>Fluke Network testing tools</td>
<td>$600</td>
<td></td>
<td>$600</td>
<td></td>
</tr>
<tr>
<td>Replace desktop PC's</td>
<td>$37,050</td>
<td>$37,050</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EMF and MCA Firewall Replacement</td>
<td>$6,400</td>
<td>$6,400</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Informacast desktop notification upgrade (new expense)</td>
<td>$3,500</td>
<td>$3,500</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Subtotal - IT Equipment / Software / Consulting</strong></td>
<td>$134,384</td>
<td>$13,900</td>
<td>$44,550</td>
<td>$192,834</td>
</tr>
<tr>
<td>Public Health Emergency Fund (related to public health emergencies, i.e. hurricanes, public health outbreaks, etc.)</td>
<td>$250,000</td>
<td>$250,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Subtotal - Public Health Emergencies</strong></td>
<td>$250,000</td>
<td>$0</td>
<td>$0</td>
<td>$250,000</td>
</tr>
<tr>
<td>CHW Clinic Operations (earmarked for CHW operations that were designated by UBOH and CHW Governing Boards to hold in reserve for future expenditures)</td>
<td>$374,020</td>
<td></td>
<td></td>
<td>$374,020</td>
</tr>
<tr>
<td><strong>Subtotal - CHW Clinic Operations</strong></td>
<td>$374,020</td>
<td>$0</td>
<td>$0</td>
<td>$374,020</td>
</tr>
<tr>
<td>Reserve Pay for Leave Payouts due to Retirements</td>
<td>$30,000</td>
<td>$30,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Subtotal - Leave Payouts</strong></td>
<td>$30,000</td>
<td>$0</td>
<td>$0</td>
<td>$30,000</td>
</tr>
</tbody>
</table>

### Field Services:

- Video Surveillance Expansion                                     | $1,500  | $1,500  |         |                                             |
- ACO Laptop Truck Mounts (4 @ $500)                               | $2,000  | $2,000  |         |                                             |
- ACO Truck Replacement                                            | $47,000 | $47,000 |         |                                             |
- Field County and City Contribution Increase                      | $9,902  | $9,902  |         |                                             |
- ACO Truck graphics - FY18 carryover                             | $6,724  | $6,724  |         |                                             |
- Video Camera Surveillance Units Inside & Behind ARC - FY18 carryover | $2,250  | $2,250  |         |                                             |
- Operating Reserve                                               | $154,031| $154,031|         |                                             |

### Shelter Services:

- Video Surveillance Expansion                                     | $1,500  | $1,500  |         |                                             |
- Video Camera Surveillance Units Inside & Behind ARC - FY18 carryover | $2,250  | $2,250  |         |                                             |
- Operating Reserve                                               | $152,014| $152,014|         |                                             |
- Donations (discounted adoptions, promotions, etc.)              | $78,725 | $78,725 |         |                                             |
- Vaccination Clinic                                              | $1,190  | $1,190  |         |                                             |

**Subtotal - Animal Services**                                     | $459,085| $0      | $0      | $459,085                                    |

### Other:

- One-Time supplemental payout of $500 (full-time) and $250 (part-time) staff employed 6+ months | $55,028 | $55,028 | $55,028 | $55,028                                    |
- Purchasing Vehicle Replacement - 2019 RAM Promaster 2500 Cargo Van | $42,000 | $42,000 | $42,000 | $42,000                                    |
- Immunizations Freezer Replacement (pharmacy grade)              | $10,000 | $10,000 | $10,000 | $10,000                                    |
- Vital Statistics Cityon Upgrades                                | $5,400  | $5,400  |         |                                             |

**Subtotal - Other**                                               | $118,128| $0      | $0      | $118,128                                    |

### Total Fund Balance Reserve Expenditures:

**Proposed Board Approved Reserve @ 9/30/2018**  
$4,288,755 | $13,900 | $44,550 | $4,347,205

**Total Operating Reserve** **Proposed Board Approved Reserve @ 9/30/2018**  
$2,200,000 | $2,200,000

**Unreserved**  
$223,137 | $223,137

**Operating reserve represents ~21% of the FY2019 operating budget or ~2.5 months of budgeted operating expenditures.**

[Back to Agenda](#)
United Board of Health
December 2018
Item #9
Consider for Approval an IGT Payment Not to Exceed $155,000.00 as Related to the 1115 Waiver Project
Consider for Approval IGT Payment not to exceed $155,000.00 as related to the 1115 Waiver Project

The estimated IGT payment as related to the 1115 Waiver project to be transferred on behalf of Coastal Health & Wellness (CHW) is estimated to be $153,913.06. This is based on a reporting metrix achievement valued at $368,124.99.

IGT Reporting Period 9/30/2018
FMAP% (estimate) 0.5819

Expected Payments

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>DY 7 Round 2</td>
<td>368,124.99</td>
</tr>
<tr>
<td>Expected DSRIP (CHW)</td>
<td>214,211.93</td>
</tr>
<tr>
<td>Expected IGT (GCHD)</td>
<td>153,913.06</td>
</tr>
</tbody>
</table>

368,124.99

Total DSRIP (CHW) 214,211.93
Total IGT (GCHD) 153,913.06
368,124.99

Back to Agenda
United Board of Health
December 2018
Item #10
Consider for Approval Mid County Annex Parking Lot Security Guard Proposal
Consider for Approval Mid-County Annex Parking Lot Security Guard Proposal

Ranger Guard and Investigations
Parking Lot Security Proposal

- For $25.00/hour, Ranger will provide a commissioned and armed security guard, as well as a patrol car, to make constant rounds in the parking lot between the hours of 8:00 am and 5:30 pm from Monday through Friday, and from 8:00 am until 12:00 pm on Saturdays.

- Taking into account weekends and holidays, it is estimated the guard will be needed for 2,565.5 hours annually, totaling to an amount of $64,137.50 for the year.

- Cost for the guard will be split amongst the Central Appraisal District, GCHD, and Coastal Health & Wellness, with each group paying their pro-rata share of the annual expense, which breaks down as follows:

  - CAD: $19,712.50/annually
  - GCHD: $19,712.50/annually
  - CHW: $24,712.00/annually

  - CHW’s will incur an extra $5,000.00 cost since it’s the only entity of the three requiring the need for security on Saturdays.

*Per the Galveston County Health District Purchasing Policy, three quotes for the aforementioned services were obtained, after which time administration recommends Ranger Guard and Investigation be awarded this bid.*
United Board of Health
December 2018
Item #11
Discuss Tracking Opioid Related Statistics in Galveston County
United Board of Health
December 2018
Item #12
Consider for Approval UBOH Representatives to Serve in the Following Positions:

a. UBOH Chairperson
b. UBOH Vice Chairperson
c. UBOH Secretary / Treasurer
United Board of Health  
December 2018  
Item #13  
Discuss Communication Plan for  
“It’s Time Texas Community Challenge”
ABOUT IT’S TIME TEXAS

» Working across sectors to support healthier choices where people live, learn, work, worship and shop

» Partnering with diverse organizations to magnify our collective impact through mutually reinforcing activities that advance health on multiple fronts

» Mobilizing technology to expand program reach and deliver scalable, sustainable solutions

» Using innovative social marketing and new media platforms to deliver health education and health promotion programs and increase healthier behaviors
IT'S TIME TEXAS COMMUNITY CHALLENGE

Presented by H-E-B

Jan. 7-March 3, 2019
What is the IT’S TIME Texas Community Challenge?

The IT’S TIME TEXAS Community Challenge is a one-of-a-kind statewide competition that spans eight weeks and challenges communities of all sizes across Texas to demonstrate their commitment to healthy living!

2019 Dates: Jan. 7-March 3

Ittcommunitychallenge.com
How to Participate:


2. Register and select your community. (Participants receive 500 points for registering!)

3. Earn points for your community by completing activities as an individual and/or as a representative of a school, business, organization, or mayor.
Who Is Involved?

All working together toward the common goal of transforming their community’s health
Ways to Earn Points:

- **500 points** Register
- **100 points** Track Your Physical Activity
- **100 points** Track Your Weight
- **200 points** Watch the Living Healthier Video
- **200 points** Take a Healthy Selfie
- **250 points** Host a Community Event
Ways to Earn Points:

20 points  Implement the Teach Healthier MyPlate Lesson

500 points  Implement a Teach Healthier Activity from the Teach Healthier App

200 points  Organize a Healthy Staff Activity

250-2,000 points  Sign Campus/District Pledges

All registered individuals can associate their Challenge points with their child’s school and school district.
Ways to Earn Points:

- **2,500 points** Sign the City Council Pledge
- **5,000 points** Host an ITT Sanctioned Event
- **10,000 points** Sign the Mayor’s Pledge
- **15,000 points** Create a Mayor’s Challenge Video
- **20,000 points** Establish or Strengthen a Citywide Health Collaborative

* Mayors must sign the pledge in order for his/her community to be eligible to win.
Ways to Earn Points:

200 points  Organize a Healthy Workplace Event

500 points  Complete the Work Healthier Assessment

250 points  Sign the Work Healthier/Nonprofit Leader Pledge
Mayors Offices and Mayors Fitness Councils

Businesses & Organizations

School District Administrators, Principals, Educators, PTA & School Board Members

The People You Know & Love!

#CommunityChallenge
BUILDING A HEALTHIER COMMUNITY

REQUIRES EVERY BODY!

Step up to the Challenge: www.ittcommunitychallenge.com

#CommunityChallenge
United Board of Health
December 2018
Item #14
2018 Employee Satisfaction Survey Results
2018
Employee Engagement Survey Report

Sandra Cuellar-Wilson, HR Director
Summary

• Survey was opened to all employees from 09/20/18 – 09/28/18
• Results are for Public Health and GAAA
• Rating Scale and free form answers
• 65 survey responses received out of 190 employees
  ▪ 34% Completion Rate
  ▪ Decreased over the years - 47.5% (2017) and 61% (2016)
1. Name two things you like about working at GCHD Public Health

<table>
<thead>
<tr>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-workers</td>
<td>Co-workers</td>
</tr>
<tr>
<td>Mission/Serving the public/Services provided</td>
<td>Atmosphere /Work environment</td>
</tr>
<tr>
<td>Leadership / Management</td>
<td>Schedule / Flexibility</td>
</tr>
<tr>
<td>Schedule / Flexibility</td>
<td>Leadership / Management</td>
</tr>
<tr>
<td>Location / Commute</td>
<td>Mission/Serving the public/Services provided</td>
</tr>
<tr>
<td>Job / Job duties</td>
<td>Location / Commute</td>
</tr>
<tr>
<td>Atmosphere /Work environment</td>
<td>Job / Job duties</td>
</tr>
</tbody>
</table>
1. Name two things you like about working at GCHD GAAA

<table>
<thead>
<tr>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-workers/ Department</td>
<td>Co-workers</td>
</tr>
<tr>
<td>24-Hour shift</td>
<td>Schedule / Flexibility</td>
</tr>
<tr>
<td>Schedule / Flexibility</td>
<td>Job / Job duties</td>
</tr>
<tr>
<td>Mission/Serving the public/Services provided</td>
<td>Pay/ Steady Paycheck</td>
</tr>
<tr>
<td>Location / Commute</td>
<td>Atmosphere /Work environment</td>
</tr>
<tr>
<td>Leadership / Management</td>
<td>Leadership / Management</td>
</tr>
<tr>
<td>Pay/ Steady Paycheck</td>
<td>Training</td>
</tr>
</tbody>
</table>

Public Health Services · Emergency Medical Services · Animal Resource Center · Coastal Health & Wellness
Protecting and promoting the optimal health and well-being of Galveston County.
2. What do you think are the most important factors in retaining staff? - Public Health

<table>
<thead>
<tr>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Competitive salary/proper pay</td>
<td>• Competitive salary/proper pay</td>
</tr>
<tr>
<td>• Good benefits</td>
<td>• Good benefits</td>
</tr>
<tr>
<td>• Competent, consistent and caring leadership</td>
<td>• Positive Work Environment/Good company culture and morale</td>
</tr>
<tr>
<td>• Positive Work Environment/Good company culture and morale</td>
<td>• Fair and respectful treatment of employees</td>
</tr>
<tr>
<td>• Advancement opportunities</td>
<td>• Recognition/ Show appreciation for employees</td>
</tr>
<tr>
<td>• Training opportunities</td>
<td>• Communication/Being kept informed/Transparency</td>
</tr>
<tr>
<td>• Recognition/ Show appreciation for employees</td>
<td>• Competent, consistent and caring leadership</td>
</tr>
</tbody>
</table>
2. What do you think are the most important factors in retaining staff?

**GAAA**

<table>
<thead>
<tr>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Competitive salary/proper pay</td>
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</tr>
<tr>
<td>• Good benefits</td>
<td>• Good benefits</td>
</tr>
<tr>
<td>• Recognition/ Show appreciation for employees</td>
<td>• Work Schedule / Hours</td>
</tr>
<tr>
<td>• Competent, consistent and caring leadership</td>
<td>• Positive Work Environment/Good company culture and morale</td>
</tr>
<tr>
<td>• Work Schedule / Hours</td>
<td>• Competent, consistent and caring leadership</td>
</tr>
<tr>
<td>• Fair and respectful treatment of employees</td>
<td>• Fair and respectful treatment of employees</td>
</tr>
<tr>
<td>• Raises/ Salary incentives</td>
<td>• Recognition/ Show appreciation for employees</td>
</tr>
</tbody>
</table>
3. Rate your knowledge about GCHD’s mission, programs, and the Strategic Health Plan:

**2017**
- Informed: 71%
- Somewhat Informed: 24%
- Not Informed: 5%

**2018**
- Knowledgeable: 46%
- Not Knowledgeable: 8%
- Somewhat Knowledgeable: 46%
4. Do you think we are fulfilling our mission at GCHD?

2018

- Yes: 88%
- No: 12%
4a. Please explain

Yes

• SHP progress reports are proof of all the hard work that dedicated staff has completed to date
• We as a county are fortunate to have some very passionate people working at the District
• Many of the departments work hard to protect and promote citizens health and well being
• Patient care is good
• Proud to tell people I work for GCHD
• GCHD takes responsibility to the community seriously
• Staff does an excellent job making sure the public is well informed of all aspects of the Health District

No

• Promote healthy eating & exercising, educational material about zika, and other health issues that come up.
• I don’t really know about the mission
• I believe we can GROW and DEVELOP better actions to PROMOTE health and well-being.
• Add a dedicated person to HEAL (not a committee of people with lots on their plates already).
• Expand programs to hire and include Community Outreach Workers and empower them to be present and active in the everyday culture, values, beliefs of Galveston's health.
• Promote health and well-being in school/children's pedagogy.
• Should be improvement on enforcing animal ordinances and state laws
• There is always room to do more
5. Rate satisfaction with the Coaching and Mentoring by your immediate supervisor to help meet your job expectations:

### 2017
- Satisfied: 47%
- Not Satisfied: 32%
- Somewhat Satisfied: 21%

### 2018
- Satisfied: 60%
- Not Satisfied: 12%
- Somewhat Satisfied: 28%
6. Rate satisfaction with Employee Health benefits package provided by the organization (i.e. Carehere, TML, etc.):

- **2017**:
  - Satisfied: 16%
  - Somewhat Satisfied: 36%
  - Not Satisfied: 48%

- **2018**:
  - Satisfied: 32%
  - Not Satisfied: 36%
  - Somewhat Satisfied: 32%
7. Rate satisfaction with Employee non-health benefits package provided by the organization (i.e. retirement, life insurance, on-site workout room, cell phone discounts, betterment, wellness activities, etc.):

**2017**
- Satisfied: 26%
- Somewhat Satisfied: 37%
- Not Satisfied: 37%

**2018**
- Not satisfied: 17%
- Somewhat satisfied: 40%
- Satisfied: 43%
7a. Suggestions for enhancing the non-health benefits

- Add Betterment activities to benefit field crews
- Computer stands for standing
- Better publicizing of all the wellness and betterment events
- Better workout equipment
- Retirement - allow access to funds after you are vested
- Better leave policy – bring back personal leave
8. Rate satisfaction with salary based on your job description:

**2017**
- Not Satisfied: 42%
- Somewhat Satisfied: 39%
- Satisfied: 19%

**2018**
- Not satisfied: 23%
- Somewhat satisfied: 51%
- Satisfied: 26%
9. Rate satisfaction of training you receive for your job:

**2017**
- Not Satisfied: 24%
- Satisfied: 39%
- Somewhat Satisfied: 37%

**2018**
- Not satisfied: 9%
- Satisfied: 51%
- Somewhat satisfied: 40%
10. Rate satisfaction of communication between yourself and your immediate supervisor:

**2017**
- Satisfied: 54%
- Somewhat Satisfied: 28%
- Not Satisfied: 18%

**2018**
- Satisfied: 72%
- Somewhat Satisfied: 23%
- Not Satisfied: 5%
11. Rate satisfaction of teamwork and communication between yourself, co-workers and other internal departments:

**2017**
- Satisfied: 50%
- Somewhat Satisfied: 34%
- Not Satisfied: 16%

**2018**
- Satisfied: 77%
- Somewhat Satisfied: 14%
- Not Satisfied: 9%
12. Rate satisfaction of your working conditions and work environment:

**2017**
- Satisfied: 48%
- Somewhat Satisfied: 28%
- Not Satisfied: 24%

**2018**
- Satisfied: 65%
- Somewhat Satisfied: 21%
- Not Satisfied: 14%
12.a. Suggestions for enhancing the working conditions and/or work environment.

Public Health

- More management involvement
- Provide meeting rooms or office for my program, must leave cubicle for any individual meetings
- Put a lock on thermostat so employees cannot regulate
- Safer and closer parking

GAAA

- Put EMS back in main station or at least co-ed bathrooms at the fire station with separate sleeping quarters
- Can we get decent trucks that don’t break all the time
- Better equipment, better stations
- Increase communication with supervisors in the field
13. Rate satisfaction with acknowledgement and recognition for doing a good job:

**2017**
- Satisfied: 35%
- Not Satisfied: 38%
- Somewhat Satisfied: 27%

**2018**
- Satisfied: 54%
- Somewhat Satisfied: 25%
- Not Satisfied: 21%
14. Rate satisfaction with new modified performance review form and process:

**2017**
- Satisfied: 32%
- Somewhat Satisfied: 36%
- Not Satisfied: 32%

**2018**
- Satisfied: 40%
- Somewhat satisfied: 48%
- Not satisfied: 12%
14.a. Suggestions for enhancing the performance review process

• Process is better because its based on factual and quantifiable information
• New form is easy to navigate and administer
• Dislike the evaluation process – address problems as they arise and acknowledge when an employee exceeds
• Form is too long, still not tailored to EMS job descriptions.
• I disagree with the opinion portion
• Offer an increase in pay
15. How likely are you to recommend working at GCHD to others:

**2017**
- Yes: 48%
- No: 27%
- Maybe: 25%

**2018**
- Likely: 51%
- Somewhat likely: 40%
- Not likely: 9%
16. Any additional comments

**Public Health**

- Change sick leave back to personal leave
- Increased pay/ Increased COLA
- I promote working at the District always
- Great strides made to focus more on employees and made a difference in the work environment - newsletter allows all employees to recognize themselves and announce events that are important to them.
- The leadership at GCHD is excellent and makes the biggest difference on how the organization function and interact with co-workers.

**GAAA**

- We need comprehensive SOGs encompassing all the memos
- We need to work on the corrective action process
- Slight progress has been made, but still a long way to go
- Pay should be improved
- We have a lot of great things happening, always room for improvement
Questions?