

# The Coastal Wave

A monthly newsletter about Galveston County's Community Health Center, **Coastal Health & Wellness**.



## The Clock is Ticking for 2018 Coverage in the Health Insurance Marketplace

By: **Mary McClure**

*Interim Executive Director*



The clock is ticking if you want coverage next year through the Federal Health Insurance Marketplace. Not only is it ticking, the clock is considerably shorter than prior years.

The Marketplace open enrollment period for coverage in 2018 is just November 1, 2017 through December 15, 2017. That's why it is so important to act quickly! Thankfully, Coastal Health & Wellness is here to help you meet the deadline.

Depending on your income, you may qualify for assistance paying your monthly health care premiums. Applicants may also qualify for exemptions from paying a penalty on tax returns. For example, someone with income under the income guidelines may be exempt from the tax penalty. However, people who do not enroll may face a tax penalty, which will increase every year. This may sound confusing, but we can help you figure out exactly what it means for you.

A great benefit of health care in the Marketplace is that all essential health benefits are covered.

This includes maternity care, mammograms and other preventative care services. You cannot be denied health coverage for having a pre-existing condition such as diabetes, hypertension or cancer.

There is no open enrollment for individuals to apply for Medicaid, Children's Health Insurance Program, or the Texas Woman's Health Program. Individuals may qualify for a special Marketplace enrollment period if they experience certain "qualifying life events" like marriage, relocation, income change, or birth, for example, at any time during the year.

Galveston County residents with questions about the Federal Health Insurance Marketplace can call Coastal Health & Wellness at 409-978-4225 or visit the clinic at 9850-C Emmett F. Lowry Expressway in Texas City to speak with our certified application counselors.

Whether you currently do not have coverage, are underinsured or want to explore other plans that may better fit your needs, you do not want to let the short 45-day Marketplace open enrollment period pass you by. We're here to help.

**THE CLOCK IS TICKING**  
FOR 2018 COVERAGE  
IN THE HEALTH  
INSURANCE  
MARKETPLACE

NOV. 1 DEC. 15

**WE CAN HELP YOU MEET THE DEADLINE**  
GIVE US A CALL AT  
**409-978-4225**

**HEALTH INSURANCE FOR LESS THAN \$20 PER MONTH. THAT'S WHAT A 27-YEAR-OLD MAKING \$25,000 PER YEAR CAN FIND IN HALF OF THE COUNTRY.**

SEE FOR YOURSELF AT [HEALTHCARE.GOV](http://HEALTHCARE.GOV) TODAY.

SOURCE: Center for American Progress.



GET AMERICA COVERED

**HEALTH INSURANCE FOR LESS THAN \$10 PER MONTH. THAT'S WHAT A 55-YEAR-OLD COUPLE MAKING \$40,000 PER YEAR CAN FIND IN 85% OF THE COUNTRY.**

SEE FOR YOURSELF AT [HEALTHCARE.GOV](http://HEALTHCARE.GOV) TODAY.

SOURCE: Center for American Progress.



GET AMERICA COVERED

## National Radiologic Technology Week

We were proud to take time to recognize our wonderful lab and x-ray staff during National Radiologic Technology Week, November 5-11, 2017.

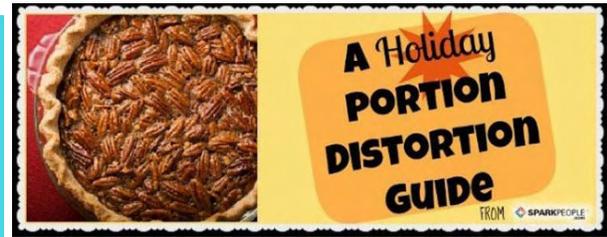
The celebration takes place each year during the week that includes November 8 to commemorate the discovery of the x-ray by Wilhelm Conrad Roentgen on Nov. 8, 1895.



## Thank you to all veterans for sacrificing for our freedom.

 Steve Coker Navy EMS Team Captain	 Lori FitzSimmons-Evans Army Air & Water Pollution Services Manager	 Cynthia Franklin Army Billing & Collection Specialist	 Jim Hilton Army STD/HIV Program Manager	 Jay Holland Air Force CHW Governing Board Member	 Milton Howard Army CHW Governing Board Chair
 Curtis Klages Army United Board of Health Member	 Rispha McCray-Garrison Air Force CHW Lead Physician	 Patrick McGinnis Air Force United Board of Health Member	 Chad Munson Army Animal Control Officer	 Leonard Nagorski Army Coastal Health & Wellness Pediatrician	 Jeremy Progner Navy EMS EMT
 Tim Rainey Army United Board of Health Member	 Richard Randolph Air Force CHW Dentist	 Pisa Ring CHW Patient Info. Manager	 Jean Rivera Air Force EMS Paramedic	 Ralph Tims Marines EMS Field Supervisor	 Randy Valcin Army Director of Epi. and PHEP

These are veterans who responded to an e-mail. If you are a veteran who is not on this graphic, please know we also thank you for your service.



Turkey: 3 oz.  
=  
A deck of cards

Casseroles & Stuffing: 1/2 cup  
=  
A billiard ball

Mashed potatoes: 1 cup  
=  
A baseball

Cranberry sauce & Gravy: 1/4 cup  
=  
One egg

Butter: 1 teaspoon  
=  
One die

Pie: ~5 ounces  
=  
~1/6 of an 8" pie



Providing high-quality medical, dental, and counseling services to all Galveston County residents.

**TEXAS CITY CLINIC**  
Mid-County Annex  
9850-C Emmett F. Lowry Expy.  
Texas City, TX 77591

**GALVESTON CLINIC**  
Island Community Center  
4700 Broadway F100  
Galveston, TX 77551

**Appointments and Information**  
(409) 938-2234 or (281) 309-0255  
**NurseLine**  
(409) 978-4213