

Galveston County Health District  
In Cooperation with  
Galveston County Department of Parks & Senior Services  
Presents  
**(Tentative) PROGRAMS FOR 2011**

**PREPARING WILLS, PROPERTY DEEDS, AND POWER OF ATTORNEY  
LONE STAR LEGAL FOUNDATION, MAX SUKIENNIK**

January 6, 2011 Bacliff Center 10:30 am  
January 13, 2011 Dickinson Center 11:00 am  
January 20, 2011 Texas City Center 11:00 am  
January 26, 2011 Golden Stewards 11:15 am  
January 27, 2011 Wayne Johnson Center 11:30 am

**MEDICARE AND QMB PROGRAMS  
SHELLEY ROBINSON, SOCIAL SECURITY PUBLIC AFFAIRS OFFICE**

February 3, 2011 Bacliff Center 10:30 am  
February 3, 2011 League City Center 12:30 pm  
February 10, 2011 Dickinson Center 11:00 am  
February 17, 2011 Texas City Center 11:00 am  
February 23, 2011 Golden Stewards 11:15 am  
February 24, 2011 Wayne Johnson Center 11:30 am

**EXERCISE FOR BETTER HEALTH  
MARLON STEVENS COLLEGE OF MAINLAND**

March 3, 2011 Bacliff Center 10:30 am  
March 3, 2011 Lake Haven 12:00 pm  
March 10, 2011 Dickinson Center 11:00 am  
March 10, 2011 League City Center 12:30 pm  
March 17, 2011 Texas City Center 11:00 am (Canceled)  
March 23, 2011 Golden Stewards 11:15 am  
March 24, 2011 Wayne Johnson Center 11:30 am

**DISASTER SERVICES/ HURRICANE PREPAREDNESS  
GCHD – PHP**

April 7, 2011 Bacliff Center 10:30 am  
April 14, 2011 Dickinson Center 11:00 am  
April 21, 2011 Texas City Center 11:00 am  
April 27, 2011 Golden Stewards 11:15 am  
April 28, 2011 Wayne Johnson Center 11:30 am

**SENIOR SAFETY  
Coastal AHEC**

May 5, 2011 Bacliff Center 10:30 am  
May 5, 2011 League City Center 12:30 pm  
May 12, 2011 Dickinson Center 11:00 am  
May 19, 2011 Texas City Center 11:00 am  
May 25, 2011 Golden Stewards 11:15 am  
May 26, 2011 Wayne Johnson Center 11:30 am

**HYGIENE  
WELLNESS COMMITTEE**

June 2, 2011 Bacliff Center 10:30 am  
June 9, 2011 Dickinson Center 11:00 am  
June 16, 2011 Texas City Center 11:00 am  
June 22, 2011 Golden Stewards 11:15 am  
June 23, 2011 Wayne Johnson Center 11:00am

**STROKES AND HEART HEALTH  
GCHD-CHS**

July 7, 2011 Bacliff Center 10:30 am  
July 14, 2011 Dickinson Center 11:00 am  
July 14, 2011 League City Center 12:30 pm  
July 21, 2011 Texas City Center 11:00 am  
July 27, 2011 Golden Stewards 11:15 am  
July 28, 2011 Wayne Johnson Center 11:30 am

**ALZHEIMER'S  
ANA GUERRO, ALZHEIMER'S ASSOCIATION**

August 4, 2011 Bacliff Center 10:30 am  
August 4, 2011 Friendswood Center 12:00 pm  
August 11, 2011 Dickinson Center 11:00 am  
August 11, 2011 League City Center 12:30 pm  
August 18, 2011 Texas City Center 11:00 am  
August 24, 2011 Golden Stewards 11:15 am  
August 25, 2011 Wayne Johnson Center 11:30 am

**DENTAL HEALTH  
GCHD DENTAL HYGIENIST**

September 1, 2011 Bacliff Center 10:30 am  
September 8, 2011 Dickinson Center 11:00 am  
September 8, 2011 League City Center 12:30 pm  
September 15, 2011 Texas City Center 11:00 am  
September 21, 2011 Golden Stewards 11:15 am  
September 22, 2011 Wayne Johnson Center 11:30 am

**FLU IMMUNIZATIONS  
GCHD CHS – June Gonzales**

October 4, 2011 League City Center 10:00 am  
October 6, 2011 Bacliff Center 10:30 am  
October 13, 2011 Dickinson Center 11:00 am  
October 20, 2011 Texas City Center 11:00 am  
October 20, 2011 Friendswood Center 12:00 pm  
October 26, 2011 Golden Stewards 11:15 am  
October 27, 2011 Wayne Johnson Center 11:30am

**MEDICATION MANAGEMENT**

November 3, 2011 Bacliff Center 10:30 am  
November 3, 2011 Friendswood Center 12:00 pm  
November 10, 2011 Dickinson Center 11:00 am  
November 17, 2011 Texas City Center 11:00 am  
November 23, 2011 Golden Stewards 11:15 am  
November 24, 2011 Wayne Johnson Center 11:30 am (Thanksgiving Holiday)

**HEALTH FOOD CHOICES  
GCHD (Krystle Griffin)**

<b>December 1, 2011</b>	<b>Bacliff Center 10:30 am</b>
<b>December 8, 2011</b>	<b>Dickinson Center 11:00 am</b>
<b>December 15, 2011</b>	<b>Texas City Center 11:00 am</b>
<b>December 21, 2011</b>	<b>Golden Stewards 11:15 am</b>
<b>December 22, 2011</b>	<b>Wayne Johnson Center 11:30 am</b>

**(Notice: This schedule is subject to change, new sites and new programs may be added.)**