



WIC's 2015-
2016
Class Schedule



LA-11, Galveston
County



Teach only through: October-
December

Code	Title	Clinics Offered
BF-059-03	Introduction to Breastfeeding	All
CF-017-04	CCNE: Healthy Colors of Fruits and Vegetables	All
GN-000-30	CCNE: Shop Local, Eat Fresh	All
IF-074-02	Homemade Baby Foods	All
MN-000-53	CCNE: Pregnancy Top Ten Discussion	All
NR-039-02	Oh The Irony	All

Teach only through: January-March

Code	Title	Clinics Offered
BF-046-04	CCNE: Breastfeeding Takes a Team	All
CF-005-02	Top Ten Issues in Feeding Children	All
GN-007-18	Build Your Family a Healthy Breakfast	All
IF-054-05	Keeping Foods Safe For Your Baby	All
MN-000-14	Keen Eye on the Small Fry	All
NT-054-01	Iron Facts	All

Teach only through: April-June

Code	Title	Clinics Offered
BF-046-03	Breastfeeding Can Prevent Obesity	All
CF-005-02	Growing Healthy Families: Top 10 Topics Related to Feeding Children	All



GN-007-15	CCNE: Breaking Down Barriers to Family Fitness	All
IF-076-16	CCNE: Feeding Infants, Birth Through 12 months	All
MN-039-02	Food Safety for Moms to Be	All
<i>Revised: October 1, 2015</i>		

Teach only through: July-September		
Code	Title	Clinics Offered
BF-005-03	Smart Start: Top Ten Issues Related to Breastfeeding	All
CF-000-31	CCNE: Child Nutrition Top Ten Discussion	All
GN-007-17	The Secret to Smart Snacking	All
IF-000-23	CCNE: Infant Top Ten Discussion	All
MN-076-02	Making Healthy Choices During Pregnancy	All
Teach Year Round		
NA	NA	NA
Self-Paced Lessons		
October-September	All Self-Paced Lessons (E,S)	ALL
October-September	All Web Lessons	ALL
Revised: October 1, 2015		
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